From the Superintendent:

Dear Parents and Community Members,

We have had an excellent school opening and have many exciting plans for the school year. This year, our district will be focusing on the following academic goals:

**Graduation Rates:** (7-12) Increase building graduation rate to no lower than 90%; Increase the percentage of advanced regent’s diplomas by 10%; Decrease the percentage of local diplomas by 10%, and Increase the CTE endorsed diploma by 10% for those students who attend a CTE program.

**Attendance:** Decrease the number of students who are chronically absent (10% of the school year or 16 days per year) by 10%. (UPK-12)

**Course Failure:** Decrease the number of students who are failing two or more courses by subject and grade level by 10% (7-12)

**Reading:** Increase the number of students who are reading at grade level by 10% by the end of the school year (K-6)

**Math:** Increase grade level mastery in math by 10% (K-12)

We will begin addressing these goals by identifying students in need of monitoring and/or extra assistance and providing them with targeted support.

Capital Project: This year, the district will bring a Capital Project to the voters for their approval. Based on the building condition survey that was done last year, the district would like to upgrade our elementary and high school gymnasiums, refurbish the seats in the high school auditorium, replace lockers at the Junior-Junior High School with larger lockers to better accommodate our students’ needs, update the south playground at Appleby and upgrade the library and counters in the classrooms. In addition, there are many smaller repairs that need to be made. We would like to go through the scope of the project with Marathon community members. If you are interested in having myself or Mr. Goskoski, the Business Official, come to your meeting or event to review the project, we would be happy to attend. A date can be arranged by calling 849-3117 and speaking with Mrs. Euson.

We will be holding a public forum for the Capital Project on November 15th at 6:00 PM in the high school library to discuss the proposed upgrades. The vote will take place at the Marathon High School on November 29, 2017, in CSE Office from Noon to 9 PM.

If you have questions about our academic goals or the proposed Capital Project, I would encourage you to attend a board meeting. You may also call me at 849-3117 for more information.

Sincerely,

Rebecca Stone

Friends of Rachel's Club

"160,000 students skip school every day for fear of being bullied. It doesn’t have to be this way. Creating a school climate less susceptible to harassment, bullying and violence is possible. Rachel Joy Scott was the first person killed in the Columbine High School shooting on April 20, 1999. After her death, many students that Rachel reached out to shared stories with the Scotts about the profound impact her simple acts of kindness had on their lives; even preventing one young man from taking his own life. They soon realized the transformational effect of Rachel’s story and started the non-profit organization that is Rachel's Challenge today." —Darrell Scott, Rachel’s father.

Friends of Rachel Continues

Rachel’s Challenge is an event brought to schools across the country with the mission to help end bullying and promote a positive school atmosphere. Since 2015, the Friends of Rachel Club at Marathon High School has taken this mission and run with it, bringing fun events like National Kindness Day, P.S. I Love You Day which occurs every February and May the Forth (Star Wars) Day to increase positivity in school. Rachel’s vision to start a chain reaction of kindness and compassion is the very basis for the Friends of Rachel Club’s mission. It is our goal to make Marathon a safer, more connected place where bullying is replaced with kindness and respect. If you have any fun ideas you’d like to see, we are open to all ideas. The Friends of Rachel Club is open to any and all students interested. We welcome everyone! Our meetings are held biweekly Wednesday mornings at 8am in the Guidance Office.

“I have this theory that if one person can go out of their way to show compassion, then it will start a chain reaction of the same. People will never know how far a little kindness can go.” —Rachel Joy Scott

**Building Healthy Relationships**

This coming winter, Appleby will be holding the Building Healthy Relationships Program. Building Healthy Relationships is a free program, for participating districts throughout Cortland County, that supports the “Dignity for All Students Act”. It teaches children to appreciate and respect themselves and others by helping them to build bridges to new friendships and keep them safe. The program is designed for students to begin to understand and value uniqueness and self-identity as well as work on developing the necessary communication skills needed to protect their personal safety. Through discussions, activities and role-plays, students will learn to positively express themselves more accurately and more assertively. They will also identify a few trusted adults to whom they can turn for support. Students will combine the knowledge and skills of all the lessons and will work to establish commonalties with classmates which will foster new friendships.

