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HY-TEK's Meet Manager 02/06/2013 09:54 PM

OFSAA West Regionals

Track and Field

Jacob Hespeler High School - Cambridge - 31/05/2013 to 01/06/2013

Results

Women 100 Meter Midget

=====				
West Region: * 12.12 2002		Emily JOHNSON/J. F. Ross		
Name	Year	School	Prelims	Wind H#
=====				

Preliminaries

1	Princess Benson	Eastwood	12.81Q	2.7	1
2	Vanessa Small	St. James	12.82Q	5.3	2
3	Olivia Weller	Bishop MacDonnel	12.92Q	5.3	2
4	Kyla Sovran	St. Anne-Windsor	13.03Q	2.7	1
5	Kelly Hodgins	Northern- Sarnia	12.94Q	5.3	2
6	Tessa Hamilton	Delhi	13.04Q	2.7	1
7	Erika Hettwer	Westside	12.97q	5.3	2
8	Isabelle Gibney	Banting, Sir F.	13.06q	2.7	1
9	Andrea Tyschenko	Laurier, Sir W.	13.17	2.7	1
10	Hunter Turkiewicz	Assumption-Brant	13.31	2.7	1
11	Mena Rimac	St.Thomas	13.39	5.3	2
12	Pantea Saboni	Saunders	13.41	5.3	2
13	Alexandra Badder	Ursuline College	13.43	2.7	1
14	Erika Jansen	Central Elgin	13.44	5.3	2
15	Cierra Thomas	Lucas, A.B.	13.45	5.3	2
16	Mady Jenner	Harrow	13.53	2.7	1

Women 100 Meter Midget

=====				
West Region: * 12.12 2002		Emily JOHNSON/J. F. Ross		
Name	Year	School	Finals	Wind
=====				

Finals

1	Vanessa Small	St. James	13.01	2.2
2	Isabelle Gibney	Banting, Sir F.	13.05	2.2
3	Princess Benson	Eastwood	13.08	2.2
4	Erika Hettwer	Westside	13.17	2.2
5	Kyla Sovran	St. Anne-Windsor	13.18	2.2
6	Kelly Hodgins	Northern- Sarnia	13.27	2.2
7	Olivia Weller	Bishop MacDonnel	13.29	2.2
8	Tessa Hamilton	Delhi	13.29	2.2

Women 200 Meter Midget

=====				
West Region: * 24.70 2002		Emily JOHNSON/J. F. Ross		
Name	Year	School	Prelims	Wind H#
=====				

Preliminaries

1	Vanessa Small	St. James	26.66Q	1.4	1
2	Tessa Hamilton	Delhi	27.00Q	1.3	2
3	Jaiden Mulder	General Amherst	26.75Q	1.4	1

4	Kylie Paliani	Medway	27.05Q	1.3	2
5	Kyla Sovran	St. Anne-Windsor	27.16Q	1.3	2
6	Isabelle Gibney	Banting, Sir F.	27.45Q	1.4	1
7	Lauren Shaw	Northern- Sarnia	27.27q	1.3	2
8	Kelly Hodgins	Northern- Sarnia	27.42q	1.3	2
9	Olivia Weller	Bishop MacDonnel	27.70	1.4	1
10	Cheyann Labadie	Walkerville	27.90	1.3	2
11	Erika Hettwer	Westside	27.91	1.3	2
12	Andrea Tyschenko	Laurier, Sir W.	28.10	1.4	1
13	Courtney Martin	Southwood	28.20	1.4	1
14	Janieka Droog	St. Michael	28.46	1.4	1
15	Erika Jansen	Central Elgin	28.53	1.3	2
16	Emily Buttinger	Resurrection	28.55	1.4	1

Women 200 Meter Midget

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West Region: * 24.70 2002 Emily JOHNSON/J. F. Ross

Name	Year	School	Finals	Wind
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Finals

1	Kylie Paliani	Medway	26.32	2.5	26.311
2	Vanessa Small	St. James	26.32	2.5	26.316
3	Jaiden Mulder	General Amherst	26.52	2.5	
4	Tessa Hamilton	Delhi	26.60	2.5	
5	Kyla Sovran	St. Anne-Windsor	26.69	2.5	
6	Isabelle Gibney	Banting, Sir F.	26.80	2.5	
7	Lauren Shaw	Northern- Sarnia	27.03	2.5	
8	Kelly Hodgins	Northern- Sarnia	27.19	2.5	

Women 400 Meter Midget

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West Region: * 57.3h 1982 Donalda DUPREY / Pt. Elgin-Saugeen

Name	Year	School	Finals	H#
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=====

1	Hannah Drkulec	St. Anne-Windsor	59.38	2
2	Natalie Topp	St. Mary's Dcvi	1:00.64	2
3	Kristy Hodgins	Northern- Sarnia	1:00.89	2
4	Princess Benson	Eastwood	1:02.01	2
5	Tatiana Desender	Saunders	1:02.39	2
6	Rayne Kellier	Chatham-Kent	1:02.51	1
7	Sydney Collins	St.Mary's-Kitche	1:02.53	2
8	Kate Boycott	Herman, W.F.	1:02.56	2
9	Katelyn Holliday	Harrow	1:02.84	1
10	Kristin Looby	St. Michael	1:03.61	2
11	Julia DeWeerd	Woodland Christi	1:04.31	1
12	Michelle Lefave	Lord Dorchester	1:05.88	1
13	Neely Jarvis	Guelph	1:06.76	1
14	Erika Jansen	Central Elgin	1:06.83	1
15	Stephanie Benninger	Lady of Lourdes	1:07.49	1
16	Erica Chan	Centennial	1:09.99	1

Women 800 Meter Run Midget

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West Region: * 2:10.69 02/06/2012 Kailee Sawyer, Bluevale

Name	Year	School	Finals
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1	Hannah Drkulec	St. Anne-Windsor	2:23.30
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2	Natalie Topp	St. Mary's Dcvi	2:23.37
3	Maya Day	Grand River	2:24.94
4	Kate Boycott	Herman, W.F.	2:25.16
5	Tori Webster	College Avenue	2:26.40
6	Kristin Looby	St. Michael	2:29.97
7	Francesca Maltais	Prdg	2:31.47
8	Lauren O'Donnell	C.C.H. - London	2:31.76
9	Chelsea Salter	Cardinal Carter	2:33.86
10	Ines Fielder	Sandwich	2:35.29
11	Taylor Rempel	Elmira	2:37.51
12	Thea Taylor	Kitchener Waterl	2:37.83
13	Emma Murray	Holy Names	2:38.92
14	Alecia Wilkins	Banting, Sir F.	2:40.20
15	Anna MacKenzie	Bluevale	2:41.66

Women 1500 Meter Run Midget

=====			
West Region: * 4:33.99 1997 Erin MCLURE / Waterloo CI			
Name	Year	School	Finals
=====			
1	Jessie Fleming	London Central	4:38.70
2	Carissa Gobbi	Lady of Lourdes	5:01.33
3	Maya Day	Grand River	5:01.69
4	Francesca Maltais	Prdg	5:05.76
5	Alex DeVries	North Park	5:07.67
6	Kristin Parkes	St. Christopher	5:08.11
7	Tori Webster	College Avenue	5:10.59
8	Lauren O'Donnell	C.C.H. - London	5:12.52
9	Emily Ashby	Lord Dorchester	5:13.44
10	Maddy Rivelis	Vista Academy	5:18.38
11	Holly Hicks	Vincent Massey	5:19.06
12	Thea Taylor	Kitchener Waterl	5:20.60
13	Emily Drake	Stratford Centra	5:22.70
14	Chelsea Salter	Cardinal Carter	5:27.13
15	Ashley Jackson	McGregor, John	5:27.19

