

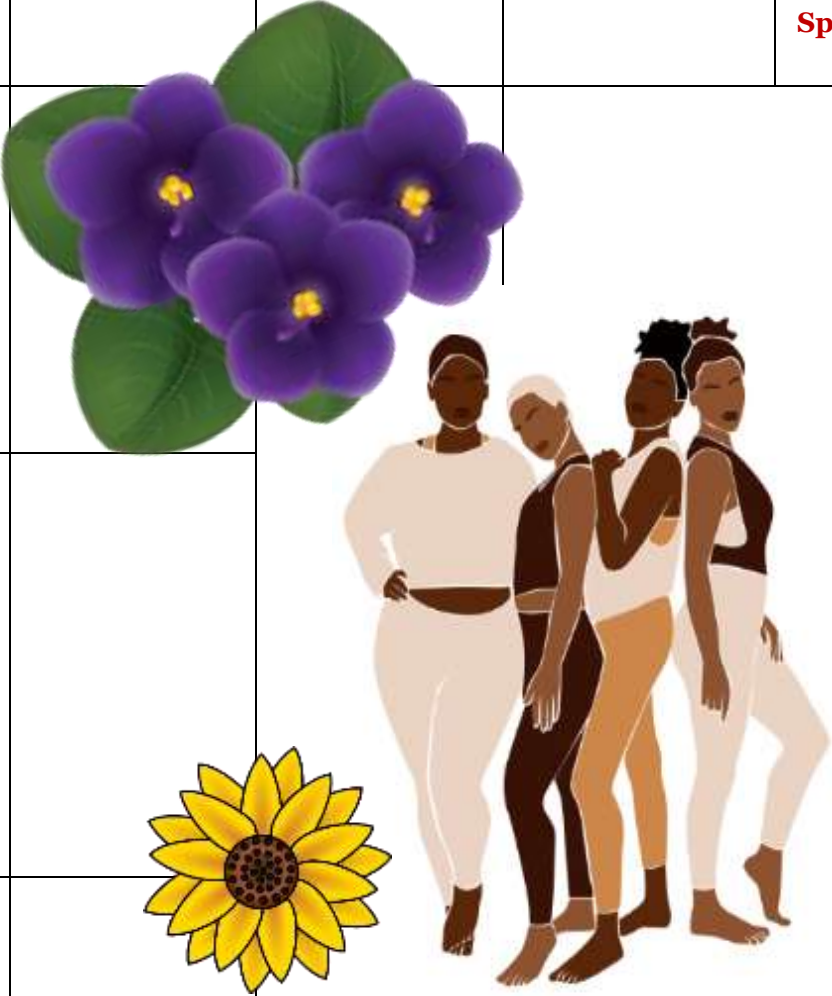


**KANSAS CITY (KS) ALUMNAE CHAPTER  
DELTA SIGMA THETA SORORITY, INCORPORATED  
2024 SISTERHOOD MONTH**



**“The Power of One: One Soror, One Chapter, One Sisterhood”**

Sisterhood Month Song [Playlist](#)

<b>Week 1: March 1-3, 2024</b>							
	<b>Monday (26)</b>	<b>Tuesday (27)</b>	<b>Wednesday (28)</b>	<b>Thursday (29)</b>	<b>Friday (1)</b>	<b>Saturday (2)</b>	<b>Sunday (3)</b>
<b>Theme</b>				<b>Spread a Little Love</b>	<b>Encourage Yourself</b>	<b>Line Love</b>	<b>Get Fit Together</b>
<b>Message</b>					God is our refuge and strength, A very present help in trouble. Psalm 46:1	“You can pray until you faint, but unless you get up and try to do something, God is not going to put it in your lap.” - Fannie Lou Hamer	“And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus.” - Philippians 4:7
<b>Activity</b>					<b>Reclamation Game Night (6PM-9PM)</b> <b>Bring an Inactive Soror</b> <a href="#">Matt Ross Community Center</a> 8101 Marty St, Overland Park, KS	<b>KCKAC Chapter Meeting &amp; Founders Day Reception (10AM - 2PM)</b> <b>KCKCC Tech Center</b> 6565 State Ave.	<a href="#">Group Exercise Class</a> <a href="#">@EverFit Gym</a> (1PM) 8302 Hedge Ln Terrace Unit H, Shawnee, KS
<b>Playlist Song</b>					"Rise Up" - Soror Andra Day	Higher Love” – Kygo & Whitney Houston	"I Just Want to Praise You" - Soror Maurette Brown Clark





