



Kiddos Academy

October 15th to October 19th



Menu	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast 7:30 8:30	<ul style="list-style-type: none"> ✓ Scrambled Eggs with Cheese ✓ WG Buttered Toast ✓ Banana ✓ Milk 	<ul style="list-style-type: none"> ✓ Turkey Sausage, Egg White & Cheese ✓ WG Muffin ✓ Mixed Fruit ✓ Milk 	<ul style="list-style-type: none"> ✓ Egg White and Turkey Sausage Flatbread Sandwich ✓ Pears ✓ Milk 	<ul style="list-style-type: none"> ✓ French Toast Sticks ✓ Fresh Strawberries ✓ Milk 	<ul style="list-style-type: none"> ✓ Blueberry Bagels with Cream Cheese ✓ Banana ✓ Apple Juice ✓ Milk
Lunch 11:00 11:30	<ul style="list-style-type: none"> ✓ Chicken & 3 Cheese Mini Tacos ✓ Refried Beans ✓ WG Rice with Mixed Vegetables ✓ Apple Sauce ✓ Milk 	<ul style="list-style-type: none"> ✓ Beef & Cheddar Wraps ✓ WG Rice with Beans ✓ Strawberry ✓ Milk 	<ul style="list-style-type: none"> ✓ Chicken and Cheese Ravioli ✓ Corn ✓ WG Garlic Bread ✓ Pineapple ✓ Milk 	<ul style="list-style-type: none"> ✓ Turkey & Cheese with Lettuce & Tomatoes on WG Bread ✓ Pasta Salad ✓ Milk 	<ul style="list-style-type: none"> ✓ Chicken and Cheese Taquitos & Cheese Dip ✓ WG Rice & Peas ✓ Mixed Fruit ✓ Milk
Snack 2:00 2:30	<ul style="list-style-type: none"> ✓ Breaded Mozzarella Sticks ✓ Orange Juice ✓ Milk 	<ul style="list-style-type: none"> ✓ Organic Fruit & Veggie Snack Pack ✓ Banana ✓ Milk 	<ul style="list-style-type: none"> ✓ Chex Mix ✓ Mandarin Oranges ✓ Milk 	<ul style="list-style-type: none"> ✓ String Cheese ✓ Ritz Crackers ✓ Mixed Fruit ✓ Milk 	<ul style="list-style-type: none"> ✓ Yogurt ✓ Goldfish ✓ Pears ✓ Milk
Dinner 4:00 5:30	<ul style="list-style-type: none"> ✓ Goulash ✓ WG Garlic Bread ✓ Mixed Fruit ✓ Milk 	<ul style="list-style-type: none"> ✓ Birds Eye Garlic Chicken ✓ WG Dinner Rolls ✓ Tropical Fruit ✓ Milk 	<ul style="list-style-type: none"> ✓ Beef and Bean Burritos ✓ WG Brown Rice with Carrot Cubes ✓ Strawberry ✓ Milk 	<ul style="list-style-type: none"> ✓ Chicken Alfredo ✓ Green Peas ✓ WG Garlic Bread ✓ Pears ✓ Milk 	<ul style="list-style-type: none"> ✓ Meat Loaf ✓ Green Beans ✓ WG Dinner Roll ✓ Pineapple ✓ Milk

Notes:
