

Postpartum Care

Flat Belly, No stretchmarks, Healthy Sexuality, Self Confidence

Flabby Belly



- Problems with Exercise
- 1. Effort Consuming. A lot of effort and slow results
- 2. Time Consuming.
- 3. Back Pains following pregnancy makes Exercise Undesirable
- 4. Low energy following pregnancy makes Exercise too difficult to sustain

To Exercise? Or Not to Exercise? That is the Question!

Active Exercise



VS

Effortless Exercise



VIRTUAL GYM FOR ALL THE HEALTH BENEFITS OF FITNESS WITHOUT THE EXERCISE



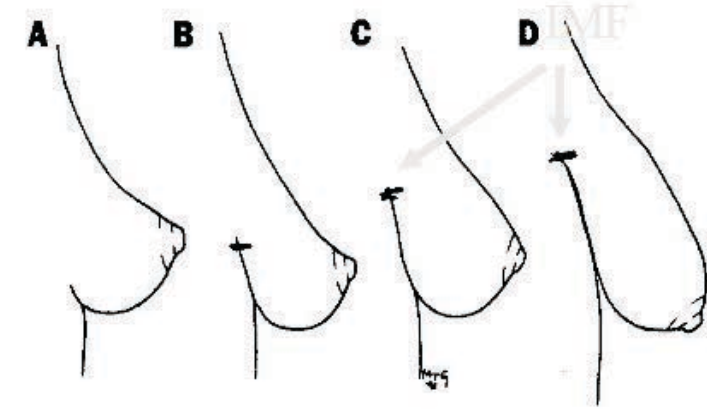
EFFORTLESS SPEED FITNESS. PAINLESS. TIME EFFECTIVE

One treatment is equivalent to 1000 sit ups or ONE MONTH IN THE GYM!

Sagging Breasts

Problems with Exercise:

Muscle development occurs after several months of exercise, and building breast muscles is rather difficult



Virtual Gym Solution:

Targeted treatment will build muscle and LIFT BREASTS within one month of Effortless fitness

Swollen Legs



Powerful Detox is Crucial after Pregnancy

A section of the Virtual Gym programming has been entirely dedicated on lymphatic drainage.

A before and after simple measurement of swollen legs has consistently shown a significant difference of 1-3 cm less swelling after a SINGLE Virtual Gym treatment

Sweating



- Postpartum sweating at night after giving birth. This is because your body needs to get rid of all the extra fluids it accumulated during your pregnancy
- This can be helped by undergoing some Virtual Gym Detoxification Treatments

Energy Levels Felling Sluggish and Moody



Clinical Evidence suggests that even a SINGLE treatment with the Virtual Gym UNBLOCKS YOUR ENERGY CHANNELS making you feel more energetic.

HISTORY:

Wilhelm Reich, a member of the second generation of psychoanalysis after Sigmund Freud, postulated that all psychological disturbance is the result of blocked energy flow and that unblocking our energy fields is the only path to mental and physical health

Chi (Universal Life Force Energy) has been written about and studied for over ten thousand years, from China and Japan to India, the Hawaiian Islands and South America. Chi is the energy of life itself, recognized as the balance of Yin and Yang (male and female, positive and negative, electromagnetic energy), which flows through everything in creation.



A precursor of the Virtual Gym, the MaxiMyo, built in London University by the same Scientist as the Virtual Gym, Gerry Pollock* was cleared in the UK in 2008 as a class II device for incontinence.

In clinical studies women with incontinence received 10 sessions of treatment without diuretics, exercise or other life change methods. Subjects experienced an improvement with their incontinence without any intrusive interventions.

