



2022 Liberty Cup FINAL SCHEDULE

COMPETITION VENUE: Liberty Academy at Diamond Gymnastics - 149 Ridgedale Ave., East Hanover, NJ
ALL LIBERTY CUP PARKING AT PAPER MART INC - 151 Ridgedale Ave., East Hanover, NJ

FRIDAY, JANUARY 28

LEVEL 6 Child B, Junior A 2010 & Junior B	
11:30am	Gym Opens
12:50pm - 12:55pm	National Anthem
1:00pm - 2:20pm	Competition
2:30pm	Awards - L6 CB, JA 2010, JB
LEVEL 6 Child C Subgroup 1	
12:55pm	Gym Opens for Stretching (Green Carpet)
1:55pm - 2:25pm	Warm-up on Beige Carpet
2:25pm - 4:00pm	Competition
4:10pm	Awards - L6 CC 2013
LEVEL 6 Child C Subgroup 2	
2:35pm	Gym Opens for Stretching (Green Carpet)
3:35pm - 4:05pm	Warm-up on Beige Carpet
4:05pm - 5:35pm	Competition
5:45pm	Awards - L6 CC 2012
LEVEL 6 Junior A 2011	
4:40pm	Gym Opens for Stretching (Green Carpet)
5:40pm - 6:10pm	Warm-up on Beige Carpet
6:05pm - 6:10pm	Exhibition - Liberty FIG Jr Group 5 Ropes
6:10pm - 8:10pm	Competition
8:20pm	Awards - L6 JA 2011 + L6 Overall Top 3

FACE MASK MUST BE WORN AT ALL TIMES

WHILE INSIDE THE COMPETITIVE VENUE, REGARDLESS OF VACCINATION STATUS



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SATURDAY, JANUARY 29

LEVEL 9 Hope & LEVEL 9 Junior 2008 Subgroup 1	
7:30am	Gym Opens
8:50am - 8:55am	National Anthem
9:00am - 11:05am	Competition
11:15am	Awards - L9 HP
LEVEL 9 Junior 2008 Subgroup 2	
9:40am	Gym Opens for Stretching (Green Carpet)
10:40am	Warm-up on Beige Carpet
11:10am - 1:10pm	Competition
1:25pm	Awards - L9 JR 2008
LEVEL 9 Junior 2009	
12:15pm	Gym Opens for Stretching (Green Carpet)
1:15pm - 1:45pm	Warm-up on Beige Carpet
1:45pm - 3:50pm	Competition
4:00pm	Awards - L9 JR 2009
LEVEL 9 Junior 2007	
2:25pm	Gym Opens for Stretching (Green Carpet)
3:25pm - 3:55pm	Warm-up on Beige Carpet
3:55pm - 6:40pm	Competition
6:55pm	Awards - L9 JR 2007 + L9 JR Overall Top 3
LEVEL 9 Senior	
5:40pm	Gym Opens for Stretching (Green Carpet)
6:40pm - 7:10pm	Warm-up on Beige Carpet
7:10pm - 9:25pm	Competition
9:35pm	Awards - L9 SR

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SUNDAY, JANUARY 30

LEVEL 10 Junior & Senior	
7:30am	Gym Opens
8:50am - 8:55am	National Anthem
9:00am - 11:25am	Competition
11:35am	Awards - L10
LEVEL 8 Junior A	
10:00am	Gym Opens for Stretching (Green Carpet)
11:00am - 11:30am	Warm-up on Beige Carpet
11:30am - 1:05pm	Competition
1:15pm	Awards - L8 JA
LEVEL 8 Junior B	
12:10pm	Gym Opens for Stretching (Green Carpet)
1:10pm - 1:40pm	Warm-up on Beige Carpet
1:35pm - 1:40pm	Exhibition - Liberty FIG Jr Group 5 Balls
1:40pm - 3:10pm	Competition
3:20pm	Awards - L8 JB + L8 Overall Top 3
LEVEL 7 Child C	
1:45pm	Gym Opens for Stretching (Green Carpet)
2:45pm - 3:15pm	Warm-up on Beige Carpet
3:15pm - 4:35pm	Competition
4:45pm	Awards - L7 CC
LEVEL 7 Junior A 2010	
3:10pm	Gym Opens for Stretching (Green Carpet)
4:10pm - 4:40pm	Warm-up on Beige Carpet
4:40pm - 6:15pm	Competition
6:25pm	Awards - L7 JA 2010
LEVEL 7 Junior A 2011 & Junior B	
5:15pm	Gym Opens for Stretching (Green Carpet)
6:15pm - 6:45pm	Warm-up on Beige Carpet
6:45pm - 8:35pm	Competition
8:45pm	Awards - L7 JA 2011, JB + L7 Overall Top 3

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