Women 3000 Meter Run Midget

=====			
West Region: * 9:48.0h 1986 Jennifer ARMSTRONG / London-South			
Name	Year	School	Finals
=====			
1	Jessie Fleming	London Central	10:07.10
2	Carissa Gobbi	Lady of Lourdes	10:50.80
3	Alex DeVries	North Park	10:54.33
4	Martina Nadjiwan	Psds	10:56.72
5	Emily Ashby	Lord Dorchester	11:00.14
6	Maya Day	Grand River	11:12.42
7	Kristin Parkes	St. Christopher	11:19.36
8	Cassandra Hinz	Mitchell	11:38.21
9	Maddy Rivelis	Vista Academy	11:40.29
10	Emily Drake	Stratford Centra	11:46.60
11	Miah St, Pierre	Chatham-Kent	11:47.32
12	Britney O'Brien	Laurier, Sir W.	11:56.85
13	Holly Hicks	Vincent Massey	12:05.42
14	Carina De Sousa	St.Mary's-Kitche	12:13.74
15	Claire VandenEynde	Lambton Central	12:25.30
16	Taylor Heimbecker	Cameron Heights	12:33.86

Women 80 Meter Hurdles Midget

=====					
West Region: * 11.52		1996	Jessica ZELINKA / London-Banting		
Name	Year	School	Prelims	Wind	H#
=====					
Preliminaries					
1	Kylie Paliani	Medway	12.14Q	2.4	1
2	Jaidden Mulder	General Amherst	12.40Q	2.5	2
3	Tatiana Desender	Saunders	12.56Q	2.4	1
4	Kristy Hodgins	Northern- Sarnia	12.73Q	2.5	2
5	Megan Paddock	Centennial	12.77Q	2.4	1
6	Lauren Shaw	Northern- Sarnia	12.97Q	2.5	2
7	Lily Meikle	Wci	12.95q	2.4	1
8	Alyssa Jansen	Wci	13.06q	2.5	2
9	Phorntip Chanthovong	Cameron Heights	13.06	2.4	1
10	Emma Thompson	London South	13.17	2.4	1
11	Alyssa Moore	Oakridge	13.18	2.4	1
12	Sara Lussier	Ross, John F.	13.24	2.5	2
13	Alex Payne	St. Anne-Windsor	13.33	2.4	1
14	Brin Kreuger	Lady of Lourdes	13.68	2.5	2
15	Leah Hesman	Sandwich	13.71	2.5	2
16	Alyssa Enns	Strathroy D C I	14.05	2.5	2

Women 80 Meter Hurdles Midget

=====					
West Region: * 11.52		1996	Jessica ZELINKA / London-Banting		
Name	Year	School	Finals	Wind	
=====					
Finals					
1	Kylie Paliani	Medway	12.09	2.6	
2	Tatiana Desender	Saunders	12.48	2.6	
3	Jaidden Mulder	General Amherst	12.49	2.6	
4	Lauren Shaw	Northern- Sarnia	12.80	2.6	
5	Lily Meikle	Wci	13.08	2.6	
6	Alyssa Jansen	Wci	13.33	2.6	
7	Kristy Hodgins	Northern- Sarnia	13.45	2.6	
8	Megan Paddock	Centennial	16.35	2.6	

Women 300 Meter Hurdles Midget

=====					
West Region: * 43.59		02/06/2012	Lexi Aitken, St. Anne-Clinton		
Name	Year	School	Finals	H#	
=====					
1	Tatiana Desender	Saunders	45.96	2	
2	Kylie Paliani	Medway	46.38	2	
3	Katelyn Holliday	Harrow	47.60	2	
4	Jaidden Mulder	General Amherst	47.87	2	
5	Kelly Hodgins	Northern- Sarnia	48.74	2	
6	Sydney Collins	St.Mary's-Kitche	48.76	2	
7	Natalie Topp	St. Mary's Dcvi	48.84	2	
8	Erika Lopetrone	Essex	50.02	1	
9	Kristy Hodgins	Northern- Sarnia	50.42	2	
10	Sara Mota	Resurrection	51.06	1	
11	Brin Kreuger	Lady of Lourdes	51.64	1	
12	Alyssa Enns	Strathroy D C I	52.01	1	
13	Natasha Ahuja	Macdonald, J.A.	52.95	1	

14	Dayna Nairn	Cameron Heights	53.21	1
15	Jade Langford	Huron Park	55.68	1
16	Lily Meikle	Wci	1:00.03	1

Women 4x100 Meter Relay Midget

=====				
West Region: * 50.00		1996	LONDON - BANTING	
School			Finals	H#
=====				
1	Northern - Sarnia	'A'	51.84	2
2	Medway - Arva	'A'	52.15	2
3	Resurrection - Kitchener	'A'	53.06	2
4	Our Lady of Lourdes - Guelph	'A'	53.11	2
5	St. Anne - Windsor	'A'	53.26	2
6	Grand River - Kitchener	'A'	53.54	2
7	St. Michael - Stratford	'A'	53.56	1
8	Catholic Central - London	'A'	53.93	1
9	Lambton Central - Petrolia	'A'	54.67	1
10	Cameron Heights - Kitchener	'A'	54.94	1
11	Centennial - Guelph	'A'	55.05	2
12	Mother Teresa - London	'A'	55.26	1
13	Centre Dufferin - Shelburne	'A'	55.29	1
--	Sir Frederick Banting - London	'A'	DNF	2 Drop exch 2
--	Sandwich - Windsor	'A'	DNF	1 drop exch 2
--	Kingsville - Kingsville	'A'	DQ	1 outside zone 3

Women High Jump Midget

=====				
West Region: * 1.73m		1984	Leanne MADILL / Guelph-Centennial	
Name	Year	School	Finals	
=====				
1	Arabella Alton	Valley Heights	1.53m	
2	Allie Giffin	Holy Cross	1.50m	
3	Hannah Kussner	Oakridge	J1.50m	
4	Jessica Holme	Saunders	1.45m	
5	Amy Koomans	Chatham Christia	J1.45m	
6	Madeleine Gallaher	Madill, F.E.	J1.45m	
7	Julie Radford	Kennedy, Hon.W.C	1.40m	
7	Rayne Kellier	Chatham-Kent	1.40m	
7	Jessalynn Mulder	Woodland Christi	1.40m	
7	Maya Kelly	London Central	1.40m	
11	Lindsay Harttrup	Cameron Heights	J1.40m	
11	Sydney Pattison	Ross, John F.	J1.40m	
13	Kirsten Riepert	Waterloo-Oxford	J1.40m	
14	Samantha Brimmer	Northern- Sarnia	1.35m	
15	Emily Authier	Macdonald, J.A.	J1.35m	
15	Vanessa Flacco	Northern- Sarnia	J1.35m	

Women Pole Vault Midget

=====				
Name	Year	School	Finals	
=====				
1	Jessie Tsang	Sandwich	2.35m	
2	Tessa Hamilton	Delhi	J2.35m	
2	Leah Hesman	Sandwich	J2.35m	
4	Lindsay Harttrup	Cameron Heights	2.20m	Jump Off - 1st
5	Emily Authier	Macdonald, J.A.	J2.20m	Jump off - 2nd

6	Brianna McCready-Branch	Cameron Heights	2.00m
7	Meghan Koczvara	St.Thomas Aquina	J2.00m
7	Lindsey Lewkowitz	Oakridge	J2.00m
9	Olivia Sanders	Sandwich	J2.00m
10	Miriam Shaftoe	Cameron Heights	1.80m
11	Kyla Sovran	St. Anne-Windsor	J1.80m