*** Gerry Pollock is the co-inventor of the First Pacemaker in London University and a Pioneer in Ultra Violet Light**

BACK PAIN



- A number of clinical studies have repeatedly shown a **SIGNIFICANT REDUCTION** of back pain after Virtual Gym treatments

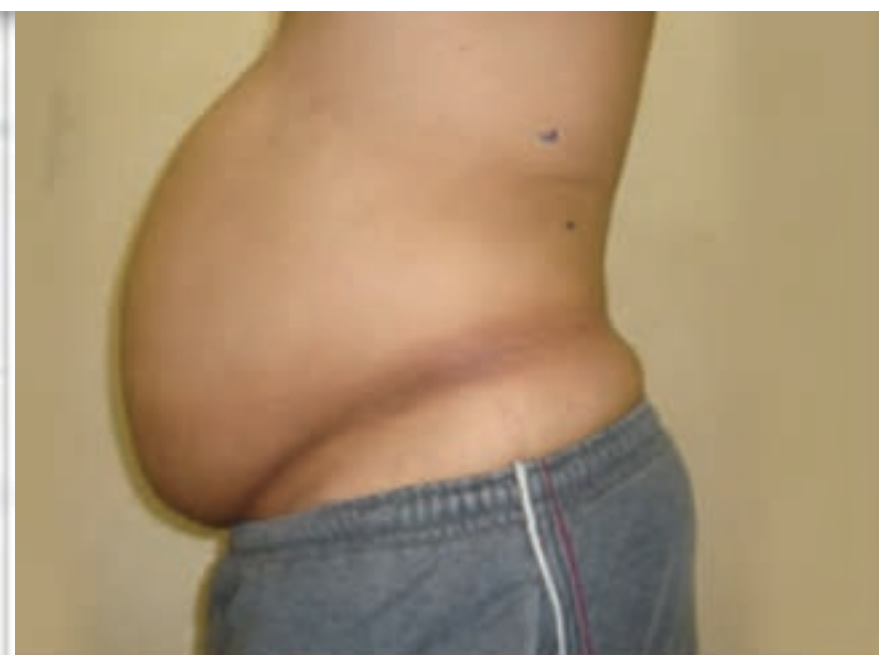


Case Study 1

A 45 year old lady suffering from severe obesity & diabetes mellitus. She was an athlete in college but gained weight after 2 pregnancies. She developed diabetes at age of 39 & by the time she came to Slim Express she had very poor control of diabetes even on insulin & she also had fatty deposits in her liver (Fatty Liver).

	Before treatment	After treatment
Weight (kg)	92.2	83.7
Fat %	42.1	32.7
Upper abdomen(cm)	108	98
Umbilicus (cm)	111	100
Lower abdomen (cm)	115	100
Diabetic status	On Insulin HbA1c- 10.8	On oral drugs HbA1c- 7.8
Sonography reports	Fatty liver	No evidence of fatty liver
Other	Lower Back pain	Significant decrease in back pain

	Before treatment	After treatment
Weight (kg)	75.8	67.2
Fat %	36.5	25.8
Upper abdomen(cm)	97	82
Umbilicus (cm)	100	88
Lower abdomen (cm)	105	94
Insulin-Fasting(miU/ml)	25.8	8.7
Insulin PP (miU/ml)	136	14
Triglycerides (mg/dl)	294	197
HDL(mg/dl) good cholesterol	36	42
Back pain	Lower Back pain +++	Significant decrease in back pain



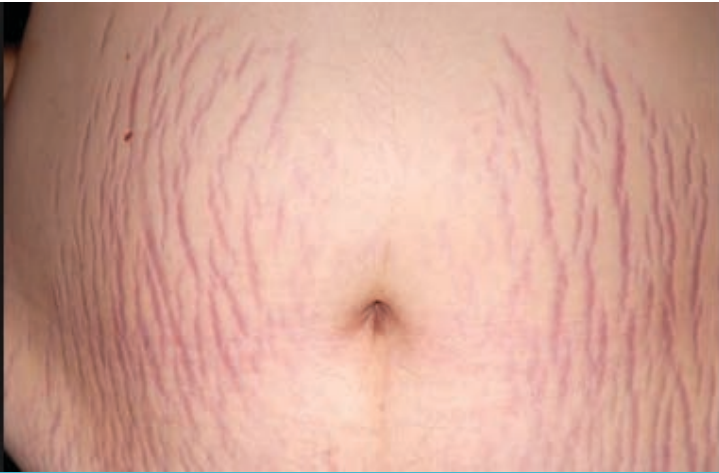
Vaginal Rejuvenation

- Special probes and specific complex waveforms which are part of the Virtual Gym treatment can perform vaginal tightening and rejuvenation
- Results of such vaginal rejuvenation include
 1. Enhancing the woman's Self Confidence and Self Esteem
 2. Comfort. When the vagina walls are loose, a lot of friction occurs and this can be the cause of untold suffering for the woman.
 3. Reinstating closeness between wife and husband
 4. Enhances pleasure during intimacy

