Winter 2021 Spring Valley Seniors Staying Put Caring ~ Connecting ~ Contributing

Coordinating volunteers to help seniors and adults with disabilities to maintain their independence

Welcome 2021

By Rich O'Connell, President



For *Staying Put*, and our community, 2020 has left an indelible mark in our memories. Looking forward, and as we advance into 2021, our challenge becomes taking on new projects to continue serving our seniors and adults with disabilities. Our donors have been generous, our vol-

unteers have stepped up, and our Board of Directors has dug in to develop a strategy to help alleviate the challenges created in 2020. All of these people working together will help make 2021 a better year to remember.

President: Rich O'Connell Vice President: Sandy Thompson Secretary: Sue Christopher **Treasurer:** Janice Ottman **Board Members:** Lori Peterson Kari Jensen Ron Thompson **Volunteer Director:** Kathy Nyeggen **Administration Director:** Diane Huebel

Reflection ~ Remembrance ~ Renewal

By Kathy Nyeggen, Volunteer Director



 2^{020} was an unordinary year which historians will study for a very, very long time. It was one so unlike any other ... yet every now and again throughout the ages, a time like this occurs - a year that changes the course of history and redirects humanity itself.

As we embrace the new year, we reflect on the trials of the old year, what they have taught us and how in some ways they have left us better.

With sadness, we remember the losses of those lives that touched our own. With a sense of renewal we strive for meaningful new ways in which to serve the seniors and disabled in our community. Through support and encouragement, we contemplate how our services can expand, reach farther, accomplish more.

Though the calendar has turned over, challenge, limitation & boundaries persist. Yet, kindness is without boundary, the heart's capacity for it - limitless. With little control over a great deal in our world today, we individually possess the power to help redirect humanity through kindness alone. May the year ahead be gentler, kinder, and more hopeful.

BOARD OF DIRECTORS

Staying Put– Reflection

2020 Staying Put Statistics Volunteers 114 Clients 110 Rides & Services 4057 Volunteer Miles 16,683 Volunteer Hours 1,393



January, 2020— Monthly Craft Circle gathering.



Meals on Wheels, (MOW) sponsored by Pierce County ADRC, continued serving hot nutritious meals, delivered by our volunteer drivers.

Walking—one on one



Errands—Volunteer drivers delivered groceries, RX, and supplies.

Friendly Calls – Routine calls are being made by a group of volunteers to over 25 seniors. This activity will continue to expand.

March—May - We received a Grant in partnership with St. Croix Valley Foundation and Sneakers Pub & Eatery to purchase meals delivered by our volunteer drivers.

<u>Memory Café</u> – Janice Ottman continues to manage with Rosalie Sowatzke, Paula Lugar, Amy Luther/ADRC, via tele-conference until in-person can resume. This summer they held a few sessions outside at St. Johns Church.



Resource Connections – We assisted with referrals to outside services; ADRC, other agencies, Assisted Living facilities, snowplowing, house-cleaning, and other services as required.

Staying Put - Reflection (continued)



Patio Singing & Visiting— at Valley Villas with Lily and AnnaMarie .

Letters & Cards – Our youth volunteers are currently active with letter-writing and sending cards as available.



Intervention—Processes are in place with proper agencies to assure safe environments for our clients.

Transportation – Local transportation in normal times has always been one of our most requested services.





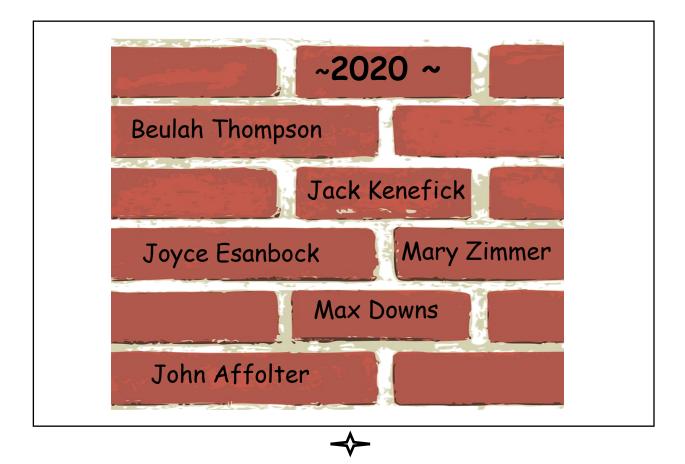
December—Dozens of cookies, made by Gordy Behling, were delivered to our clients by volunteer drivers.