The program was held at Appleby last year and for the past two years in the Appleby summer school program. Megan Thomas is the instructor of the program and she works for the Family Advocate/Community Outreach Child Advocacy Center. The program, at Appleby, is for kindergarten, second, fourth, and sixth grade students. Kindergarten and second grade attend three classes and fourth and sixth graders attend four classes. Different teaching methods such as, art projects, games, discussions, and books, engage students of all learning styles. The lessons and language are age-appropriate and geared toward classroom sized groups. The goal is for the program to continue over the years and Appleby students will filter through the courses in the designated grades.
Fitness Center Schedule

(Located in the basement of the South Wing of the High School)

Monday- Friday:
6:15 a.m.-7:30 a.m.
3:15-4:15 p.m.
6:00-8:30 p.m.

Open for all community members. Must have an orientation before using fitness center.

Cost is $1/day, $7/month, $50/year

Hi Everyone!

I was wondering if there is anyone interested in supervising the fitness center after school or in the evening. You can sign up to supervise month to month or for the school year. Supervisors and subs receive a free membership to the fitness center. If school is closed, the fitness center will be closed.

The fitness center is open to students in grades 7-12 as well as the community. Everyone must have an orientation before using the equipment in the fitness center (contact Michelle Sweeney @ 849-3219 or Karen Funk @ 849-3999 for an orientation).

Please contact me if you are interested in supervising the fitness center.

Michelle Sweeney

School Tax Collection

To pay your school taxes in person please go to the Marathon Branch of NBT Bank. The personnel at NBT can accept your school tax payments between the hours of 9:00 am and 4:00 pm beginning on Friday, September 1, 2017. Collection will continue at NBT Bank until Tuesday, October 31, 2017.

Payments can also be mailed to:
School Tax Collector
P.O. Box 358
Marathon, NY 13803

Please be aware that school tax payments are not accepted at the Marathon School Business Office.

You may contact Tom Goskoski, Business Administrator or Barb Pitcher, Tax Collector with your questions at (607) 849-3230.

School Tax Information Is Now Available On-Line

Go to www.taxlookup.net To View or Print Your School Tax Bill

Emergency School Closings:

Parents will be notified by phone using the K12 Alerts. Only students’ primary contact will be notified. Also Emergency closings due to weather will be broadcast over the following radio and television stations between 6:30–7:00 am.

Radio Stations:
- 98.1 FM – WHWK (Binghamton)
- 99.1 FM – WAAL (Binghamton)
- 101.5 FM – WXHC (Homer)

Television Stations:
- WBNJ – Channel 12 (Binghamton)
- WIVT – Channel 34 and 9 (Binghamton)
- WBNG – Channel 5 (Syracuse)
- Spectrum News - (Binghamton and Syracuse)

DONATE BLOOD!!

The National Honor Society will sponsor a blood drive on November 14th from 8:45 am to 1:45 pm in the High School Auditorium. Everyone donor will receive a Brownie Sundae for donating. All blood types are desperately needed. To schedule a specific time for donating blood please contact the High School, 849-3251 and leave the information for Mrs. Eaton.

Open Letter to Parents

The letter below is an open letter to all parents and guardians of students in the district. This letter is being published to be in compliance with the Every Student Succeeds Act passed by the Federal Government. This is the reauthorization of the ESEA Title I Program.

Marathon Central School District
Post Office Box 339
One Park Street, Marathon, NY 13803
Telephone: 607-849-3117
Fax: 607-849-3305

Dear Parent/Guardian,

I am writing in compliance with provisions of the Every Student Succeeds Act to inform you that, because your child’s school receives Title I federal funding, you have the right to request information regarding the professional qualification of your child’s classroom teacher(s). Specifically included is your right to know the following:

- Whether the teacher has met State qualification and licensing criteria for the grade levels and subject areas in which the teacher provides instruction;
- Whether the teacher is teaching under emergency or other provisional status through which State qualification or licensing criteria have been waived;
- The baccalaureate degree major of the teacher and any other graduate certification or degree held by the teacher, and field of discipline of the certification or degree; and
- Whether the child is provided services by paraprofessionals and, if so, their qualification.

