



# 2022 Fairbanks Karate Tournament Rules

## General Rules

1. Traditional Uniforms must be worn. NO T-SHIRTS as uniforms.
2. Proper discipline and respect must be maintained at all times. Any disrespect or improper attitudes will cause participant to be immediately disqualified.
3. There will be 3 or 5 judges in each ring.
4. When there are five judges, the low and the high scores will be dropped from total score to determine winners. In the case of a tie, the high and low scores will be added back into the total score to determine winners.

## Breaking Rules

1. All competitor will attempt three separate breaks
2. Materials for breaking:  $\leq 9$  Years Old use 6"x12", 10 to 17 Years Old use 8"x12",  $\geq 18$  Years Old use 10"x12"
3. Competitors must supply their own wood.
4. Only competitors and their holders are allowed in the ring.
5. Holders must be in uniform.
6. In the case of a tie, competitors will attempt a one board break of their choice different from their original break(s).
7. ALL breaks must be attempted, with no more than 3 attempts per break.

## Forms and Weapons Rules

1. The use of music is not allowed.
2. In the event of a tie competitors will be asked to perform a form different than the first one they did. The choice of form will be the competitors.
3. Chil Sung and Non-Traditional Tang Soo Do forms will be in the same divisions as Traditional Tang Soo Do forms.

## Sparring Rules

- Sparring gear for head, hands, and feet, plus mouth guard are required for sparring in all divisions

### *Illegal techniques:*

1. Spinning hand techniques.
2. Contact of any kind to the face.
3. Below the belt kicks, sweeping or hand techniques.
4. Techniques thrown to the spine area.



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### *Not Allowed:*

1. Unsportsmanlike conduct such as “Showboating” (i.e., jumping up and down, raising your hand in air, cheering for oneself, etc.) when a point is scored or thought to be scored by the competitor
  2. Running out of the ring.
  3. Coaching from the sidelines from instructors, parents, etc.
  4. Arguing with a judges call.
- All of the above can result in a warning, loss of point, or disqualification.

### *Scoring System:*

1. All hand and kicks (standing, jumping, back) techniques to the body or to the side or top of the head are one point.
2. A point and a warning CANNOT be given at the same time.
3. In the case of judges calling “no see”, more than one judge must have seen the point in order *for it to be scored*

### *Warning System:*

1. The majority of judges must agree in order for a warning to be called.
2. The first warning is for the competitor’s benefit.
3. The second warning is minus point.
4. The third warning is disqualification.
5. Judges may go directly to minus a point or disqualification depending on the severity of the infraction.
6. Warnings do not have to be of the same infraction to qualify for minus a point or disqualification.
7. A warning and a point cannot be given at the same time.
8. A warning is given when any of the aforementioned rules are broken.