

# NORTHAMPTONSHIRE AMATEUR SWIMMING ASSOCIATION

(Affiliated to the East Midlands ASA)

## 2017 Short Course Competition – 16<sup>th</sup> September 2017 The Queen's Diamond Jubilee Centre, Rugby CV22 5LJ

### ENTRY FORM

<b>Full Name:</b>	<i>Block capitals please</i>	<b>Date of Birth:</b>	
<b>ASA Reg No:</b>		<b>Club:</b>	

### SCHEDULE OF EVENTS

SESSION 1				
Warm Up 12.30 – 1.45pm		Competition Starts 1.50pm		
Event no	Event	Gender	Entry time	Admin Only
1	4 x 50m Freestyle Relay - 13yrs & under	Female	N/A	
2	4 x 50m Medley relay - 13yrs & under	Male	N/A	
3	4 x 50m Freestyle Relay - Open	Female	N/A	
4	4 x 50m Medley relay - Open	Male	N/A	
5	100m Individual Medley	Female		
6	50m Breaststroke	Male		
7	50m Butterfly	Female		
8	50m Backstroke	Male		
9	50m Freestyle	Female		

SESSION 2				
Warm Up 5.00 – 6.15pm		Competition Starts 6.20pm		
Event no	Event	Gender	Entry time	Admin Only
10	4 x 50m Freestyle Relay – 13yrs & under	Male	N/A	
11	4 x 50m Medley relay – 13yrs & under	Female	N/A	
12	4 x 50m Freestyle Relay - Open	Male	N/A	
13	4 x 50m Medley relay - Open	Female	N/A	
14	100m Individual Medley	Male		
15	50m Breaststroke	Female		
16	50m Butterfly	Male		
17	50m Backstroke	Female		
18	50m Freestyle	Male		
<b>Total Number of Events Entered:</b>		<b>@ £4.00 each</b>	<b>Total:</b>	<b>£</b>

All Entries must be made on this Official Entry Form		Age as at – 31st December 2017	
Submitted times must have been achieved within the previous 12 months.		All times should be submitted in 25m pool format.	
<b>Entries to</b>	<b>Janearnold6@aol.com</b>	<b>By</b>	6 <sup>th</sup> August 2017
<b>Signature of Club Official verifying Entry Times:</b>			

See separate Qualifying times table for acceptable entry times for all events.

Qualifying times submitted must be between upper and lower qualifying standards.

Para swimmers may enter any events for which they already have an official time.

There are no time trials available on the day of the event.