Should you wish to exercise your right to obtain the above information about your child’s teacher, please contact the Office of the Superintendent of Schools in writing at the above address to make your request.

Should you have any questions concerning the above, please do not hesitate to call the district office at 849-3117.

Sincerely,

The School District Administration

Ice Cream Social
Community Meet and Greet
New Teachers
We understand that children will get sick and need to stay home, but every effort should be made to get your children to school as much as possible. Just a few missed school days a month can add up to nearly 10 percent of the school year which decreases students’ ability to read at grade level by nearly 35 percent.

Let’s make Attendance Awareness a year-round priority. Please let us know if we can do anything to help.

The school year is off to a tremendous start and it would not have been possible without the assistance and efforts of our parents, students, faculty and staff of Appleby Elementary. Thank you for all that you do for our school!

Greetings:

School is off to a fantastic start! It is wonderful to have the children back at Appleby! Each Friday, staff and students are asked to wear orange and/or black to show school spirit and pride. Thank you to all of those who have participated.

September was Attendance Awareness Month. If children don’t show up for school regularly, they miss out on fundamental reading and math skills and the chance to build a habit of good attendance that will carry them into high school, college and careers.

New Appleby Staff

Alexandra Milhaven joined the Marathon Central School District for the 2017-2018 academic year as a sixth grade teacher at Appleby Elementary School. Before joining Marathon, Ms. Milhaven taught sixth grade at F.E. Smith Elementary School in Cortland, NY from 2016-2017. A Tarrytown, NY native, Ms. Milhaven earned her Bachelor’s and Master’s degrees from SUNY Cortland in 2014 and 2017, respectively. Ms. Milhaven is excited to have this opportunity to continue her career as a teacher in the Marathon Central School District and looks forward to working with the students in the district.

Aaron Browka has joined the Appleby family as a full-time music teacher after working last year as a BOCES shared teacher at Marathon Central School and DeRuyter Central School. He is a graduate of Roberts Wesleyan College in Rochester. He has worked in school settings for four years and has also been a private piano and voice teacher. He also has experience as a performer and piano accompanist for schools and community events. He encourages the students he works with to excel as musicians and to appreciate a variety of music styles. In his spare time, he rides bicycle and plays instruments. He is thrilled to be full time now at Marathon and is looking forward to see students reach their highest potential.

Kathleen Norris, new third grade teacher, grew up in a small town that resembled Marathon in many ways. Individuals in small towns tend to have many positive interactions and values. She believes that collaboration goes beyond the classroom. Reaching out and collaborating with community members is crucial as well. During her first short few weeks at Marathon, she has had the opportunity to meet many helpful and kind educators. She looks forward to becoming part of the teaching team and community as well. She is very excited to attend the Maple Festival and participate in events and purchase some local maple products.

Kathleen Norris, new third grade teacher,

Aaron Browka has joined the Appleby family as a full-time music teacher after working last year as a BOCES shared teacher at Marathon Central School and DeRuyter Central School. He is a graduate of Roberts Wesleyan College in Rochester. He has worked in school settings for four years and has also been a private piano and voice teacher. He also has experience as a performer and piano accompanist for schools and community events. He encourages the students he works with to excel as musicians and to appreciate a variety of music styles. In his spare time, he rides bicycle and plays instruments. He is thrilled to be full time now at Marathon and is looking forward to see students reach their highest potential.

Kathleen Norris, new third grade teacher,
How does seasonal flu spread? Most experts believe that you get the flu when a person with the flu coughs, sneezes, or talks and droplets containing their germs land in your mouth or nose. You can also get the flu by touching a surface or object that has the flu virus on it and then touching your mouth, eyes, or nose. Below is a list of common flu symptoms. You should contact your healthcare provider and seek medical attention if you experience some or all of these symptoms.

