## Not for Profits

Learn more about local charities, how they started, why they started and what you can do to make a difference!



## Wednesday, July 8, 2020 Zoom Meeting

Social Hour...5:30-6:00 p.m.; Program 6:15 pm; Chapter Business ...7:00 p.m.

Get logged in early to get comfortable with Zoom and learn more from the vendor who is sponsoring the social time.

Join the MoKan Chapter of ABWA on Wednesday, July 8th for a networking social time followed by a presentation by **Lucy Bloom** from Veronica's Voice, **Misty Hughes** of The Single Mom KC!

According to Jay Robertson's blog on thelifeyoucansave.org there are positive affects you can benefit from by donating to a charity that include:

- Experience More Pleasure In research conducted by the National Institutes of Health, participants who chose to donate a portion of \$100 they were provided enjoyed activated pleasure centers in the brain.
- Help Others in Need We don't live in a perfect world, and there's never going to be a perfect time to give—but there are always people out there in need of help.
- Bring More Meaning to Your Life When you donate money to charity, you create opportunities to meet new people who believe in the same causes that inspire you.
- Promote Generosity in Your Children When your kids see you donating money, they're much more likely to adopt a giving mindset as they grow up.
- Improve Personal Money Management If you set a scheduled donation each month, that can motivate you to be more attentive to ensure you don't fall behind in your donations. Anything that gets you to pay closer attention to your bank account is a good thing—especially when it helps those in need.

Event cost is free; however donations are accepted. No need to RSVP. Check your email inbox for Zoom invite as well as our chapter's Community Connections or Group Me app. You may also email the chapter for Zoom information.

The mission of the American Business Women's Association is to bring together businesswomen of diverse occupations and to provide opportunities for them to help themselves and others grow personally and professionally through leadership, education, networking support, and national recognition.

## Changing Women's Lives One Woman at a Time

For more information about ABWA's MoKan Chapter, contact us at <u>ABWAMoKan@gmail.com</u> or visit our website at <u>www.abwamokan.org</u>.



## **MoKan Chapter**

See you there!