

Appetizers & Shareables

Soft Pub Pretzel Sticks	6.50
Four thick-n-chewy pretzel sticks, dusted w/kosher salt & baked until golden brown. Complimented with house made beer cheese or stone ground mustard.	
Hummus (House Made)	8.50
Traditional or Roasted Red Pepper, served w/veggies & warm pita bread.	
Edamame	6.50
Traditional w/kosher salt or tangy sweet & spicy Asian sauce.	
Fried Pickles	6.50
Beer battered dill spears deep fried to perfection.	
Chips & Salsa	5.00
Our house-made salsa served with warm tortilla chips.	
Jalapeno Slices	6.50
Fresh jalapeño 's hand-dipped in our beer batter. Served with house-made ranch.	
Fresh Mushrooms	7.50
Whole mushrooms, hand-dipped in our ale tempura batter and fried until golden brown. Served with a side of our house-made of ranch.	
Mini Corn Dogs	7.25
These little guys are battered in a sweet corn breading w/a side of honey mustard.	
Buffalo'd Cauliflower	8.00
Fresh cauliflower, flash fried and tossed in our tangy wing sauce. Served with some of the best house made bleu cheese dressing on the planet.	
Stadium Nachos	6.50
Warm tortilla chips smothered in jack & cheddar cheese, served with jalapenos & house-made salsa on the side. Add Guacamole +1 Add Grilled Chicken +3	

Sides

Abbey Chips	6.00
Crisp house-made kettle chips cooked to order and served warm with our own BBQ sauce. Sprinkled with herbed parmesan cheese.	
Ale Battered Onion Rings	6.50
Ale battered and fried until crispy golden brown.	
Coleslaw	3.00
Creamy, house-made. Style is an excellent blend of mayo & vinegar based.	
Seasoned Fries	Full 5.75 Half 4.00
Crisp, lightly seasoned fries served hot.	
Sweet Potato Fries	Full 6.00 Half 4.25
Sweet potato fries gently fried to order until crispy.	

Gratuity will be added for groups of 8 or more

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Salads

Pub Garden Salad

Fresh mixed greens with tomato, onion, fresh sliced mushrooms, cucumbers and croutons. Served with your choice of dressing on the side.

Apple Walnut Salad

Fresh spring mixed greens, feta cheese, crisp apples, glazed walnuts, and dried cranberries. Served with red wine vinaigrette.

Chopped Caesar Salad

Crisp romaine lettuce tossed with croutons, herbed parmesan cheese and Caesar dressing on the side.

Greek Style Mediterranean Salad

Freshly chopped mixed greens with crumbled feta cheese, kalamata olives, onions and tomato. Served with low-calorie balsamic vinaigrette.

Full 8.5 Side 5

With Chicken, Gyro Meat or Shrimp

Full 11.5 Side 8

Dressing choices: Ranch, Bleu Cheese, Honey Mustard, Thousand Island, Italian, Red Wine Vinaigrette, South Beach® inspired Balsamic Vinaigrette.

Soups/Chili

House made

Soup of the day or Chili
Add Cheese & Onion + .50

Bowl 5.25 Cup 3.50

French Onion Soup 6.50

Crock of beefy onion broth, seasoned bread, smothered w/fresh Swiss, provolone and parmesan.

Rice Bowls

Steamed white rice served with meat of your choice in Teriyaki, Thai Peanut or Sweet & Sour with heat level of your choice.

Chicken 8.5

Shrimp 9.00

with Veggies add 1.25

Quesadillas

Choose from a warm flour or spinach tortilla served w/sour cream & house-made salsa. Unless Noted . Add Guacamole +1

Monk Special

Fresh marinated grilled chicken with tomato, onion, bacon & BBQ sauce.

8.50

Two Cheese

Cheddar & Jack cheese blend melted between a tortilla of your choice.

5.50

Veggie Medley

Fresh mushrooms, roasted red peppers, tomato and onion.

6.50

Chicken

Fresh marinated grilled chicken with tomato and onion.

8.00

Greek

Our fresh carved gyro meat with tomato and onion. Served with a side of tzatziki sauce.