Homemade Gifts—Local families and kids (i.e. Connors Kids) created seasonal crafts, ornaments, pot pourri, pine cone bird seed, and written messages; a few of our drivers provided seasonal vegetables, and a client made ornaments and personal cards, all delivered to our MOW clients.

Remembering those we lost....

Rising from a firm foundation, stands a structure of bricks & mortar, from which souls departed and present, are bound in spirit, near and far.



Renewal - 2021

Our hope is to safely offer the same array of services and activities as prior to the pandemic, plus expansion initiatives.

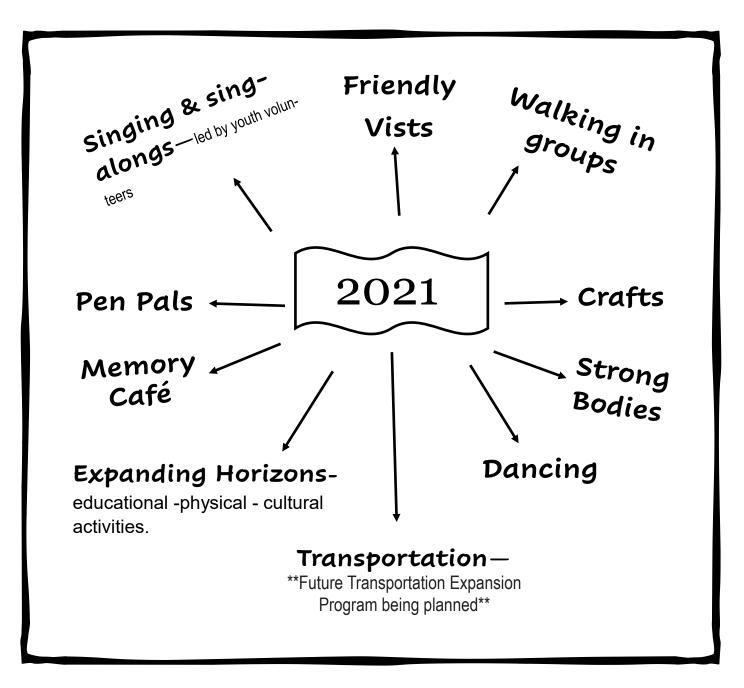
Office—We look forward to



re-opening our doors to welcome volunteers and clients. **Home Assistance** – We look forward to coming back to your homes to assist with light housekeeping & yard maintenance.

Renewal - 2021

Activites—In person for regularly scheduled activities....



Staying Put Founders Feature-Jan Hatling



Jan Hatling

When my friend Margy Balwierz asked me to help her start Spring Valley Seniors Staying Put, I was reluctant at first because I'm not a joiner and tend toward shyness. I knew it was a great idea, however, because I had worked at a neighborhood nurse/ volunteer organization in the past called, The Healthy Seniors Project, and had seen firsthand how a little bit of support can make a big difference in

the health and well-being of seniors. But what did I know about starting a program? Nothing! But I sure did learn, along with a dedicated group of volunteers.

On the *Staying Put* Board my first job was the Treasurer. I had to learn about payroll and taxes which is funny because I've never balanced my own checkbook! Later I worked with Margy writing grants and I ended my term as President. I learned many new skills and I met and worked with a lot of really nice people.

As a senior myself now I feel grateful that Spring Valley has this organization. *Staying Put* with the help of volunteers and community support will be there to lend a helping hand as we age in our own homes and community. I'm very proud to have been a part to help get it started.

Thank you Jan, for being with *Staying Put* from day one and strengthening our organization through your skills and dedication.



To read the full history of how Staying Put began check out the website,

http://www.springvalleystayingputorg/home.html

New Board Member-Sue Christopher



Sue is Co-Owner and Co-Manager, along with her husband Mark, of Maple Leaf Orchard. She is retired from 3M as Raw Material Coordinator. Both Sue and Mark have dealt with aging parents and friends, so they really admire SVSSP's assistance to help keep local people independent as long as possible. Sue is looking forward to working with this dedicated group!

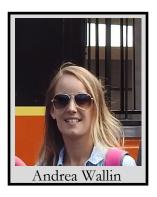
New Staff Member-Diane Huebel



Diane joined our office staff in June of 2020, as Administrative Director. She works with the Volunteer Director to administer the increasing demand of our administrative operations, as a result of our growth. Diane has been a volunteer since the inception of Staying Put and served as a Board Member and Officer for three years.