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**Week 2: March 4-10, 2024**

	<b>Monday (4)</b>	<b>Tuesday (5)</b>	<b>Wednesday (6)</b>	<b>Thursday (7)</b>	<b>Friday (8)</b>	<b>Saturday (9)</b>	<b>Sunday (10)</b>
<b>Theme</b>	<b>Find Balance</b>	<b>Make a DEAR's Day</b>	<b>Promote Sisterhood</b>	<b>Lift Your Community</b>	<b>Direction</b>	<b>Get Energized</b>	<b>In the Spirit of Love</b>
<b>Message</b>	“The seasoned among us can always offer nuggets to sustain us always!” - Anonymous	“Being confident of this, that he who began a good work in you will carry it on to completion until the day of Christ Jesus.” - Philippians 1:6	“Strong women don't have attitudes...we have standards.” - Marilyn Monroe	“All dreams are within reach. All you have to do is keep moving towards them.” - Viola Davis	“But seek first his kingdom and his righteousness, and all these things will be given to you as well.” Matthew 6:33	“There's nothing like a conversation with a woman that understands you.” - Beyoncé	I can do all things through Christ who strengthens me. Philippians 4:13
<b>Activity</b>	<b>Motivational Mondays</b> <b>Join us for Prayer in Sisterhood (7-7:30PM)</b> <b>Zoom</b>	Call or text a Delta Dear a message and thank them for the wisdom and example they set for others	Take a walk with Sorors at a community indoor or outdoor track. Make a group chat where you can support each other in achieving your goals.	Support and write a review for a Black-owned Business in your chapter's service area.	Happy <i>International Women's Day!</i> Watch a movie with strong women leads, support a woman-owned business, or donate to a women-centered organization.	<b>Statewide Founders Day</b> <b>KCKCC Tech Center</b> <b>6565 State Ave. (10AM)</b>	Invite a Soror to join you at a church service or attend a Soror's church as a visitor.
<b>Playlist Song</b>	"Respect" - Soror Aretha Franklin	"Count on Me" – Bruno Mars	"We are Family" - Sister Sledge	"I Got a Feeling" - Black Eyed Peas	"When You Believe" – Whitney Houston	"Count on Me" – Whitney Houston, CeCe Winans, Patti Labelle, Yolanda Adams	"Break Every Chain" – Tasha Cobbs Leonard





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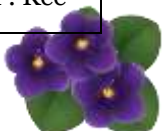


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**Week 3: March 11-17, 2024**