8.00

Grilled Shrimp

Fresh grilled shrimp, roasted red peppers, tomato and onion.

8.50

Burgers

Served w/ lettuce, onion, tomato & pickle

Big Monk Burger * ½ lb. Fresh Angus beef patty. Add cheese - Cheddar, American, Swiss or Pepper Jack for .50¢	10
Swiss Mushroom Burger * Fresh Angus patty smothered with grilled mushrooms and Swiss.	11
Bourbon BBQ Burger * Fresh Angus patty topped with a thick-cut onion ring, house-made BBQ sauce and your choice of cheese.	11
Bacon Swiss Burger * Fresh Angus patty topped w/ Applewood bacon and Swiss cheese.	11.5
Black & Bleu Burger * Cajun seasoned fresh Angus patty, topped with bleu cheese crumbles and served with a side of house-made Bleu cheese dressing	11
Bacon Guacamole Burger* Fresh Angus patty, Applewood Bacon, Pepperjack and topped with guacamole.	12
Turkey Burger * Juicy lean turkey patty. Add cheese + .50	10

Signature Items

Hungry Monk Trippel* Our signature sandwich! Piled high with in-house smoked pulled pork, Applewood bacon & a thick slab of grilled tavern ham. Served on grilled sourdough w/ a side of gourmet BBQ sauce.	11.50
Porky Melt* Pulled pork mixed with BBQ sauce, bacon and cheddar cheese served on grilled sourdough.	10
Monks Ham & Cheese* A classic sandwich with a Monk's twist! A thick slab of grilled tavern ham smothered on a freshly buttered pretzel bun. <i>Grilled tomato on request.</i>	9
Italian Grilled Cheese* Provolone, fresh mozzarella, tomato, basil and balsamic glaze served on grilled sourdough bread. Served w/ side salad. Add Applewood bacon +1.25	9
Philly Cheesesteak* Shaved ribeye, white American cheese & Four Peaks Kiltlifter braised onions on an Amoroso roll.	11.5

All items above are served with your choice of sides: seasoned fries, sweet potato fries (+.50), soup, onion rings (+.50), house-made chili, abbey chips, side salad or house-made coleslaw.

Gyros, Pitas & Wraps

All items below are served with your choice of sides: seasoned fries, sweet potato fries (+.50), soup, onion rings (+.50), house-made chili, abbey chips, side salad or house-made coleslaw.

Original Gyro Hand carved gyro meat wrapped inside a warm, soft pita with tomato and onion. Served with a side of tzatziki sauce. (With 50% more meat 9.50)	9
Mediterranean Gyro Hand carved gyro meat wrapped inside a warm, soft pita with feta cheese, tomato, onion, kalamata olives and side of tzatziki sauce. (With 50% more meat 10.00)	9.5
Mediterranean Chicken Pita Marinated grilled chicken wrapped in a warm, soft pita with feta cheese, tomato, onion and kalamata olives. Served with a side of tzatziki sauce.	9.5
Mediterranean Veggie Pita Crisp lettuce, tomato, onion, feta cheese & kalamata olives wrapped in a soft pita. Served with a side of tzatziki sauce	8



*Consuming raw or undercooked meat, seafood or egg products can increase your risk of foodborne illness.

Wings

All chicken at the Monk is fresh, never frozen.

Traditional Bone-In or Boneless *

5 Wings or Boneless (1 sauce)	6.00
10 Wings or Boneless (2 sauce)	9.50
15 Wings or Boneless (3 sauce)	13.00
25 Wings or Boneless (4 sauce)	20.00
50 Wings or Boneless (6 sauce)	36.00

*Each wing flavor must be ordered in multiples of five.
+ .50 for grilled or requests of flats or drummies.