- A 100°F or higher fever or feeling feverish (not everyone with the flu has a fever)
- A cough and/or sore throat
- Chills
- Fatigue
- Nausea, vomiting, and/or diarrhea (most common in children)

In the coming year, I know I can continue to accomplish targeted learning goals. My focus is to work with needy student populations with unique challenges. Last year I got to know the Marathon family; I’m so happy to be back. In the coming year, I know I can continue to rely on my school for support.

I am Lauren Emigholz from Cicero, NY and I love Marathon so far! I went to Cicero-North Syracuse High School and ran cross-country so I used to come to the elementary school for the invitational here every year. The people here are so nice and would do anything to help each other. I can’t wait to see what the rest of the year brings! Students started off with an integer and rational numbers unit and we are currently converting fractions into decimals.

What is the best way to protect myself and my family from the flu? Everyone 6 months of age or older should get the flu vaccine as soon as it is available in your area. There are also steps you can take in your daily life to help protect you from getting the flu, such as: wash your hands often with soap and water or an alcohol-based hand rub, avoid touching your eyes, nose, or mouth as germs spread this way, try to avoid close contact with sick people, practice good hygiene habits and get plenty of sleep and exercise, manage your stress, drink plenty of fluids, and eat healthy food, cover your nose and mouth with a tissue when you cough or sneeze, and if you are sick with the flu-like illness for at least 24 hours after your fever is gone without the use of fever-reducing medicine.

Family Health Network has qualified healthcare professionals that can help you with early prevention for seasonal flu and recommend that you make an appointment to get vaccinated. Stop into or call one of the health centers located in Cortland, Cinncinnatus, Marathon, and Ithaca to make your appointment today to get the flu vaccination. Family Health Network accepts all new patients, regardless of their ability to pay. Family Health Network also offers a sliding fee scale to help reduce the costs of your bill, if eligible. For more information, feel free to call 607-753-3979.

Family Health Network of Central New York, Inc. Part of Your Community, Part of Your Life

Established in 1972, Family Health Network (FHN) is a federally funded, community health center, serving Cortland and contiguous counties. With five free-standing medical (Cortland Family, Cortland Pediatric, Marathon, Moravia, Cinncinnatus), one which includes dental (Moravia) and four school-based health centers (Cinncinnatus, DeRuyter School, Marathon JvR High School, Marathon Appleby Elementary School,) it is the only source of care in three of the communities served, and the only source of sliding adjustments for low income individuals and families in the Cortland County region. Family Health Network also provides school-based dental services in seven local schools, which include: Marathon Elementary & High School, Cinncinnatus School, DeRuyter School, Park Elementary School, Randall Elementary School, Moravia School and McGraw Schools.

Living up to its Mission Statement: FHN promotes and improves the wellness of the Central New York community through quality, patient focused, coordinated and affordable preventative and primary healthcare, in multiple, convenient, state of the art facilities.

In the United States, flu season occurs in the fall and winter. Seasonal flu activity usually peaks in January or February; however, it can occur as early as October and as late as May. Approximately 5-20% of U.S. residents get the flu each year and getting the flu vaccination is your best protection against the flu.

SUBSTITUTES WANTED

In the following areas
TEACHERS - ALL AREAS (PK-12) (minimum 2 years of college - submit resume)
TEACHER AIDES
NURSES
BUS DRIVERS
CAFETERIA HELPERS
CLEANERS (evenings)

MARATHON CENTRAL SCHOOL
Cortland Co. Civil Service Application to: Marathon Central School
District Office
P.O. Box 339
Marathon, NY 13803

My name is Karl Colangelo. This is my 10th year teaching Spanish. Prior to Marathon, I taught a year at TST BOCES and 9 years at Northampton Academy in Buffalo, New York. I am from Niagara Falls, and I live in Ithaca with my mom, my sister, who is a vet student at Cornell, and my dog, Lucy. I am very excited to be welcomed by the warm Marathon community. The students are amazing and the faculty is very friendly.

