

KRISTIN TRAPPIT

I've been actively doing triathlons since 2014 when I entered the Albany Half as a way to challenge myself and enjoy my running and cycling in a different way.

I love the challenge of a full distance and have completed two, but find the half a way to work hard while still being able to enjoy life and the event day. The shorter distances are definitely more for fun though. It has been a great way to connect with a lot of different people and being part of the triathlon community is something I will be doing for a long time to come.

Representing Sufferfest Triathlon and the Perth Triathlon Club have been great for my motivation leading up to and through events. I also enjoy playing field hockey, cycling and running, having completed over half a dozen marathons, including the UTA100 in the Blue Mountains recently.

For the 2017/18 season I will be doing the Sufferfest WA swing, with the two half distance events of Rottnest and Bunbury and the Olyfest Enduro at Cottesloe the distances of choice.