1) Choose Fried or Grilled (Tenders)

2) Choose your Sauce

3) Choose your Temperature

REGULAR: *tangy and full of flavor*

HOT: *just the right heat for the typical wing lover*

EXTRA HOT: *turn up the heat if you like to feel the burn*

NUCLEAR: *don't say we didn't warn you*

Fresh Chicken Tenders

3 Tenders	7.00 (1 sauce)
5 Tenders	10.00 (2 sauce)

NOTE:

House-made ranch/Bleu Cheese is complimentary
as designated above. Additional +.25

Additional for Extra Wet wings/tenders +.50

Sauce Flavors

Buffalo (Original)
Cajun
Honey Hot (one heat level)
Lemon Pepper
Crazy (BBQ w/Roasted Garlic)
Jamaican Me Crazy
Honey Mustard
Parmesan Garlic
Roasted Garlic
Sweet & Sour
Sweet BBQ
Teriyaki
Thai Peanut
Brewtus (BBQ, garlic, honey & Cajun)

Craft Entrees

The Monks Ribs

Three juicy "fall off the bone" spare ribs smothered in BBQ sauce.

Served with your choice of two sides.

12

Craft Brew Fish & Chips

Three pieces of Atlantic cod loin, hand-dipped in our SanTan Epicenter beer batter served with coleslaw and fries.

12

All items above are served with your choice of sides: seasoned fries, sweet potato fries (+.50), soup, onion rings (+.50), house-made chili, abbey chips & coleslaw.

Gratuity will be added for groups of 8 or more

HM

\$8.50 EXPRESS LUNCH MENU

Monday – Friday, 11am to 3pm - Includes entrée, one side and a drink

LUNCH ENTREES *

5 Wings or,
5 Boneless or,
3 Tenders

Flavors:

Buffalo (Original)
Cajun
Honey Hot (one heat level)
Lemon Pepper
Crazy (BBQ with Roasted Garlic)
Honey Mustard
Jamaican Me Crazy

Parmesan Garlic
Roasted Garlic
Sweet & Sour
Sweet BBQ
Teriyaki
Thai Peanut
Brewtus

Make it 10 wings
or Boneless for
only \$11.00!

NOTE: Grilled Wings or
all drummies/flats +.50

Choose a Heat: Plain, Regular, Hot, Extra-Hot, Nuclear

Rice Bowl (Chicken or Shrimp) *

Served with your choice of Teriyaki, Thai Peanut or Sweet & Sour with your choice of heat level. Add grilled veggies for \$1 more.

Chicken Pita *

Marinated grilled chicken with lettuce, cheddar cheese, tomato and onion wrapped in a warm pita flatbread served with tzatziki sauce.

Chicken Caesar Salad *

Crisp romaine lettuce tossed with croutons, parmesan cheese and Caesar dressing, topped with your choice of marinated grilled or fried chicken. (Side not included)

Grilled Ham & Cheese Pretzel *

Thick sliced of pub ham and your choice of cheddar or Swiss on a warm pretzel bun. Grilled tomato on request.

Original Gyro *

Hand-carved gyro meat with tomato and onion wrapped in a warm pita served with a side of tzatziki sauce.

Quesadilla

(Chicken, Gyro, or Veggie) *

Your choice of flour or spinach tortilla stuffed with tomato, onion and cheddar cheese. Served with sour cream and house-made salsa or tzatziki.

Chicken Wrap *

Marinated grilled or fried chicken with lettuce, cheddar cheese, tomato and onion in your choice of flour or spinach tortilla. Served w/ your choice of dressing.

¼ LB Cheeseburger *

Angus beef patty* with your choice of cheddar, American, Swiss or pepper jack cheese topped with lettuce, tomato, pickle and onion.

Pub Garden Salad* (Side not included)

Dinner sized salad topped with your choice of marinated grilled or fried chicken, tomato, onion, fresh sliced mushrooms and croutons with your choice of dressing on the side.

SIDES:

Fries, Onion Rings (+.50), Abbey Chips,
Chili, Soup, Sweet Potato Fries (+.50),
Side Salad or House-made coleslaw.

DRINKS:

Coke, Diet Coke, Mr Pibb, Root Beer, Sprite, Fresh
Brewed Iced Tea, Raspberry Iced Tea, Lemonade
& Arnold Palmer

\$6.50 BOWL of SOUP or CHILI, SIDE SALAD + DRINK!

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