Women Long Jump Midget

=====				
West Region: * 5.78m 1996		Jessica ZELINKA / London-Banting		
Name	Year	School	Finals	Wind
=====				
1	Lynton Lam	London Central	4.92m	3.7
2	Youmi Dickson	Banting, Sir F.	4.85m	3.5
3	Amy Koomans	Chatham Christia	4.83m	2.5
4	Julie Radford	Kennedy, Hon.W.C	4.75m	4.2
5	Sarah De Los Santos	Forest Heights	4.74m	2.7
6	Leah Hesman	Sandwich	4.72m	NWI
7	Natalie Haney	Bluevale	4.68m	5.3
8	Erin Young	McGregor, John	4.66m	3.0
9	Megan Paddock	Centennial	4.54m	5.1
10	Vanessa Small	St. James	4.46m	3.4
11	Kayla Bailey	Preston	4.43m	4.7
12	Amanda Milmine	East Elgin	4.39m	3.4
13	Rayna Moore	Goderich	4.38m	4.8
14	Cheyann Labadie	Walkerville	4.35m	2.6
15	Phaedra Scott	Madill, F.E.	4.22m	3.6

Women Triple Jump Midget

=====				
West Region: * 11.53m 28/05/2011		Angela Mercurio, St.Mary's-Kitche		
Name	Year	School	Finals	Wind
=====				
1	Julie Radford	Kennedy, Hon.W.C	10.73m	2.8
2	Taylor McLean	Ross, John F.	10.59m	4.7
3	Amy Koomans	Chatham Christia	10.50m	5.2
4	Keely Gibb	General Amherst	10.45m	2.8
5	Marissa McCormack	Medway	10.43m	3.1
6	Rayne Kellier	Chatham-Kent	10.38m	2.6
7	Youmi Dickson	Banting, Sir F.	10.37m	3.3
8	Abby Woods	Ross, John F.	10.32m	2.5
9	Lauren Shaw	Northern- Sarnia	10.21m	2.5
10	Lynton Lam	London Central	10.20m	3.1
11	Kayla Bailey	Preston	10.15m	3.0
12	Natalie Haney	Bluevale	10.02m	1.7
13	Jillian Jones	Medway	9.92m	1.6
14	Adeolu Banjoko	Wci	9.91m	0.8
15	Elizabeth Bulsink	St. Mary's (Os)	9.47m	4.0
16	Amanda Milmine	East Elgin	9.44m	2.7

Women Shot Put Midget

=====				
West Region: * 12.06m 1979		Liz POLYAK / Brantford-North Park		
Name	Year	School	Finals	
=====				
1	Holly Taylor	Assumption-Brant	9.47m	
2	Shelby Thomas	Sandwich	9.13m	

3	Morgan Desjardins	Paincourt	9.11m
4	Samantha Houben	Holy Cross	8.94m
5	Erica Ten Hove	Listowel	8.87m
6	Molly Boley	Owen Sound	8.74m
7	Rebecca Chouinard	St.Joe-St.Thomas	8.53m
8	Hilary Wilbur	Delhi	8.50m
9	Dana Rosaasen	St.Thomas	8.36m
10	Reanna Reisch	Sandwich	8.33m
11	Courtney Ivany	St. James	8.05m
12	Nicole Vis	Emmanuel Christi	7.75m
13	Karissa Schiestel	Madill, F.E.	7.71m
14	Tiffany Adams	Brantford	7.62m
15	Aleah Boersma	Northern- Sarnia	7.47m
16	Nicole Pettit	Central Elgin	7.04m

Women Discus Throw Midget

=====			
West Region: * 40.46m 1979 Liz POLYAK / Brantford-North Park			
Name	Year	School	Finals
=====			
1	Rebecca Chouinard	St.Joe-St.Thomas	26.57m
2	Taylor Broughton	Stratford NW	24.71m
3	Quinn Wilson	Norwell	24.48m
4	Morgan Desjardins	Paincourt	23.84m
5	Ashley Walters	St. Michael	23.36m
6	Holly Ivany	St. James	22.20m
7	Rachel Morrison	Oakridge	22.06m
8	Molly Boley	Owen Sound	21.78m
9	Ella Lassaline	Lambton Central	20.36m
9	Kelly Drescher	Grand River	20.36m
11	Katie Proctor	Lambton Central	20.33m
12	Melissa Ballynetine	Chatham-Kent	20.15m
13	Karissa Schiestel	Madill, F.E.	19.64m
14	Shelby Thomas	Sandwich	19.16m
15	Hannah Diebold	Walkerton	18.51m
--	Claire Gagne	Preston	FOUL

Women Javelin Throw Midget

=====			
West Region: * 39.25m 2009 Brooke ROWLAND, Westside			
Name	Year	School	Finals
=====			
1	Nyasha Mombeshara	Grand River	31.79m
2	Emily O'Bright	Sandwich	29.64m
3	Reanna Reisch	Sandwich	27.17m
4	Taylor Murray	Erin	26.85m
5	Courtney Ivany	St. James	26.76m
6	Lauren Moore	Glencoe	26.74m
7	Madeleine Myers	Paincourt	25.44m
8	Dana Rosaasen	St.Thomas	24.91m
9	Emma Waymouth	St. Mary's Dcvi	24.10m
10	Kennady Hopkins	Parkside	23.48m
11	Emily Willms	Elmira	22.61m
12	Katie Proctor	Lambton Central	22.26m
13	Holly Ivany	St. James	22.05m
14	Zoe Rolph	Montcalm	21.49m
15	Molly Boley	Owen Sound	20.30m

16 Jasmine Mayer

Clarke Road

20.08m

Women 100 Meter Junior

=====					
West Region: * 11.89		1995	Margaret FOX / Guelph-Bishop Mac.		
Name	Year	School	Prelims	Wind	H#
=====					
Preliminaries					
1 Tiffany Hannam		Banting, Sir F.	12.19Q	4.2	2
2 Dashel Serieux		St.Mary's-Kitche	12.62Q	2.9	1
3 Madeline McCloskey		Essex	12.62Q	2.9	1
4 Ali Meyerink		Orangeville	12.73Q	4.2	2
5 Leka Sodade		Holy Names	12.70Q	2.9	1
6 Nicole Smith		Galt	12.80Q	4.2	2
7 Sydney Fisher		London Central	12.79q	2.9	1
8 Onaope Egbedeyi-Emmanuel		Vincent Massey	13.06q	4.2	2
9 Brianne Ferguson		Northern- Sarnia	13.13	4.2	2
10 Tori Roovers		Essex	13.16	2.9	1
11 Katie DePestel		Holy Trinity	13.16	4.2	2
12 Tatum Dietrich		Resurrection	13.17	2.9	1
13 Michaela Valente		Mother Teresa	13.22	4.2	2
14 Bailey Reichstein		St.Joe-St.Thomas	13.28	4.2	2
15 Kirsten Neuteboom		Grey Highlands	13.36	2.9	1
16 Megan Dessureault		Oakridge	13.42	2.9	1

Women 100 Meter Junior

=====					
West Region: * 11.89		1995	Margaret FOX / Guelph-Bishop Mac.		
Name	Year	School	Finals	Wind	
=====					
Finals					
1 Madeline McCloskey		Essex	12.68	1.8	
2 Dashel Serieux		St.Mary's-Kitche	12.78	1.8	
3 Tiffany Hannam		Banting, Sir F.	12.82	1.8	
4 Leka Sodade		Holy Names	12.91	1.8	
5 Sydney Fisher		London Central	12.93	1.8	
6 Ali Meyerink		Orangeville	13.06	1.8	
7 Onaope Egbedeyi-Emmanuel		Vincent Massey	13.07	1.8	
8 Nicole Smith		Galt	13.15	1.8	