I'm Lauren Emigholz from Cicero, NY and I love Marathon so far! I went to Cicero-North Syracuse High School and ran cross-country so I used to come to the elementary school for the invitational here every year. The people here are so nice and would do anything to help each other. I can't wait to see what the rest of the year brings! Students started off with an integer and rational numbers unit and we are currently converting fractions into decimals.

If you think I look familiar, you’re right!! I have returned after a two year hiatus from Marathon Central Schools. I am an Evans and have six years of teaching math experience at Marath.

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I’m Joy Miller and I am overjoyed to join the Marathon community this year as a full time ENL teacher. I graduated from Salary

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ANNNUAL HALLOWEEN COSTUME SWAP
The swap will be held Monday, October 2nd in Marathon High School Room 110 at 6-8 p.m. Refreshments will be served. Bring in an “old” costume and swap it for a “new” one.

SAFE SITTER—Students in Grades 5-8
October 17th & October 19th: 3:00-6:30 p.m. High School Room 110. Call the Family Center to sign up.

MARATHON FOOD PANTRY
The Food Pantry is open every Tuesday at 4:00-5:30 p.m. in the Old Town Hall.

CLOTHING CLOSET
There is an open closet for gently used clothing and shoes. We are currently looking for gently used, clean coats. If you would like to donate, please drop off your donations in room 110 at the Marathon High School. Call or stop by the Center on Tuesdays and Thursdays, if you are in need of any clothing or shoes.

CLOTHES AT MARATHON FOOD PANTRY
The clothing volunteers will be bringing clothes and costumes to the Marathon Food Pantry on Oct. 10th and November 14th. They are there on the 2nd Tuesday of each month.

SNACK BACKPACK PROGRAM
The Center collects non-perishable food items. If you would like to donate, please drop off your healthy food donations in room 110 at the Marathon High School. This program is for income-eligible families. Contact the Center if you are in need of assistance.

CAPCO SERVICES
Call 607-753-6781 to inquire about these services.

- Early Head Start/Head Start
- Consumer Directed Personal Assistance Program
- Energy Services
  - WIC: 1st Wednesday of the month at the Marathon Presbyterian Church.
  - Tutoring
  - Family Essentials (Clothing & Shoes)

IS OPEN HOUSE
If you are interested in CAPCO’s services, stop by High School Room 110 on Thursday, September 20th at 6-8 p.m.

THE LEARNING TREE PRESCHOOL
T & Th at 8:30-11:00 a.m. Call Charlene to sign your child up.

FAMILY PHOTO NIGHT
Diane Courtney will take family photos on Thursday, Nov. 2nd & Friday, Nov. 3rd from 5-8 p.m. in High School Room 110. Call 849-3127 to set up a sitting time. 2 packages available.

ANGEL TREE HOLIDAY ASSISTANCE: Birth-14 Years Old
Families in the Marathon School District that are in need of holiday assistance this year, please sign up for the Angel Tree Program by calling Sue Light at 607-849-3282 or Laurie Tebbe at 607-849-3127. Forms are due by Sue Light by Thursday, November 9th.

Gifts will be distributed on Wednesday, December 20th in High School Room 110.

HEAP (Home Energy Assistance Program)
Regular HEAP program open every month. Call Cortland County DSS at 607-428-5400 or apply on the website: http://www.cortland-co.org/687/Home-Energy-Assistance-Program-HEAP

COMMUNITY EVENTS
ANGEL TREE COMMUNITY ANGELS
If you would like to help a family in the Marathon area this holiday season, pull a tag or two off the Angel Tree. Shop for the child on the tag. The Angel Tree will be set up at the NBT Bank in Marathon the week of Nov. 13th. Please return gifts & wrapping paper to the library by Dec. 13th. Contact Sue Light at 849-3282 or Laurie Tebbe at 849-3127, if you have questions.