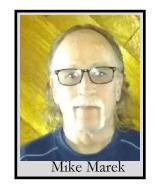
New Volunteers—since June







Thank you for stepping up, especially during this challenging time.





Kathy & Glenn Johansen



Staying Put



The Meals on Wheels program through the Pierce County ADRC, continues to operate. To inquire about this program, contact the Pierce County ADRC with questions: (715) 273-6780.

For those enrolled in the Meals on Wheels program in Spring Valley, *Staying Put* volunteers will deliver your hot and nutritious meal Tuesday—Friday.

Office Hours

Our office is temporarily closed during the pandemic. Please call the office and we will get back to you within 24 hours.

715-778-5800





Blessed In Aging ~Esther Mary Walker (HOME INSTEAD)

Blessed are they who understand My faltering step and shaking hand Blessed, who know my ears today

Must strain to hear the things they say. Blessed are those who seem to know

My eyes are dim and my mind is slow Blessed are those who look away

When I spilled tea that weary day. Blessed are they who, with cheery smile

Stopped to chat for a little while Blessed are they who know the way

To bring back memories of yesterday. Blessed are those who never say

"You've told that story twice today" Blessed are they who make it known

That I am loved, respected and not alone. And blessed are they who will ease the days Of my journey home, in loving ways.

Thank You!

Donations received from Oct.1, 2020 - Jan.15, 2021

INDIVIDUALS

Joe & Betsy Bacon Tom & Kathy Birkel Don & Donna Blegen Al Brown Anna Brown Shirley & Tim Colbenson John & Nancy Ellingson Luann & Bill Emerson Dale & Marilvn Finke Laurey Gavic Pat Gavic Karen & Earl Gunderson Tom Gunderson Joel & Linda Hartung Vicki & Berlyn Howe Flossie M. Hughes Sarah Kolar Coleen Kittleson & Bob Korman Mike & Mary Lansing Charles & Cheryl Larsen Keith & Nina Larson Kathleen & Doug Last John & Sonya Lenarz Ole & Monica Monicken, Jr. Fred Pierce Steve & Diane Pittman Merlin and Virginia Place Robert & Mary Ann Richardson Gene & Carol Roland Robert & Dorothy Sebion **Doug Siems** Dell W. Skow Joe and Brenda Stangl Sandy Thompson Johannes & Sharon Vandeberge Gay & Brian Wang Ken & Denise Witucki Patricia Wood

BUSINESSES & FOUNDATIONS

Pierce County ADRC Spring Valley Lions Club St. Croix Electric Coop The Henkel Foundation, Inc. St. Croix Valley Foundation

IN-KIND

Yvonne DeGross Brian Kirby Gordy Behling Dan Connors Family Margaret Hanson Mary Lansing Ron Thompson Gary Fingstuen Brenda Haack Bank of Baldwin St. John's Church

IN HONOR OF

Families with COVID Losses Margy & Gary Balwierz

IN MEMORY OF

Beulah Thompson Don and Donna Blegen Charles and Cheryl Larsen **Greg Brooke** Jeff and Dianne Brooke Lorne and LeMoine Hanson Ed and Dee Dee Hanson Logan Jacobson Michael and Heidi Jacobson Virgil Lueth **Beverly Lueth Richard Schaffner** Mary Kay & Jim Schaffner **Carolyn Sorenson** Dennis Sorenson Una and Ellsworth Pierce Margaret & Rick Thorne **Dale Wells** Greg and Sherry Wells **Ruth Friberg** Jeannie Place & Blaze Cunningham



Your Legacy

Planned giving is a way you can help shape Spring Valley Seniors Staying Put into tomorrow. A way to assure yourself a place among those who can truly say: "I was here; my life was important; and I made a difference". If you want to know more about legacy planning please contact your professional advisor.



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Spring Valley Seniors Staying Put, Inc. S312 McKay Ave. P.O Box 193 Spring Valley, WI 54767

Address Service Requested

Staying Put

Offers an array of nonmedical volunteer services to the community (within Spring Valley school district) in continuing the rural tradition of *neighbors helping neighbors*. There is no charge for services, and donations are graciously accepted. S312 McKay Ave. PO Box 193 Spring Valley, WI 54767 (we are located in the First Bank of Baldwin building)



If you would like to receive our E-newsletter please email us.

Phone: 715-778-5800 E-mail: spring.valley.ssp@gmail.com www.springvalleystayingput.org