Women 200 Meter Junior

=====					
West Region: * 24.13		1995	Margaret FOX / Guelph-Bishop Mac.		
Name	Year	School	Prelims	Wind	H#
=====					
Preliminaries					
1 Tiffany Hannam		Banting, Sir F.	26.06Q	1.2	1
2 Dashel Serieux		St.Mary's-Kitche	26.20Q	0.4	2
3 Hailey St Clair		Centennial	26.53Q	1.2	1
4 Courtney Wright		Jacob Hespeler	26.82Q	0.4	2
5 Madeline McCloskey		Essex	26.99Q	1.2	1
6 Sydney Fisher		London Central	27.11Q	0.4	2
7 Sarah Welch		Ross, John F.	27.02q	1.2	1
8 Ali Meyerink		Orangeville	27.12q	1.2	1
9 Nicole Smith		Galt	27.21	0.4	2
10 Jasmine Hurst		General Amherst	27.55	1.2	1
11 Lauren Laing		Saunders	27.61	0.4	2

12	Morgan Muzzatti	Sandwich	27.69	0.4	2
13	Gina McNally	North Lambton	27.77	1.2	1
14	Elaine Larocque	Northern- Sarnia	27.78	0.4	2
15	Jayden Anderson-Johnston	Madill, F.E.	27.89	0.4	2
16	Megan Dessureault	Oakridge	28.63	1.2	1

Women 200 Meter Junior

=====					
West Region: *		24.13	1995	Margaret FOX / Guelph-Bishop Mac.	
Name	Year	School	Finals	Wind	
=====					
Finals					
1	Tiffany Hannam	Banting, Sir F.	25.59	3.8	
2	Dashel Serieux	St.Mary's-Kitche	25.79	3.8	
3	Hailey St Clair	Centennial	26.09	3.8	
4	Courtney Wright	Jacob Hespeler	26.22	3.8	
5	Sarah Welch	Ross, John F.	26.39	3.8	
6	Sydney Fisher	London Central	26.45	3.8	
7	Madeline McCloskey	Essex	26.84	3.8	
8	Ali Meyerink	Orangeville	27.07	3.8	

Women 400 Meter Junior

=====					
West Region: *		54.56	1994	Nadia SCHMEIDT / London-John Paul II	
Name	Year	School	Finals	H#	
=====					
1	Kailee Sawyer	Bluevale	57.86	2	
2	Sarah Kwajafa	South Huron	59.26	2	
3	Mackenzie Mayers	Banting, Sir F.	59.88	2	
4	Sarah Welch	Ross, John F.	1:00.59	2	
5	Taya Ambrose	Doyle, Mgsr.E.A.	1:00.80	2	
6	Julia Moreau	St. David	1:01.91	1	
7	Victoria Cotton	Belle River	1:02.53	1	
8	Shae-Lyn MacIsaac	Brennan, F.J.	1:02.88	2	
9	Robyn Gruninger	Banting, Sir F.	1:03.25	1	
10	Lauren Laing	Saunders	1:03.29	2	
11	Gina McNally	North Lambton	1:04.63	1	
12	Aleah Marton	General Amherst	1:05.11	1	
13	Lauren Thompson	Madill, F.E.	1:05.45	1	
14	Madison Huzevka	Northern- Sarnia	1:08.17	1	

Women 800 Meter Run Junior

=====					
West Region: *		2:08.52	02/06/2007	Jessica Parry, C. C. London	
Name	Year	School	Finals		
=====					
1	Kailee Sawyer	Bluevale	2:14.84		
2	Sarah Kwajafa	South Huron	2:18.35		
3	Mackenzie Mayers	Banting, Sir F.	2:19.31		
4	Brianne Bracci	Vincent Massey	2:19.71		
5	Taya Ambrose	Doyle, Mgsr.E.A.	2:21.24		
6	Jessica Martin	Saugeen District	2:21.62		
7	Taylor Conte	St.Thomas	2:26.34		
8	Antonia Anagnostopoulos	Kitchener Waterl	2:28.59		
9	Mackenzie Martin	Medway	2:30.05		
10	Ally MacDonald	London Central	2:30.29		
11	Sarah VanWyk	London Christian	2:32.48		

12 Amy Zuccato	Cardinal Carter	2:35.08
13 Jordan Ammoscato	Sandwich	2:35.32
14 Chelsea Clark	Vista Academy	2:40.26

Women 1500 Meter Run Junior

=====			
West Region: * 4:28.35 01/06/2007 Jessica Parry, C. C. London			
Name	Year	School	Finals
=====			
1 Charlotte Prouse		London Central	4:45.50
2 Brianne Bracci		Vincent Massey	4:52.04
3 Fiona Rocheleau		Vincent Massey	4:53.73
4 Madison Visscher		Woodland Christi	5:02.84
5 Megan Black		North Lambton	5:05.94
6 Jessica Cuabu		Centr Wellington	5:07.78
7 Mackenzie Martin		Medway	5:10.33
8 Antonia Anagnostopoulos		Kitchener Waterl	5:11.82
9 Sarah VanWyk		London Christian	5:12.11
10 Amy Zuccato		Cardinal Carter	5:19.26
11 Nancy Ulicny		St. Anne-Windsor	5:20.69
12 Sylvie Carruthers		Prdg	5:21.89
13 Megan Wilcox		Valley Heights	5:23.88
14 Ally MacDonald		London Central	5:23.91
15 Joanna Malec		John Paul II	5:24.73

Women 3000 Meter Run Junior

=====			
West Region: * 9:50.02 2001 Amy KOHLMEIER /Sarnia-St.Patrick's			
Name	Year	School	Finals
=====			
1 Charlotte Prouse		London Central	10:05.09
2 Hannah Woodhouse		Gbss	10:07.10
3 Sarah Hesman		London Central	10:53.20
4 Jessie Nusselder		Saugeen District	10:57.23
5 Leah Brodovsky		Guelph	11:06.20
6 Madison Visscher		Woodland Christi	11:23.41
7 Jessica Cuabu		Centr Wellington	11:31.89
8 Megan Black		North Lambton	11:44.49
9 Heather Baxter		Northern- Sarnia	11:50.43
10 Joanna Malec		John Paul II	11:53.60
11 Laura Travaglini		St.Thomas Aquina	12:17.55
12 Genevieve Yancy		Lajeunesse	12:38.79
13 Caitronia Buckley		St. Michael	13:03.32
-- Emily Jensen		Bluevale	DNF

Women 80 Meter Hurdles Junior

=====					
West Region: * 11.01 1998 Jessica ZELINKA / London-Banting					
Name	Year	School	Prelims	Wind	H#
=====					
Preliminaries					
1 Bella Efremenko		Cameron Heights	12.05Q	5.0	2
2 Jasmine Hurst		General Amherst	12.28Q	3.4	1
3 Tiffany Hannam		Banting, Sir F.	12.17Q	5.0	2
4 Emily McKay		Wci	12.57Q	3.4	1
5 Emily Campbell		Lambton Central	12.55Q	5.0	2
6 Robyn Gruninger		Banting, Sir F.	12.64Q	3.4	1

7	Brooke Henderson	Banting, Sir F.	12.65q	5.0	2	
8	Hayley Howes	Vincent Massey	12.69q	5.0	2	12.684
9	Logan Weigel	Centennial	12.69	3.4	1	12.688
10	Kianna Shepley	Chatham-Kent	12.80	5.0	2	
11	Clare Thompson	Ursuline College	12.86	3.4	1	
12	Rachel Fazakas	C.C.H. - London	12.97	3.4	1	
13	Brianne Denn	Valley Heights	13.21	3.4	1	
14	Madeline Aarts	St. Mary's Dcvi	13.28	3.4	1	
15	Charlotte Kitchener	Brantford	13.37	5.0	2	
16	Martine Koestel	Centennial	13.79	5.0	2	