PECK MEMORIAL LIBRARY NEWS
Contact: Mary Frank at 849-6135

PECK BOOK CLUB
4th Thursday of the month in the evenings at Peck Library.

GARDEN CLUB
2nd Friday of the month at 2 p.m. at Peck Library.

HEAP (Home Energy Assistance Program)
Regular HEAP program open every month. Call Cortland County DSS at 607-428-5400 or apply on the website: http://www.cortland-co.org/687/Home-Energy-Assistance-Program-HEAP

MCS FFA Club
Please follow the MCS FFA - NY page to stay current will all activities and events that are taking place within the FFA chapter. We look forward to having a very busy year. On October 5th the chapter was able to host the 2nd Agriculture Fair. Chapter members were involved in many opportunities over the summer from attending Camp Oswegatchie to exhibiting animals at the local, and state fairs. For this year we have many activities planned.

TIPS FROM TRANSPORTATION
TWO MINUTES OR LESS
Fires on school buses are not common. However, if a bus does catch fire, students have only two minutes to get out before fumes make the air too toxic to breathe. This will be the focus of our School Bus Safety Week program. From October 16 – 20, our safety team will teach students how to use exits, follow directions, leave belongings behind and move to a safe location far from the bus.

Training and preparation save lives.

DARK DAYS AHEAD
Soon it will be dark in the morning when children are boarding their buses. These ideas and actions will help keep them safe:

- Light colored jackets
- Reflective material on backpacks
- Waiting 15 feet from road
- Not approaching bus until door opens
Welcome back to another exciting school year from the staff at the Marathon School Health Clinics! As a reminder, our clinic is available at no out-of-pocket costs to the students at MCS. We are an all inclusive doctor’s office in your child’s school. Our services include: treatment for acute illnesses, monitoring of chronic illnesses, physicals, immunizations, and allergy injections as needed. If you are new to Marathon School and wish to enroll, please call for an enrollment packet.

If you wish to have your child seen for an acute illness, remember you may notify us by note or calling. If your child is home ill, you may also call for an appointment and bring your child in to the clinic as well.

NYS recommends a yearly physical, but requires them in kindergarten, 2nd, 4th, 7th and 10th grades. At school health, we will offer your child a physical each year. We are sending out sign-ups for physicals at the start of the school year. If your child receives a physical at another doctor’s office, please have a copy sent in for your child’s health record here.

Flu season is fast approaching. If you would like them to have the flu shot, please contact us. Again, we are recommending that all children receive this year’s flu vaccination; especially anyone with a history of breathing problems such as asthma.

If you have any questions about School Health, please feel free to contact Teresa at the high school at 849-3900 or Carol at Appleby at 849-3180.

In addition to our medical services, our school health program will be providing annual preventative dental services to K, 2nd, 3rd and 6th grades. The dental services include oral health education and promotion, dental screenings and referrals, sealants, cleanings, fluoride varnish applications, case management and assisting in the establishment of a dental care home as needed. Be on the lookout for a dental folder to be sent home with your child. Please sign and return all forms. Thank you for supporting our program. We look forward to a great school year.

Marathon School Health Staff

BMI NOTIFICATION

As part of a required school health examination, a student is weighed and his/her height is measured. These numbers are used to figure out the student’s body mass index or “BMI”. The BMI helps the doctor or nurse know if the student’s weight is in a healthy range or is too high or too low. Recent changes to the New York State Education Law require that BMI and weight status group be included as part of the student’s school health examination. A sample of school districts will be selected to take part in a survey by the New York State Department of Health. If our school has been selected to be part of the survey, we will be reporting to New York State Department of Health information about our students’ weight status groups. Only summary information is sent. No names and no information about individual students are sent. However, you may choose to have your child’s information excluded from this survey report.

The information sent to the New York State Department of Health will help officials develop programs that make it easier for children to be healthier.

If you do not wish to have your child’s weight status group information included as part of the Health Department’s survey this year, please print and sign your name below and return this form to:

Marathon Central School District
Appleby Elementary
24 Albro Rd. PO Box 339
Marathon, NY 13803

Please do not include my child’s weight status information in the 2017-2018 School Survey.

