



Do you know a homebound senior citizen who would benefit from a good meal?

Home-bound seniors who cannot prepare their own meals and are unable to receive Meals on Wheels may be eligible to participate in the Temporary Meal Program. The McMinn Senior Activity Center recommends that seniors call the toll free number 1-866-836-6678 to see if they qualify for the Meals on Wheels Program before applying for this program.

To receive meals, you must:

1. Reside in our service area of McMinn County
2. Be 60 years old or married to someone who is 60
3. Be homebound* and unable to prepare/have difficulty preparing at least one nutritious meal daily because of physical or mental limitations
4. Unable to obtain/have difficulty obtaining necessary food
5. Have no one to prepare meals for them
6. Unable to be transported to a congregate meal site

Designated representatives for the Temporary Meal Program will be able to pick up meals every other Friday between 1pm and 4pm at the McMinn Senior Activity Center and will receive: ten (10) frozen meals, two (2) half-gallon cartons of milk, plus one additional nutritional item such as oatmeal, cereal, etc. At the end of three (3) months they may be eligible to renew the program for additional three (3) months not to exceed six (6) months. Participants may then reapply to receive meals as part of the Temporary Meal Program after three (3) months out of the program.

The McMinn Senior Center reserves the right to extend or cancel participation in the Temporary Meal Program based on individual circumstances.

*Definition of "homebound": Unable to leave the home without considerable difficulty and/or assistance. A person may leave home for medical treatment or short, infrequent absences for non-medical reasons, such as a trip to the barber or religious services.

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- McMinn Community Fund/East Tennessee Foundation
- Athens Federal Foundation
- VEC Customer Share



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