Women 80 Meter Hurdles Junior

=====					
West Region: * 11.01		1998	Jessica ZELINKA / London-Banting		
Name	Year	School	Finals	Wind	
=====					

Finals

1	Bella Efremenko	Cameron Heights	11.90	2.0
2	Jasmine Hurst	General Amherst	12.06	2.0
3	Tiffany Hannam	Banting, Sir F.	12.15	2.0
4	Hayley Howes	Vincent Massey	12.51	2.0
5	Emily McKay	Wci	12.54	2.0
6	Brooke Henderson	Banting, Sir F.	12.56	2.0
7	Emily Campbell	Lambton Central	12.69	2.0
8	Robyn Gruninger	Banting, Sir F.	12.99	2.0

Women 300 Meter Hurdles Junior

=====					
West Region: * 41.78		1994	Nadia SCHMEIDT / London-John Paul II		
Name	Year	School	Finals	H#	
=====					

1	Bella Efremenko	Cameron Heights	45.42	2
2	Shae-Lyn MacIsaac	Brennan, F.J.	47.01	2
3	Robyn Gruninger	Banting, Sir F.	47.15	2
4	Kianna Shepley	Chatham-Kent	47.95	2
5	Jasmine Hurst	General Amherst	48.39	2
6	Kiana Chin	Huron Heights	48.41	2
7	Georgia Auger	Northern- Sarnia	48.68	2
8	Madeline Aarts	St. Mary's Dcvi	48.68	1
9	Aleah Marton	General Amherst	48.87	2
10	Samantha Leigh	Centennial	49.59	1
11	Eartha Phorson	Kincardine	50.01	1
12	Brooke Henderson	Banting, Sir F.	51.74	1
13	Serena Stewart	Strathroy D C I	52.11	1
14	Jaslynn Forster	Medway	52.73	1
15	Ashley Hoffer	Guelph	54.03	1

Women 4x100 Meter Relay Junior

=====				
West Region: * 49.80		2006	LONDON - BANTING	
		K. Law,M.Harris,B.Rausch,S.Malek		
School			Finals	H#
=====				
1	Vincent Massey - Windsor	'A'	50.97	2
2	Centennial - Guelph	'B'	51.18	2
3	Sir Frederick Banting - London	'A'	51.28	2
4	Northern - Sarnia	'A'	51.82	2

5	Sandwich - Windsor	'A'	52.00	2
6	Catholic Central - London	'A'	52.36	1
7	Assumption College - Brantford	'A'	52.41	2
8	Saunders - London	'A'	52.66	1
9	St.Thomas Aquinas - London	'A'	52.85	1
10	Waterloo Collegiate Institute	'A'	53.07	2
11	Mother Teresa - London	'A'	53.11	2
12	St Thomas of Villanova-Lasalle	'A'	53.57	1
13	Sir John A Macdonald SS	'A'	54.00	1
14	Guelph - Guelph	'A'	54.35	1
15	Jacob Hespeler - Cambridge	'A'	54.39	1
16	Lambton Central - Petrolia	'A'	54.82	1

Women High Jump Junior

=====				
West Region: * 1.77m 1985 Catherine BOND / Woodstock CI				
Name		Year	School	Finals
=====				
1	Gabby Marton		North Park	1.59m
2	Ashley Wheeler		Stratford Centra	1.56m
3	Emily McKay		Wci	1.50m
4	Brooke Henderson		Banting, Sir F.	1.45m
5	Anka Enache		St.Thomas	J1.45m
6	Filipa Leteo		Holy Trinity	J1.45m
7	Kirsten Neuteboom		Grey Highlands	J1.45m
8	Valerie Westerhout		Central Huron	1.40m
8	Alyssa Schiedel		Cameron Heights	1.40m
8	Jaimee Clarke		South Huron	1.40m
11	Alison VanderWal		London Christian	J1.40m
11	Hannah Dudley		Sandwich	J1.40m
11	Onaope Egbedeyi-Emmanuel		Vincent Massey	J1.40m
11	Anastasia Maslak		Ursuline College	J1.40m
15	Lyssa Kelly		Assumption-Brant	J1.40m
16	Jessica Shaw		Northern- Sarnia	1.35m

Jump Off-1st
Jump Off - 2nd
Jump Off - 3rd

Women Pole Vault Junior

=====				
West Region: * 3.70m 28/05/2010 Alysha Newman, Mother Teresa				
Name		Year	School	Finals
=====				
1	Anna Larsson		Macdonald, J.A.	3.10m
2	Abbey Bibbings		Oakridge	2.65m
3	Shannon Ferguson		Sandwich	2.55m
4	Jennifer Lorentz		Macdonald, J.A.	2.45m
5	Reena Francis		Vincent Massey	J2.45m
6	Bella Efremenko		Cameron Heights	J2.45m
7	Anastasia Maslak		Ursuline College	2.35m
8	Michalia Walls		Saunders	J2.35m
9	Jordynn Diebold		St.Thomas Aquina	2.20m
10	Tiffany Graff		Goderich	2.00m
10	Megan Stephens		Kingsville	2.00m
10	Kimberly Miller		Holy Names	2.00m
10	Lydia Heuving		Lord Dorchester	2.00m
14	Alyssa Schiedel		Cameron Heights	J2.00m

Women Long Jump Junior

=====

West Region: * 5.76m 1981

Tina LETOURNEAU / Windsor-Brennan

Name	Year	School	Finals	Wind
1 Courtney Wright		Jacob Hespeler	5.29m	1.1
2 Clare Thompson		Ursuline College	5.02m	2.1
3 Jenna McCurdy		Assumption-Brant	4.89m	2.5
4 Leka Sodade		Holy Names	4.85m	1.3
5 Serena Hunt		Kingsville	4.81m	3.3
6 Sydney Wilson		Guelph	4.74m	2.4
7 Logan Weigel		Centennial	4.73m	3.9
8 Emily McCurdy		Assumption-Brant	4.72m	1.8
9 Elyse Balfour		Glencoe	4.70m	2.0
10 Emily McKay		Wci	4.69m	2.6
11 Sydney Wootton		Saunders	4.64m	3.5
12 Paiten Stephens		Kingsville	4.60m	1.2
13 Sarah France		Banting, Sir F.	4.52m	4.5
14 Olivia Valiquette		St. Michael	4.39m	1.9
15 Alison VanderWal		London Christian	3.93m	2.4
-- Leah Panek		Sandwich	FOUL	

Women Triple Jump Junior

West Region: * 11.94m 1995

Monique HAAN / London Christian

Name	Year	School	Finals	Wind
1 Courtney Wright		Jacob Hespeler	11.48m	2.8
2 Anastasia Maslak		Ursuline College	11.10m	4.5
3 Anna Larsson		Macdonald, J.A.	10.89m	4.9
4 Serena Hunt		Kingsville	10.74m	4.1
5 Elyse Balfour		Glencoe	10.70m	2.2
6 Leah Panek		Sandwich	10.54m	3.4
7 Jenna McCurdy		Assumption-Brant	10.45m	4.3
8 Jennifer Lorentz		Macdonald, J.A.	10.35m	2.6
9 Sydney Wootton		Saunders	10.26m	2.5
10 Leka Sodade		Holy Names	10.21m	1.0
10 Ashlin Taylor		Oakridge	10.21m	2.7
12 Taya Schipprack		Grey Highlands	10.17m	6.0
13 Georgia Auger		Northern- Sarnia	10.15m	4.2
14 Samantha Lanooy		London Central	10.04m	3.3
15 Kiana Chin		Huron Heights	10.00m	4.4
16 Sarah France		Banting, Sir F.	9.93m	4.5