Vaginal Pain



- Vaginal Pain is often a common postpartum occurrence
- Vaginal Pain can be treated with a combination of specific complex waveforms of the Virtual Gym and a sister Signaling Technology called the IELLIOS
- The IELLIOS Signaling Technology can treat all types of pain and it is especially effective with neuropathic pain, while the Virtual Gym complex waveforms are more effective with muscular pain

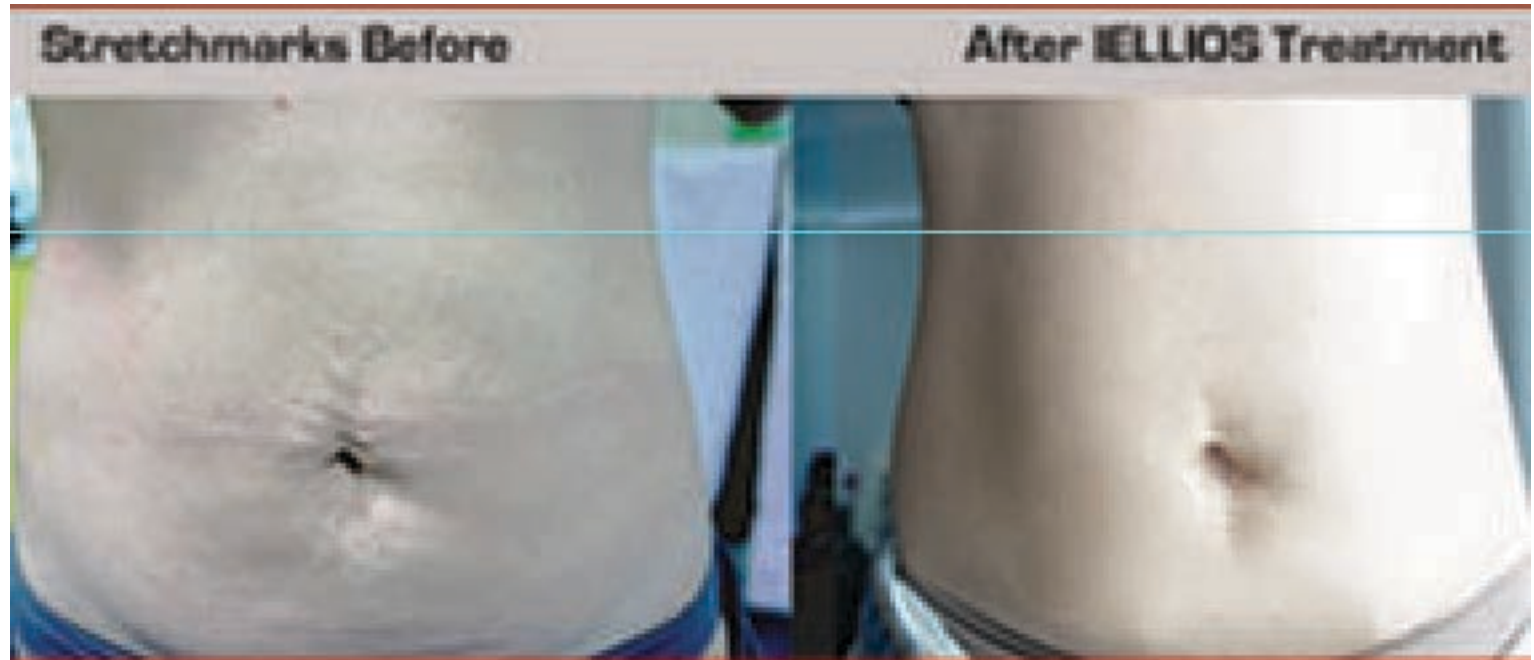


Stretchmarks



A number of clinical studies with the IELLIOS Signaling Technology have consistently shown a significant improvement on stretchmarks.

