

THE
MEBANE
DOWNTOWN

Table

RESTAURANT

STARTERS

FRIED GREEN TOMATOES Pork Belly, Marinated Cheese Curds, Open Door Farms Microgreens, House Ranch Dressing	8.5	WILD CAUGHT SHRIMP COCKTAIL With Housemade Horseradish & Cocktail Sauce	11
SOUTHERN DUMPLINGS Asian Dumplings filled with Pork Belly, Caramelized Onions, Celery, Pimento Cheese with our N.C. BBQ Sauce	8.5	BOXCARR FARMS CHEESE PLATE Campo, Rocket's Robiola, & Cottonseed Cheeses, Onion Marmalade, House Jam, Crostone	13
PIMENTO CHEESE CROSTONE House Pimento Cheese, Pork Belly, Crostone	7	TABLE SOUP OF THE DAY Cup or Bowl	3.5 6

SALADS

FORBIDDEN RICE SALAD GF, V, VG Black Rice, Ginger-Sesame Dressing, Chickpeas, Scallions, Cranberries, Cashews, Celery	8 16	** LOCAL ARUGULA SALAD V Rocky Run Farm Arugula tossed in Balsamic with Isely Farms Strawberries and Goat Cheese with Candied Peacans	8
CLASSIC CAESAR GF Focaccia Croutons, Shaved Parmesan Cheese, Anchovy Filet, House Caesar Dressing	6.5	** POACHED PEAR SALAD GF Red Wine Poached Pear stuffed with Gorgonzola Cheese,	9

ENTRÉES

BLACKENED N.C. CATFISH GF Red Beans & Rice, Louisiana Andouille Sausage	17	SCALLOPS ALL'UBRIACO Drunken Capellini Pasta cooked in Cabernet Sauvignon with Scallops, Burnois Tomato, Local Basil Sprouts, and Parmesan Cheese	27
N.C. BAKED FLOUNDER GF Seasoned and baked with Lemon and White Wine served with Roasted Garlic Mashed Potatoes and a Spinach Cream Sauce	23	ROSEMARY SEARED CHICKEN GF Roasted Garlic Mashed Potatoes and Green Garlic White Wine Chicken Jus, Local Vegetable Du Jour	21
SHRIMP & GRITS GF Wild-caught N.C. Shrimp, Smoked Bacon & Tomato Cream Sauce, Stone-ground Grits	19	* GARLIC ROSEMARY PRIME RIB GF Roasted Garlic Mashed Potatoes, Seasonal Vegetables, Au Jus. 14 oz. Larger Cuts 2 per oz.	26
VEGETABLE LINGUINI GF, V, VG Juliannned Zucchini, Crookneck Squash, and Carrots, Saffron Tomato Sauce topped with Caramelized Onions	18	* CAST IRON FILET MIGNON Roasted Garlic Mashed Potatoes, Seasonal Vegetables, Red Wine Demi-glacé Bacon Wrap 3	30
** SMOKED PORTOBELLO BACON Over Ribbons of Housemade Pasta tossed with Local Vegetables with a Sage Pesto Sauce topped with Parmesan Cheese	19		

Organic Coffee, Soft Drinks, Tea | 2 San Pellegrino | 4.5

GF gluten free **V** vegetarian **VG** vegan 18% gratuity added to parties of 6+

* consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have a medical condition.

** contains nuts