Women Shot Put Junior

West Region: * 13.30m 1981

Liz POLYAK / Brantford - North Park

Name	Year	School	Finals
1 Savannah LaRouche		Assumption-Brant	11.43m
2 Christina Hertner		Lord Dorchester	10.39m
3 Achiana Okutinyang		Sandwich	9.85m
4 Alicia Babbage		Laurier, Sir W.	9.80m
5 Kyra Ridgewell		Erin	9.66m
6 Tessa Mallough		Mother Teresa	9.47m
7 Emily Campbell		Lambton Central	9.33m
8 Baljot Deol		Vista Academy	9.31m
9 Harlee Jantzi		Stratford Centra	9.04m
10 Tory Harshman		St. Mary's (Os)	8.90m

11	Steisha Horneman	Paincourt	8.40m
12	Calynn Claus	Delhi	8.13m
13	Jessica Bryce	Lambton Central	8.02m
14	Nicole Katerberg	Listowel	7.95m
15	Marlowe Schott	Elmira	7.22m

Women Discus Throw Junior

=====			
West Region: *		44.24m	1981
		Liz POLYAK / Brantford-North Park	
Name	Year	School	Finals
=====			
1	Savannah LaRouche	Assumption-Brant	32.81m
2	Jory Fulcher	Lambton Central	28.73m
3	Jamie Simpson	Stratford NW	28.47m
4	Christina Hertner	Lord Dorchester	28.30m
5	Stephanie Milling	St.Joe's-Windsor	27.61m
6	Harlee Jantzi	Stratford Centra	25.25m
7	Sydney Jones	Elmira	22.41m
8	Kendra Harold	Bluevale	22.28m
9	Tierney Probert	Vista Academy	22.11m
10	Kyra Ridgewell	Erin	21.48m
11	Amy Smith	St. Christopher	21.24m
12	Adrianna Bitterswyk	Johnson, P.	21.14m
13	Jordan Milos	St. Christopher	20.87m
14	Jaime Simons	St. David	20.54m
15	Shay Currah	St. Michael	20.47m
16	Rebecca Lencz	Holy Cross	17.49m

Women Javelin Throw Junior

=====			
West Region: *		48.84m	1989
		Margaret GRIFFITHS / Windsor-Brennan	
Name	Year	School	Finals
=====			
1	Madeline McCloskey	Essex	36.50m
2	Floritia Avina	Ursuline College	31.48m
3	Tory Harshman	St. Mary's (Os)	31.12m
4	Anna Larsson	Macdonald, J.A.	31.02m
5	Cianna Bechard	Chatham-Kent	30.56m
6	Kaela Collin	Lord Dorchester	30.51m
7	Christina Hertner	Lord Dorchester	30.46m
8	Lauren Eastman	Stratford NW	30.24m
9	Kirstin Hofstee	Woodland Christi	28.82m
9	Taylor Parnham	Lambton Central	28.82m
11	Sydney Jones	Elmira	28.71m
12	Marlowe Schott	Elmira	28.05m
13	Jamie Simpson	Stratford NW	27.62m
14	Rachel McDougall	Stratford NW	26.91m
15	Kendra Harold	Bluevale	26.70m

Women 100 Meter Senior

=====			
West Region: *		11.89	27/05/2011
		Jellisa Westney, St. Benedict	
Name	Year	School	Prelims Wind H#
=====			
Preliminaries			
1	Tegan Sauer	Forest Heights	12.29Q 3.8 2
2	Marissa Kurtimah	Guelph	12.46Q 2.3 1

3	McKayla Eves	Lambton Central	12.38Q	3.8	2
4	Jade Griffiths	Maranatha Christ	12.68Q	2.3	1
5	Amy O'Donnell	C.C.H. - London	12.44Q	3.8	2
6	Mikeisha Bobb	Laurier, Sir W.	12.71Q	2.3	1
7	Samantha Brosseau	C.C.H. - Windsor	12.58q	3.8	2
8	Anne Gauthier	Wci	12.72q	3.8	2
9	Kelsi Darmon	Centr Wellington	12.82	2.3	1
10	Danica Sawicki	London South	12.86	2.3	1
11	Rachel Wolfs	Holy Cross	12.89	2.3	1
12	Jada Akins	Sandwich	12.90	2.3	1
13	Jallandra Warden	St.Joe's-Windsor	12.92	3.8	2
14	Stephanie Yantz	Bluevale	13.14	2.3	1
15	Elizabeth Barbon	Mother Teresa	13.17	3.8	2

Women 100 Meter Senior

=====

West Region: * 11.89 27/05/2011 Jellisa Westney, St. Benedict

Name	Year	School	Finals	Wind
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=====

Finals

1	Marissa Kurtimah	Guelph	12.13	4.2
2	Tegan Sauer	Forest Heights	12.21	4.2
3	McKayla Eves	Lambton Central	12.52	4.2
4	Jade Griffiths	Maranatha Christ	12.57	4.2
5	Amy O'Donnell	C.C.H. - London	12.59	4.2
6	Anne Gauthier	Wci	12.70	4.2
7	Samantha Brosseau	C.C.H. - Windsor	12.71	4.2
8	Mikeisha Bobb	Laurier, Sir W.	12.76	4.2

Women 200 Meter Senior

=====

West Region: * 24.29 02/06/2012 Marissa Kurtimah, Guelph

Name	Year	School	Prelims	Wind	H#
------	------	--------	---------	------	----

=====

Preliminaries

1	Nicole Settingington	Oakridge	25.41Q	1.9	2	
2	Marissa Kurtimah	Guelph	25.82Q	1.3	1	25.815
3	Alison Fraser	Ross, John F.	25.75Q	1.9	2	
4	Lexi Aitken	St. Anne-Clinton	25.82Q	1.3	1	25.817
5	Katie Sieling	Macdonald, J.A.	26.16Q	1.9	2	26.154
6	Madison Dalley	Belle River	26.16Q	1.3	1	26.158
7	Michelle Reddy	St. Christopher	26.16q	1.9	2	26.158
8	Sierra Wolfe	Essex	26.33q	1.3	1	
9	McKayla Eves	Lambton Central	26.41	1.3	1	
10	Monica Januszek	St.Mary's-Kitche	26.43	1.3	1	
11	Emily Bowerman	Ross, John F.	26.46	1.9	2	
12	Elizabeth Barbon	Mother Teresa	26.47	1.9	2	
13	Jada Akins	Sandwich	26.50	1.9	2	
14	Tegan Sauer	Forest Heights	26.76	1.3	1	
15	Amy O'Donnell	C.C.H. - London	26.83	1.3	1	

Women 200 Meter Senior

=====

West Region: * 24.29 02/06/2012 Marissa Kurtimah, Guelph

Name	Year	School	Finals	Wind
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=====

Finals

1 Lexi Aitken	St. Anne-Clinton	25.28	2.8
2 Marissa Kurtimah	Guelph	25.37	2.8
3 Alison Fraser	Ross, John F.	25.57	2.8
4 Madison Dalley	Belle River	25.65	2.8
5 Katie Sieling	Macdonald, J.A.	25.76	2.8
6 Sierra Wolfe	Essex	26.03	2.8
7 Michelle Reddy	St. Christopher	26.17	2.8
-- Nicole Settrington	Oakridge	DQ	2.8 Rule 163.3