An Entire Section of the IELLIOS Signaling Technology is dedicated on the treatment of stretchmarks



Skin Discolorations



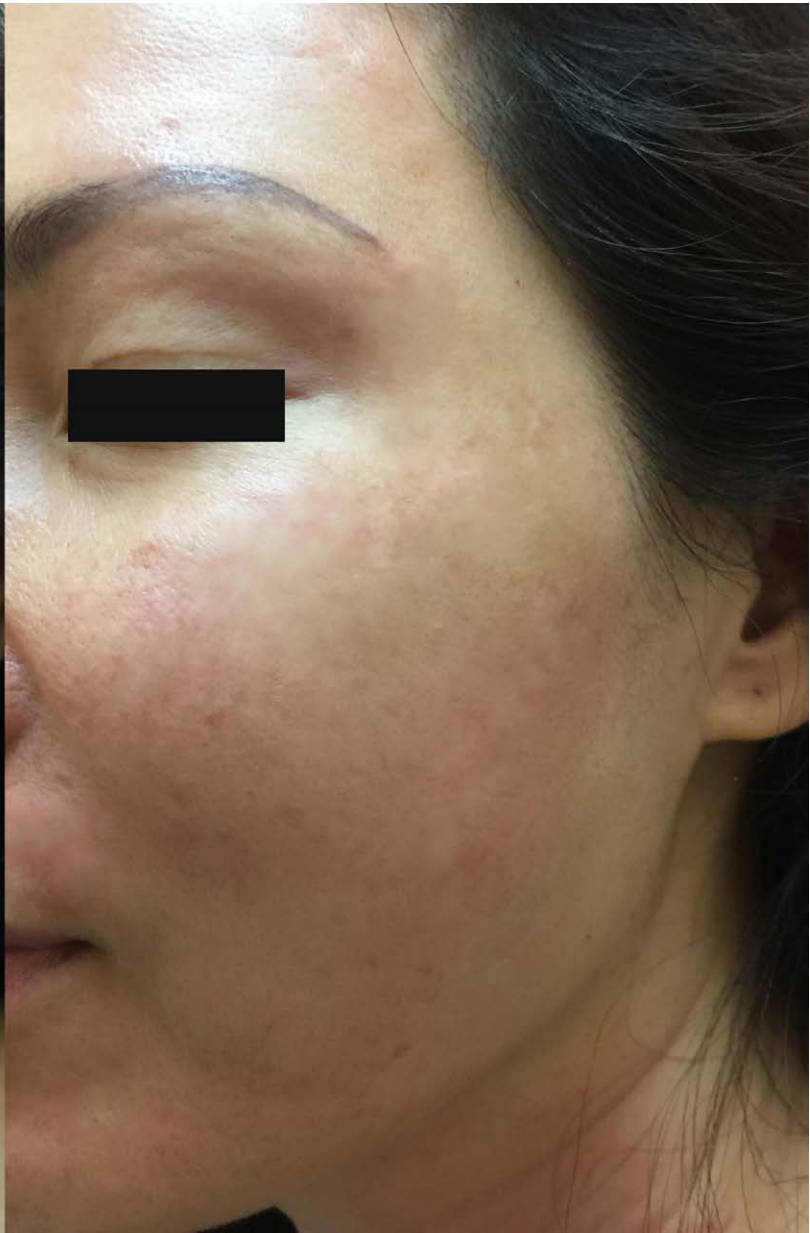
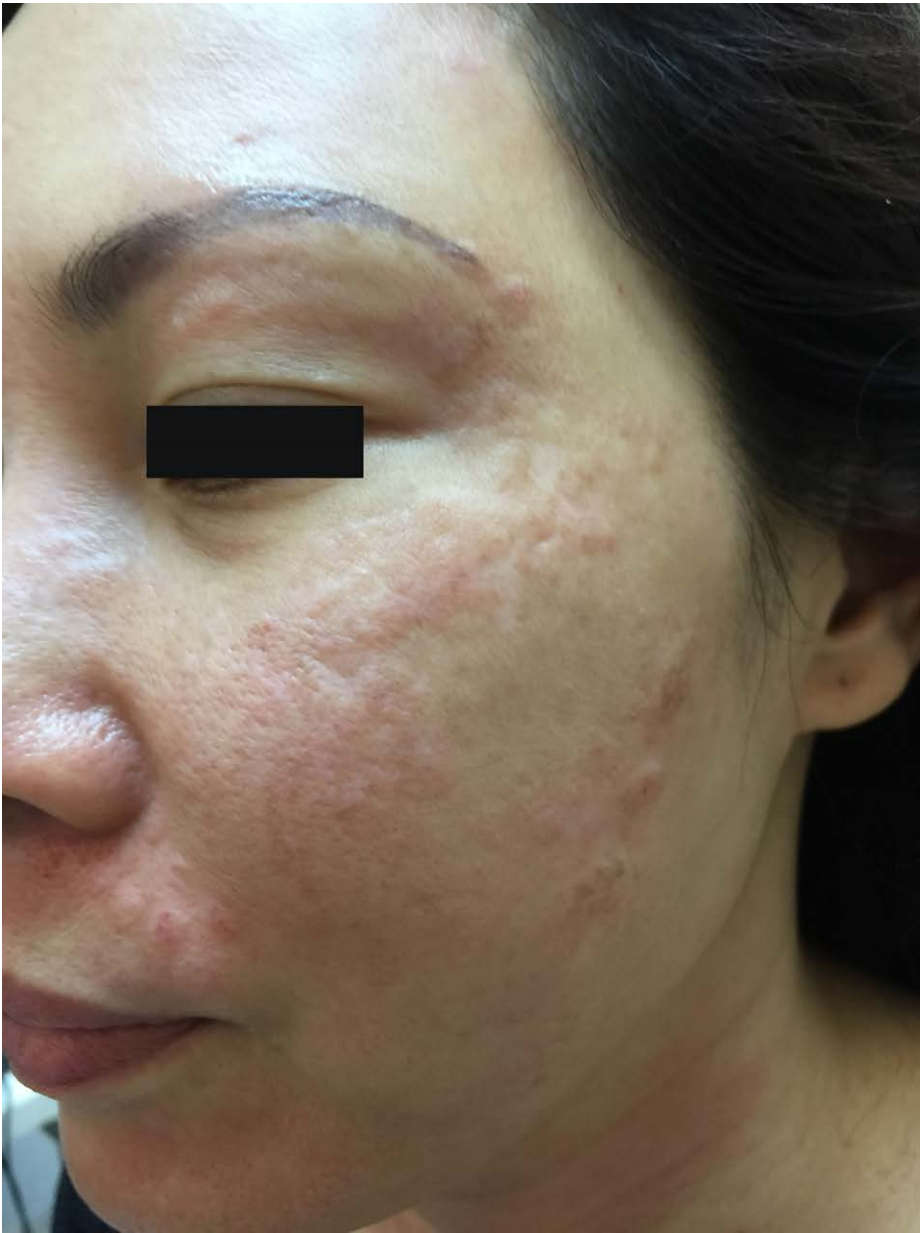
- Pregnancy Masks
- Rashes
- Dry Skin