Print Child’s Name ___________________________ Date ____________

Print Parent’s Name ___________________________ Parent’s Signature ___________________________

New York State Assessments for the 2017-18 School Year

Students in grades 3-8 will be taking assessments in both English Language Arts and Math. Students in grades 4 & 8 will also be tested in Science.

Grades 3-8 ELA - April 11-13, 2018 (paper), April 10-17, 2018 (computer based);
Grades 3-8 Math - May 1-3, 2018 (paper), May 1-8, 2018 (computer based);
Grades 3-8 Math & ELA Field tests (paper/computer) - May 21-June 8, 2018;
Science Performance Test Grades 4 & 8 - May 23-June 1, 2018;
Science Written Test Grades 4 & 8 - June 4, 2018; Field test - May 7-18, 2018;
January Regents - January 22-25, 2018;

The requirements for graduation for incoming ninth grade students include regents exams to graduate with either a Regents or Advanced Regents Degree. The State has also raised the passing grade on all regents to 65.

If you have questions or concerns, please contact the Elementary Office, 849-3281 or the HS Guidance Office, 849-3229.
### OCTOBER 2017

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<td>Appleby Book Fair</td>
<td>MTA Meeting</td>
<td>Athletic Booster Club 6 pm HS Cafe</td>
<td>Appleby Open House 6-8 pm</td>
<td>FFA School Ag Fair</td>
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<td>NO SCHOOL</td>
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<td>ES Faculty Meeting</td>
<td>Cortland Job Fair</td>
<td>Class of 2013 Chicken &amp; Biscuit Dinner</td>
<td>Pep Rally Class of 2013 Pie &amp; Cheesecake sale Begins HS Interim Report</td>
<td>Homecoming Dance Grades 9 – 12</td>
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### NOVEMBER 2017

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<td>FBLA Pork Stick Sale Begins</td>
<td>MTA Meeting</td>
<td>Senior High Band &amp; Chorus Concert 7 PM</td>
<td>JHSH Picture Re-takes</td>
<td>Section IV XC Champs</td>
<td>Appleby Picture Make-ups</td>
<td>2019 Cookie Dough Sale Begins</td>
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<td>Boys &amp; Girls Soccer State Field Hockey States</td>
<td>ES Faculty Meeting</td>
<td>Honor Society Blood Drive</td>
<td>BOE Meeting 6:30 pm HS Library</td>
<td>Band Citrus Fruit Sale Begins</td>
<td>HS Report Cards</td>
<td>NO SCHOOL Veteran's Day Observed</td>
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<tr>
<td>District Wide Faculty Meeting</td>
<td>Appleby Awards Assembly</td>
<td>Torchlight Submission Date</td>
<td>Appleby Holiday Concert 6 PM</td>
<td>Torchlight Mail Date</td>
<td>Senior Dues</td>
<td>SAT</td>
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### DECEMBER 2017

<table>
<thead>
<tr>
<th>Sunday</th>
<th>Monday</th>
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<tr>
<td>MTA Meeting Winter Sports Pic</td>
<td>Appleby Holiday Concert 6 PM</td>
<td>Torchlight Mail Date</td>
<td>Senior Dues</td>
<td>SAT</td>
<td>“POP” Bottle &amp; Can Drive 9 AM – 12 PM</td>
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PURE OLYMPIAN PERFORMANCE PROVIDES “THERE and BACK AGAIN” PRESENTATION

On Monday October 2nd, Grades 6th–12th had two guest speakers in the auditorium from the There and Back Again Foundation. The first guest speaker was Janet Urban, Tobacco Treatment Specialist. Janet talked about the impact of tobacco products on today’s youth. She is a certified Tobacco Treatment Specialist from the Mayo Clinic, Facilitator for “Freedom From Smoking” Curriculum from the American Lung Association, and Work-Based Learning Coordinator for Career Awareness from SUNY Buffalo. In addition, she specializes in the creation of successful individualized weight training, weight loss and competitive show prep programs, individual and group sessions for creation of wellness visions and treatment plans for smoking cessation.