	Monday (11)	Tuesday (12)	Wednesday (13)	Thursday (14)	Friday (15)	Saturday (16)	Sunday (17)
Theme	<b>Spread a Little Love</b>	<b>Encourage Oneself</b>	<b>Encourage Leadership</b>	<b>Reclamation</b>	<b>Prosperity</b>	<b>Self-Reflection</b>	<b>In the Spirit of Love</b>
Message	“Love is patient, love is kind. It does not envy, it does not boast, it is not proud.” 1 Corinthians 13:4	“I can do all this through Him who gives me strength.” - Philippians 4:13	“A leader takes people where they want to go. A great leader takes people where they don't necessarily want to go, but ought to be.” - Rosalynn Carter	“This is My commandment, that you love one another, just as I have loved you.” - John 15:12	“Therefore keep the words of this covenant, and do them, that you may prosper in all that you do.” Deuteronomy 29:9	“Intelligence is the torch of wisdom”	“But those who hope in the Lord will renew their strength. They will soar on wings like eagles; they will run and not grow weary; they will walk and not faint.” - Isaiah 40:31
Activity	<b>Motivational Mondays</b>  Join us for Prayer in Sisterhood (7-7:30PM) <a href="#">Zoom</a>	Doll Roll Call! Write a note and offer encouragement to the collegiate chapter where you lived or attended college.	Send a letter of encouragement to your Chapter President, Vice President, or another member of the leadership team.	Contact a Soror that is not active. Invite her to an upcoming chapter activity or your next chapter meeting.	Find a Black-owned Soror business or entrepreneur to support in your community and purchase or make a referral to her business to support her.  *See suggestions list of things to do.	Read the Delta Oath today!  PP&D Live Well (3pm - 5PM) 13000 W. 67th Street, Shawnee, KS	<b>Sisterhood Church Service:</b> <a href="#">Abundant Life Church</a> 2715 N 83rd St, Kansas City, KS (10AM)  <b>Sisterhood Meal:</b> <a href="#">Cinzetti's Italian Market</a> RSVP on pg. 6
Playlist Song	"Happy Feelings" - Maze and Frankie Beverly	"Sophisticated Lady" - Soror Natalie Cole	"Superwoman" - Alicia Keys	"Lean On Me" - Bill Withers	"Optimistic" - Sounds of Blackness	"Golden" - Jill Scott	"They That Wait" - Fred Hammond ft. John P. Kee





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<b>Week 4: March 18-24, 2024</b>							
	<b>Monday (18)</b>	<b>Tuesday (19)</b>	<b>Wednesday (20)</b>	<b>Thursday (21)</b>	<b>Friday (22)</b>	<b>Saturday (23)</b>	<b>Sunday (24)</b>
<b>Theme</b>	<b>Make a Diva Smile</b>	<b>Support a Delta Author</b>	<b>Special Day</b>	<b>Dedication</b>	<b>Fellowship</b>	<b>Compassion</b>	<b>In the Spirit of Love</b>
<b>Message</b>	“Therefore encourage one another and build one another up, just as you are doing.” - 1 Thessalonians 5:11	“Help others achieve their dreams and you will achieve yours.” - Les Brown	“Emotion is what builds a bond and makes it feel precious.” - Deepak Chopra	“Now it is required that those who have been given a trust must prove faithful.” 1 Corinthians 4:12	“And do not forget to do good and to share with others, for with such sacrifices God is pleased” Hebrews 12:1	“Behold, I will bring it health and healing; I will heal them and reveal to them the abundance of peace and truth.” Jeremiah 33:6	<i>“I will praise You, for I am fearfully and wonderfully made; Marvelous are Your works, and that my soul knows very well.” Psalm 139:14</i>
<b>Activity</b>	<b>Motivational Mondays</b> Join us for Prayer in Sisterhood (7-7:30PM) <a href="#">Zoom</a>	Invite a Diva out for lunch or coffee. <hr/> Purchase a book from a Delta author.	Research, write, and recite positive African affirmations throughout the day.	Finish a personal project and take some time for yourself.	Wear your Delta colors or symbols today! <hr/> <a href="#">Sip, Sing &amp; Paint</a> Home of Soror Carla Bright-Robinson (6PM-10PM)	<b>Social Action – Making an Impact (10AM – 11AM)</b> <a href="#">Monticello Library</a> (Voter Information)  *See suggestions list of things to do.	Message a Soror that you may need to ask forgiveness from. If you are not comfortable, write it in a letter and tuck it away to present at a future time. <hr/> <b>Palm Sunday</b>
<b>Playlist Song</b>	"This Girl is On Fire" - Alicia Keys	"Be the Glow" – Fantasia, Fred Hammond, Earnest Pugh & Romeo	"She's A Bad Mama Jama" - Carl Carlton	"Love Yourself" - Mary J. Blige	"Intentional" - Travis Greene	"Best Friend" - Brandy	"Change Me" – Tamela Mann







