

(Food for thought: Gospel Matthew 14: 22-33)

“All in the same boat”



The story in this week's Gospel is a perfect example of the process of the faith journey, and it outlines for us the three stages of one's faith journey.

The first stage of faith: **sensing a Presence** in our lives, not really knowing who or what that Presence is, and becoming fearful.

Jesus understands their fears and immediately says: "Take heart, It's me... don't be afraid." Peter recognizes His voice. He may not be able to clearly see Jesus but he knows it's him. **Recognition**: the second stage of faith.

Finally, the most important stage of faith - it is only **together** that we can really come to know who Jesus is and by knowing Him, we come to understand who the Father is.

Perhaps the lesson here is that it is OK to be afraid – God will love us despite our fears and trembling; but fear can and must be overcome. And our God goes to great pains to constantly remind of this. Together we can break through fear and come to peace - together as a community.

We are all, quite literally, in the same boat. We share together the turbulent seas of the storm as well as the gentle ripple of the water against the side of the boat on a calm day. We cannot walk upon the water alone; but together we can.



Want to read more Sunday Reflections? Click [here](#).