Our second presenter, Ken Bartolo was a 2 time all-county athlete in both football and lacrosse at Jamesville-Dewitt high school where he became addicted to painkillers from sports injuries. He went on to star in football at St. John Fisher College and lacrosse at Nazareth College, where his addiction really began to take over his life. Ken still managed to play lacrosse professionally despite his addiction and lead a successful life but substances were taking over.

As a former professional athlete Ken Bartolo candidly discussed with students how his addictions cost him college scholarships, spanned across 27 years and ultimately landed him in state prison. Ken was arrested multiple times, charged with four drunk driving offenses and was pronounced dead twice from drug induced heart failure. Ken talked about how he got caught doing marijuana at 17, but that didn’t stop him from using the drugs and alcohol that led to a steady decline in his athletic career and personal life.

Mr. Bartolo’s recovery process finally came after a stay at the Syracuse Rescue Mission, where he went into a bathroom and prayed. He then called a friend who had recovered from drug addiction and alcoholism to ask for help. His presentation was a brutally honest look at the violence, emotion, heartbreak and insanity of the world of addiction and how it can destroy the lives of the most promising of our youth.

Hundreds of students across the country have reached out to Ken for assistance in getting clean and sober. Ken hopes his presentation opens the doors of healthy communication between students, family members and school faculty. He has been handed bags of pills, suicide notes, bags of illicit drugs and been able to get those students the help they need. Family members of addicts stay in touch with Ken for support, as well. Mr. Bartolo continues to travel to schools across the country and talks with students about his experiences and how he overcame years of alcohol and drug addiction.

Section IV Tournament Time for Fall Sports is Coming Soon Why not Come Cheer on the Olympians!

MARATHON ATHLETIC HALL OF FAME 2018 INDUCTION CEREMONY

The Marathon Athletic Hall of Fame will have its induction ceremony on Friday, June 22, 2018. The ceremony, which is open to the public, will take place in the auditorium at approximately 7:00 PM. This year the committee will focus on the year 2007 and 2008. However, we will accept applications prior to these dates.

For more information, look at the nomination process at www.marathonschools.org, or contact the main office at the high school 607-849-3251 to receive an application. Applications are due January 15th, 2018.

DODGEBALL TOURNAMENT
Friday, November 17th, 6:30 PM
Open to Students Grades 4-12, Coaches, Faculty & Community

Class of 2018-Butterfly Release Ceremony
Immediately Following Graduation
Marathon Village Green
June 24, 2018
The Butterfly Release Program

The release program is being provided to allow parents, family, and friends the opportunity to recognize the hard work of any individual graduating senior. You will have the opportunity to recognize, through words, your support for a graduate by having your personalized message printed in a Commemorative Butterfly Release Ceremony Program. In addition, a video of the event will be available to download for all participants who purchased a butterfly.

Please support this program and take the opportunity to recognize your loved ones by releasing a monarch butterfly following graduation ceremony. By releasing a butterfly, you are also symbolizing the letting go of your loved one so they may fly free and experience the opportunities that await them in the world.

It is a privilege of The “Pure Olympian Performance Program” to offer the Butterfly Release Program as an opportunity to you and also as a way to continue a program that encourages healthy lifestyles for all. It is through these healthy lifestyles that we can help reduce tragic accidents to our fellow students.

For More Information Contact
Natalie Thomas, 18thomasn@marathonschools.org

BOOSTER CLUB NEEDS YOUR SUPPORT

The Booster Club is looking for individuals to volunteer to work with concessions at athletic events. Additional help is always appreciated for the XC Invitational on October 21st. If you are interested in helping this outstanding organization, please contact Mr. Doug Contrid contrid@marathonschools.org

“May the wings of the butterfly soar the world free, recognize your current successes, and provide you the opportunity to spread your wings to a life that brings you health, happiness and success, today, tomorrow and beyond.” Anonymous

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