

FWF Wellness at Ulster Rec, Totem Rd., Ulster, PA

October 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3 6:30 pm Zumba w/Sue	4	5
6 6:30 pm Zumba w/Sue	7	8	9	10 6:30 pm Zumba w/Sue	11	12
13 6:30 pm Zumba w/Leanne	14	15	16	17 6:30 pm Zumba w/Sue	18	19
20 6:30 pm Zumba w/Leanne	21	22	23	24 6:30 pm Zumba w/Sue	25	26
27 6:30 pm Zumba w/Leanne	28	29	30	31 HAPPY HALLOWEEN		