Women 400 Meter Senior

=====			
West Region: * 55.02 1985 Nadia SCHMEIDT / London-J.Paul II			
Name	Year School	Finals	H#
=====			
1 Sierra Wolfe	Essex	57.02	2
2 Alison Fraser	Ross, John F.	57.29	2
3 Stephanie Scane	Kennedy, Hon.W.C	57.90	2
4 Elizabeth Barbon	Mother Teresa	58.34	2
5 Madison Dalley	Belle River	58.48	1
6 Paiton Del Monte	Vincent Massey	59.08	2
7 Ivy Coulis	St. David	59.39	1
8 Stephanie Shaw	Centr Wellington	59.51	1
9 Morgan Hendriks	Lord Dorchester	59.71	2
10 Steffie Smith	Montcalm	1:00.87	2
11 Ashley Hosker	Bishop MacDonnel	1:01.52	1
12 Danielle Casavecchia	C.C.H. - London	1:01.82	1
13 Danielle Grasman	London Christian	1:01.88	1
14 Amber Bechard	St. Anne-Windsor	1:01.97	2
15 Monica Sanago	Centennial	1:02.55	1
16 Delia Dragomir	Cameron Heights	1:05.24	1

Women 800 Meter Run Senior

=====			
West Region: * 2:09.88 2008 Jessica PARRY, Catholic Central London			
Name	Year School	Finals	
=====			
1 Jaimie Phelan	St.Mary's-Kitche	2:14.35	
2 Ellen Diemert	West Hill	2:14.95	
3 Cozette Collin	Assumption-Brant	2:16.79	
4 Paiton Del Monte	Vincent Massey	2:17.65	
5 Sarah Spottiswood	Montcalm	2:18.26	
6 Morgan Hendriks	Lord Dorchester	2:19.56	
7 Michelle Reddy	St. Christopher	2:21.39	
8 Samara Collin	Assumption-Brant	2:23.58	
9 Olivia Scagnetto	St.Mary's-Kitche	2:24.83	
10 Nicki Parkes	St. Christopher	2:25.39	
11 Brianna Dolderman	Centr Wellington	2:26.37	
12 Miriam Vanmeurs	Stratford NW	2:27.17	
13 Carlie Trombley	Holy Names	2:28.24	
14 Marissa Ukos	Huron Park	2:30.98	
15 Ashley Bickle	Woodstock CI	2:31.65	

Women 1500 Meter Run Senior

=====			
West Region: * 4:26.66 2008 Jessica PARRY, Catholic Cenral London			
Name	Year School	Finals	
=====			

1	Jaimie Phelan	St.Mary's-Kitche	4:40.02
2	Cozette Collin	Assumption-Brant	4:42.43
3	Cheyenne Hunter	Kincardine	4:44.59
4	Sarah Wismer	Centennial	4:46.02
5	Ashley Bracci	Vincent Massey	4:53.41
6	Marissa Ukos	Huron Park	4:55.66
7	Maleah Marquis	Lucas, A.B.	4:57.57
8	Madalyn Ruby	Huron Park	4:59.30
9	Katie Matthews	Strathroy D C I	5:00.01
10	Olivia Scagnetto	St.Mary's-Kitche	5:00.04
11	Allison Deery	St. Christopher	5:00.37
12	Mariel Flutters	Lord Dorchester	5:01.90
13	Jazmin Martin	Belle River	5:02.77
14	Nicki Parkes	St. Christopher	5:10.32
15	Emily Williams	North Lambton	5:13.56

Women 3000 Meter Run Senior

=====			
West Region: * 9:39.9h 1992 Kathy BUTLER / Waterloo CI			
Name	Year	School	Finals
=====			
1	Hilary Stafford	St.Thomas Aquina	10:16.29
2	Sarah Wismer	Centennial	10:33.77
3	Jordyn Visscher	Woodland Christi	10:35.63
4	Alysaa Bolliger	Lady of Lourdes	10:36.33
5	Cheyenne Hunter	Kincardine	10:37.07
6	Ashley Bracci	Vincent Massey	10:46.33
7	Olivia Little	Vincent Massey	10:53.50
8	Katie Matthews	Strathroy D C I	10:55.00
9	Maleah Marquis	Lucas, A.B.	10:57.68
10	Mariel Flutters	Lord Dorchester	10:59.75
11	Jazmin Martin	Belle River	11:02.72
12	Lauren Fisico	Sandwich	11:07.17
13	Allison Deery	St. Christopher	11:11.47
14	Madalyn Ruby	Huron Park	11:20.19
15	Grace Gany	St.Mary's-Kitche	11:26.19
16	Karlie Dolderman	Centr Wellington	11:44.95

Women 100 Meter Hurdles Senior

=====					
West Region: * 13.15 2000 Jessica ZELINKA / London-Banting					
Name	Year	School	Prelims	Wind	H#
=====					
Preliminaries					
1	Nicole Setterington	Oakridge	13.55Q	2.4	1
2	Lexi Aitken	St. Anne-Clinton	13.66Q	2.8	2
3	Cassidy Crowe	Northern- Sarnia	14.29Q	2.4	1
4	Micaela McLean	Huron Heights	14.42Q	2.8	2
5	Megan Parsons	Huron Heights	14.33Q	2.4	1
6	Emily Bowerman	Ross, John F.	14.54Q	2.8	2
7	Bailey Penney	Riverside	14.64q	2.8	2
8	Rachel Wolfs	Holy Cross	14.66q	2.4	1
9	Anique Daley	McGregor, John	14.72	2.8	2
10	Rheanna Bulten	Preston	14.73	2.4	1
11	Mikeisha Bobb	Laurier, Sir W.	14.78	2.8	2
12	Olivia Lyons	St.Thomas Aquina	15.05	2.4	1
13	Samantha Brosseau	C.C.H. - Windsor	15.51	2.4	1

14 Taylor Ross	Essex	16.11	2.8	2
15 Katie Whyte	Ross, John F.	17.22	2.8	2
16 Julia Frey	Huron Heights	26.52	2.4	1

Women 100 Meter Hurdles Senior

=====				
West Region: * 13.15		2000	Jessica ZELINKA / London-Banting	
Name	Year	School	Finals	Wind
=====				

Finals

1 Nicole Setterington	Oakridge	13.56	3.1
2 Lexi Aitken	St. Anne-Clinton	13.95	3.1
3 Cassidy Crowe	Northern- Sarnia	14.32	3.1
4 Micaela McLean	Huron Heights	14.41	3.1
5 Megan Parsons	Huron Heights	14.47	3.1
6 Emily Bowerman	Ross, John F.	14.64	3.1
7 Rachel Wolfs	Holy Cross	14.84	3.1

Women 400 Meter Hurdles Senior

=====				
West Region: * 58.03		1995	Nadia SCHMEIDT / London-John Paul II	
Name	Year	School	Finals	H#
=====				

1 Lexi Aitken	St. Anne-Clinton	1:00.01	2
2 Cassidy Crowe	Northern- Sarnia	1:03.35	2
3 Ivy Coulis	St. David	1:03.52	2
4 Stephanie Shaw	Centr Wellington	1:03.71	2
5 Anique Daley	McGregor, John	1:03.81	2
6 Stephanie Scane	Kennedy, Hon.W.C	1:04.55	1
7 Rheanna Bulten	Preston	1:04.75	2
8 Brianna Dolderman	Centr Wellington	1:06.24	1
9 Carolyn Adams	Lucas, A.B.	1:06.69	1
10 Danielle Grasman	London Christian	1:07.88	1
11 Megan Parsons	Huron Heights	1:08.15	2
12 Olivia Lyons	St.Thomas Aquina	1:08.51	1
13 Olivia Lane	Bishop MacDonnel	1:09.04	1
14 Sierra Wolfe	Essex	1:09.79	2
15 Amber Bechard	St. Anne-Windsor	1:12.01	1
16 Sara Grzywnowicz	Mother Teresa	1:14.93	1

