Good morning! Looks like some of our eastern friends will be having the day off with the weather they are getting. Saturday will be a heavy play date for sure everywhere.

Today's tip.....foul or all ball? A wise official once said that when a ball handler is going up for a shot and the defender attempts to strip the ball, in general, when a defender hits the ball, it goes downward and when they hit the arm, the ball goes upward. IN GENERAL, this is a good phrase to tuck away in our bag of tricks, just like a partner taking a step towards the other end of the floor on an OOB we aren't sure of, or 'reading' the players reaction to an OOB..... Does it AWLAYS work? NO, but it CAN help us.

SEE the whole play and use all the info we can to help up put air in the whistle or not. Take a look at today's clip and notice the appropriate rotation by the L since we have been looking at positioning and mechanics. Here is the clip.

Foul? NO DOUBT. These are the ones the benches and fans go nuts over because they see the play through their team's colors. A foul is a foul is a foul. If the defender had hit 'all ball' on THIS particular play, the ball would have gone DOWN and no other direction if the defender had hit 'all ball' or even the hand (which is PART of the ball). Here, the ball did NOT go down. THAT leads us to believe that at least SOME contact on the arm was made.

Have a great day today, see the WHOLE play and safe travels no matter where you are traveling to.

Tim