Are also quite common after pregnancy

IELLIOS Effect on Pigmentations



IELLIOS Effect
on Skin
Problems



Hair Loss

- Hair Loss is often a common occurrence of Pregnancy
- Some Clinical Studies suggest that IELLIOS can also help with Hair Loss



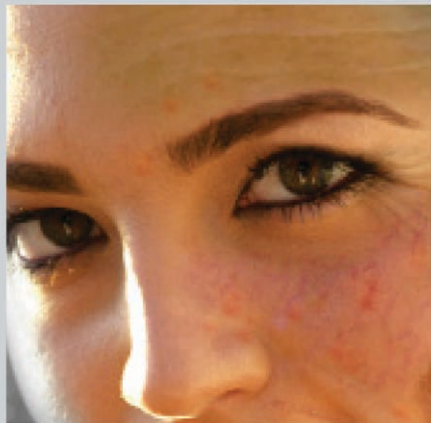
Varicose Veins



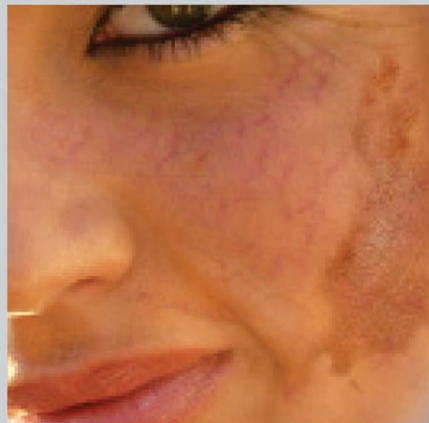
- Varicose Veins are often observed after pregnancy
- **A NUMBER OF CLINICAL STUDIES HAVE SHOWN SIGNIFICANT IMPROVEMENT OF VARICOSE VEINS AFTER TREATMENT WITH SPECIFIC SIGNALLING COMBINATIONS OF THE IELLIOS TECHNOLOGY**



€LLIOS



REDUCES ACNE



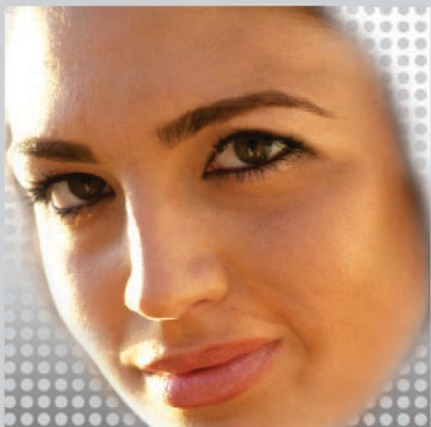
REDUCES ROSACEA



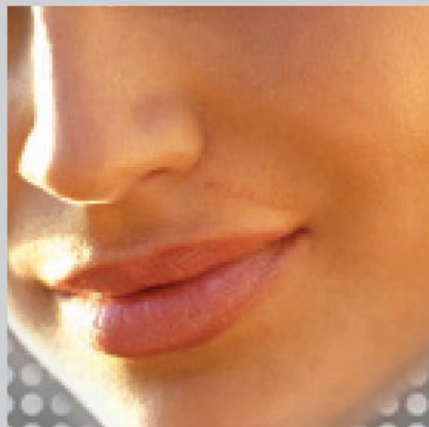
REDUCES MELASMA & PIGMENTATIONS



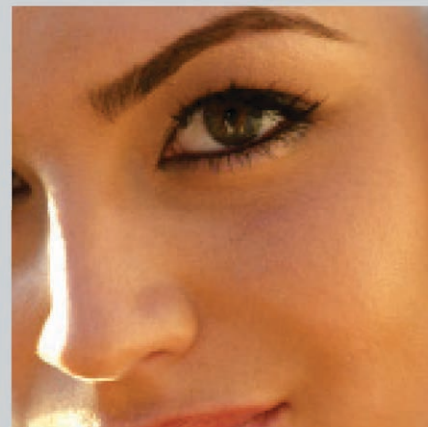
REDUCES WRINKLES & SUN DAMAGE



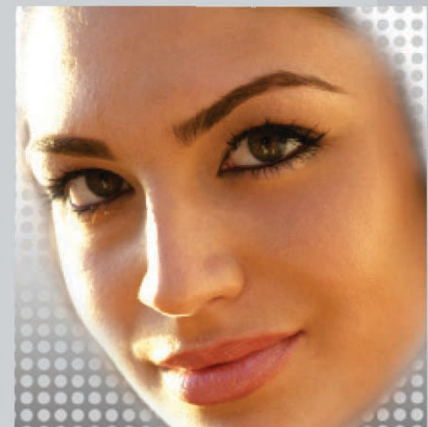
LIFTS SAGGING MUSCLES



REDUCES SCARS



REDUCES DARK CIRCLES



COMPLETE TRANSFORMATION