

Greetings Brothers and Sisters in Christ!

Thank you so much for visiting our website! Here is an excerpt of my notes from Pastor A.J.'s sermon "How's Your Spiritual Appetite?"

Exodus 16:16-19 NLT

We pray this Message will bless you the way it blessed us! Please come back again next week for more from "LaKesha's Pen" with another inspiring message from our Pastor.

Yours in Christ,

LaKesha Johnson-Lewis

"How's Your Spiritual Appetite?"

Exodus 16:16-19 NLT

In whatever season you find yourself in God will feed you!

In **Exodus 16**, we have a glimpse of the Israelites after they have been delivered from the bondage of Pharaoh. After only two and a half months the crowd began to complain of how God should have just killed them in Egypt. They quickly chose to forget the unfair treatment they received at the hand of Pharaoh and decided to focus in on the fact that at least they had food in Egypt. Though they thought their complaints were against Moses and Aaron in actuality their complaints were against God. They quickly forgot that it was the Lord who delivered them. Instead of acting in faith they grumbled and complained about

their current circumstances. What they did not realize and you may also forget in a new season is that God will feed you no matter what season you are in!

WHAT HAS CHANGED?

Anytime you find yourself in a new season of life there is a period of adjusting. Making these adjustments is necessary for the success of change. What you needed from God five years ago you may not need now. As the season changes your appetites must follow. What are you “hungry/thirsty” for? Learn from the Israelite’s mistakes, you must operate in faith and not out of frustration. You must tune in to hearing God’s voice in order to discover the supply and demand of your new season. Previously, the Israelites were supplied by Pharaoh but in this new season God will supply their needs; as He will supply your needs in your new season. **(See Philippians 4:19).**

GOD MUST BE YOUR ABSOLUTE!

In **1 Thessalonians 5:6**, Paul advises us to watch. You must watch where you are and where you are going. This is a purposeful act. You must not allow the cares of this world the new trend or fade lull you away into dullness. This dullness will cause you to fall asleep so to speak and before you realize it you are now in danger of falling into the temptation of sin. God will provide exactly what you need, no more and no less. **(See Exodus 16:18)**. Be careful what you crave! Your craving should be for God’s will to be done in your life. You should desire a committed and deep relationship with Him. God should be enough! No matter what your current situation is His love for you should be enough to get you through to the next season of life. God will never give you more than you can consume. Be willing to change, recognize the shift and changes that are taking place in your life. Recognize what no longer satisfies you. This is the voice of God telling you it’s time to let go of that old season because He has placed in you a new desire. When God is your absolute He will match the level of your hunger and always supply you with enough. God will dispense as much or as little as you desire.

GOD HAS GIVEN YOU DOMINION!

Everything you need God has already supplied. He has given you everything you need in seed form. If you find yourself unsure then go to the one who knows.

Don't allow past experiences or traumatic events to block the blessings of today and tomorrow from reaching your hand. Live your life with zeal. In other words be eager to accomplish your God given purpose! Find that thing that makes you click and focus in on it with God. Don't make excuses or even allow negative emotions such as un-forgiveness take away your desire to truly live Life. Allow God to use the events of life to strengthen you. Be true to yourself and be a person of honor. You have dominion and just because some things are hard to do, this is no excuse not to do them. God owns all the resources you need (see **Psalm 24:1**). You have been given dominion and authority to utilize them. **God will never do what He has already done and He will never do what He has told you to do!**

CHANGE YOUR APPETITE BEFORE IT DESTROYS YOUR LIFE!

The pains of life are inevitable. As a Christian you are encouraged to allow the pains of life to change your appetite. Your appetite can either be moved in a positive or negative direction based on your perspective. Don't allow the pain to become bigger than the God we serve and the love He has for you. When you do this you block your blessings. Are you asking God to bless you in a new level but you are resisting letting go of your past? In **2nd Kings 4**, the widow had to have room for the blessings of God to be received. Be willing to unclog your heart and make room for the new. In **Psalm 81:10**, God instructs the Israelites to open their mouth wide and He would fill it. If you are open and receptive to God's blessings He will not fail you. Turn you appetite towards God and His way of doing things and receive His blessing.

THE POWER IS IN YOU (EPHESIANS 3:20)

Stop allowing fear to stop you from doing what your heart knows is right. Don't allow the fear of failure to prevent you from taking new steps in faith. When you accept Jesus as your Savior and Lord the Holy Spirit will come in and fill that emptiness with the light of God's love and you will be transformed from the inside out. Struggle is a natural part of change but struggle is an improvement from falling. With Christ as the center of your life eventually the struggle will pass. Your blessing is strictly dependent on your appetite. Seek after the Blessor instead of the Blessing!