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**Week 5: March 25-31, 2024**

	Monday (25)	Tuesday (26)	Wednesday (27)	Thursday (28)	Friday (29)	Saturday (30)	Sunday (31)
Theme	Inner Strength	Heritage	Rep Delta	Support a Collegiate	Promote Sisterhood	Safety	Fortitude
Message	“Let love and faithfulness never leave you; bind them around your neck, write them on the tablet of your heart.” Proverbs 3:3	“Our rich and varied cultural heritage has a profound power to help build our nation.” - Nelson Mandela	Surely goodness and mercy shall follow me All the days of my life; And I will dwell in the house of the Lord Forever. Psalm 23:6	“Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you.” Ephesians 4:32	“Sisterhood is POWERFUL!” - Robin Morgan	He who dwells in the secret place of the Most High Shall abide under the shadow of the Almighty. Psalm 91:1	For it is by grace you have been saved, through faith and this is not from yourselves, it is the gift of God. 9 not by works, so that no one can boast. Ephesians 2:8-9
Activity	Reach out to your <b>SPECIAL</b> Soror today.	Research and monitor legislation (national, state, and local level), advocate for critical issues, or encourage Deltas who are elected in local political offices.  <a href="#">EITR Virtual Coffee Chat</a>	Wear your Delta colors or symbols today!	Reach out or mentor a collegiate Soror and create/schedule a Finals Survival Kit for her.	Send a card to a Delta Dear.  <i>*See suggestions list of things to do.</i>	<a href="#">Register for the: Self Defense Class</a> <a href="#">KCKPL South Branch</a> <a href="#">3104 Strong Ave</a> <a href="#">Kansas City, KS</a> <a href="#">(1PM -4PM)</a>	Spread the message about our past 31 days of Sisterhood Month. Post what sisterhood means and what the past month represented to you on your social media accounts. today.
	<a href="#">Motivational Mondays</a> <a href="#">Join us for Prayer in Sisterhood (7-7:30PM)</a> <a href="#">Zoom</a>		<a href="#">Culver's Fundraising Night</a> <a href="#">@Legends</a> <a href="#">(4pm – 8pm)</a> <a href="#">Volunteer here</a>				<b>Easter Sunday</b>
Playlist Song	Thy Will Be Done - India Arie	"Glory" - Common and John Legend	"Just Fine" - Mary J. Blige	"Expect the Great" - Jonathan Nelson	"Got To Be Real" - Cheryl Lynn	"Anytime You Need a Friend" - Mariah Carey.	"I'm Every Woman" - Whitney Houston





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Suggested things to do/Businesses to Support:

<b><u>When:</u></b>	<b><u>Who:</u></b>	<b><u>What:</u></b>	<b><u>Where:</u></b>
March 1-2	B. Simone	Comedy	KC Improv, KCMO
March 2	Nina Simone – Four Women (8PM)	Arts	Kansas City Repertory Theater
March 15-16	Shawn Wayans	Comedy	KC Improv, KCMO
March 22-23	Tip “T.I.” Harris	Comedy	KC Improv, KCMO
March 23 or March 29	1. Weekend Brunch <a href="#">Menu</a> (10AM – 2PM) 2. Donnell’s Kitchen & Lounge	Sisterhood Brunch options  Support a black business \$5 cover for band.	1. Pinstripes, Overland Park  2. 3405 Strong Avenue, KC, KS
March 30	American Heart Association	Exercise – A Fundraiser	EverFit Gym, Shawnee

Register for EverFit  
Group Exercise Class  
3/3/24 @ 1PM



Sisterhood Month  
Download the Social Media Frame  
(click photo below)



RSVP for Sisterhood  
Worship Services &  
Luncheon @ Cinzetti’s