Women 4x100 Meter Relay Senior

=====				
West Region: * 48.73		2000	LONDON-BANTING	
School			Finals	H#
=====				

1 Catholic Central - London	'A'	49.58	2
2 Essex - Essex	'A'	50.22	2
3 Centre Wellington - Fergus	'A'	50.75	2
4 Belle River - Belle River	'A'	50.91	1
5 St. Anne's - Clinton	'A'	50.93	1
6 John F. Ross - Guelph	'A'	50.98	1
7 Lambton Central - Petrolia	'A'	51.02	2
8 Holy Trinity - Simcoe	'A'	51.03	2
9 Resurrection - Kitchener	'A'	51.18	2
10 Northern - Sarnia	'A'	51.40	2
11 Sandwich - Windsor	'A'	51.46	1
12 Huron Heights - Kitchener	'A'	52.21	1

13	Mother Teresa - London	'A'	53.36	1	
14	Huron Park - Woodstock	'A'	53.52	1	
15	Lord Dorchester - Dorchester	'A'	54.70	1	
--	St. Mary's - Kitchener	'A'	DQ	2	outside exch 2

Women High Jump Senior

West Region: * 1.78m 1986 Catherine BOND / Woodstock CI			
Name	Year	School	Finals
1 Carolyn Adams		Lucas, A.B.	1.71m
2 Alyssa Bickle		Woodstock CI	1.65m
3 Ali Baker		Mother Teresa	J1.65m
4 Celina Decarolis		Holy Trinity	1.60m
5 Melissa Stapleton		Centre Dufferin	J1.60m
6 Leah Hutchison		Madill, F.E.	J1.60m
7 Ashlyn Beckman		Galt	J1.60m
8 Alexa James-Ashkewe		St. James	1.55m
9 Jess Authier		Macdonald, J.A.	J1.55m
10 Erin Katerberg		Listowel	1.50m
11 Leslie Campbell		Simcoe	J1.50m
12 Emily Dodman		Chatham-Kent	J1.50m
13 Meighan Boyd		St. Anne-Windsor	J1.50m
14 Maddie Green		Chatham-Kent	1.45m
15 Emelia Unsworth		Lambton Central	J1.45m
16 Kyla MacDougall		St.Joe's-Windsor	J1.45m

Women Pole Vault Senior

West Region: * 3.91m 28/05/2011 Alysha Newman, Mother Teresa			
Name	Year	School	Finals
1 Emily Loebach		Sandwich	3.40m
2 Ashley Stoyanovich		St.Thomas Aquina	3.10m
3 Kaitlyn Prettli		Sandwich	2.85m
4 Jessica Simpson		Regina Mundi	J2.85m
5 Mallory Chamberlain		Saunders	J2.85m
6 Jess Authier		Macdonald, J.A.	2.70m
7 Holly Rae		Orangeville	J2.70m
8 Andrea Limburg		St.Thomas Aquina	2.55m
9 Nadya Morrow		St. Anne-Windsor	J2.55m
10 Rheanna Bulten		Preston	J2.55m
11 Lisa Rutherford		Macdonald, J.A.	2.40m
12 Denise Mirza		St. Anne-Windsor	2.20m
13 Lisa Henderson		Huron Park	J2.20m
14 Aerin Venema		Macdonald, J.A.	2.00m
15 Britni Stephens		Essex	J2.00m

Women Long Jump Senior

West Region: * 5.92m 1996		Laura WESSELING / Delhi		
Name	Year	School	Finals	Wind
=====				
1	Celina Decarolis	Holy Trinity	5.68m	5.0
2	Danielle Quinn	St. Christopher	5.47m	2.8
3	Danica Sawicki	London South	5.24m	2.3
4	Megan Baker	Mother Teresa	5.22m	2.9

5	Breanne Nicholas	Blenheim	5.17m	3.4
6	Julie Ann Milling	Woodstock CI	5.03m	3.1
7	Natalie Coughlin	Sandwich	4.98m	1.3
8	Bailey Sprout	Resurrection	4.90m	2.4
9	Searra Spadafora	Holy Names	4.84m	4.8
10	Olivia Lyons	St.Thomas Aquina	4.81m	3.2
11	Carly Steer	Holy Names	4.64m	3.5
12	Stephanie West	Orangeville	4.63m	3.7
13	Micaela McLean	Huron Heights	4.62m	4.7
14	Naomi van Stuyvenberg	Madill, F.E.	4.55m	3.0
15	Sarah McCabe	St. James	4.46m	5.6

Women Triple Jump Senior

=====				
West Region: * 12.11m 1996		Monique HAAN / London Christian		
Name	Year	School	Finals	Wind
=====				
1	Angela Mercurio	St.Mary's-Kitche	12.00m	1.0
2	Danielle Quinn	St. Christopher	11.68m	4.0
3	Courtney Brugger	Jacob Hespeler	10.73m	0.7
4	Leah De los Santos	Cameron Heights	10.63m	3.1
5	Stephanie Prail	Ursuline College	10.51m	2.8
6	Kelsie Eadie	Madill, F.E.	10.46m	2.2
6	Searra Spadafora	Holy Names	10.46m	1.8
8	Jessica Simpson	Regina Mundi	10.41m	1.6
9	Kaitlyn Prettli	Sandwich	10.15m	1.1
10	Jenelle Scoyne	Simcoe	9.99m	1.4
11	Fatou Bangoura	Mother Teresa	9.91m	2.0
12	Courtney Harley	Southwood	9.84m	1.7
13	Megan Baker	Mother Teresa	9.82m	2.6
14	Ali Baker	Mother Teresa	9.78m	3.4
15	Meighan Boyd	St. Anne-Windsor	9.71m	5.6
16	Sarah McCabe	St. James	9.47m	2.3

Women Shot Put Senior

=====				
West Region: * 14.25m 1996		Liz TOMAN / Elmira		
Name	Year	School	Finals	
=====				
1	Kelly Gribbons	Saugeen District	12.20m	
2	Brianna Quenneville	Belle River	12.01m	
3	Brooke Hoxar	Lord Dorchester	11.89m	
4	Lauren Bohn	Lajeunesse	11.57m	
5	Brindley Jantzi	Stratford Centra	11.49m	
6	Natalie Warren	Lucas, A.B.	11.20m	
7	Alexandra Hanna	Brennan, F.J.	11.07m	
8	Beth Kester	South Huron	10.92m	
9	Brett Jutzi	Stratford NW	10.05m	
10	Alex Coyle	Sarnia	9.93m	
11	Cayla Wood	Harrow	9.90m	
12	Katie Langdon	St. Mary's (Os)	8.94m	
13	Brittany Wilson	Doyle, Mgsr.E.A.	8.76m	
14	Mercedes VanSloun	Delhi	8.31m	
15	Serena VanOmmen	Emmanuel Christi	8.29m	

Women Discus Throw Senior

=====

West Region: * 48.20m 1982 Liz POLYAK / Brantford-North Park

Name	Year	School	Finals
1 Kelly Gribbons		Saugeen District	43.59m
2 Alex Coyle		Sarnia	37.71m
3 Brindley Jantzi		Stratford Centra	37.47m
4 Brooke Hoxar		Lord Dorchester	37.45m
5 Quinn Conlon		Assumption-Winds	36.00m
6 Brett Jutzi		Stratford NW	33.96m
7 Natalie Warren		Lucas, A.B.	32.84m
8 Cayla Wood		Harrow	30.89m
9 Rebecca Wynn		General Amherst	28.81m
10 Stephanie Shepard		Huron Park	27.62m
11 Deborah Martin-Nino		Ross, John F.	27.48m
12 Alex Clodd		Orangeville	26.98m
13 Emily Ferguson		Bluevale	26.69m
14 Lauren Pizzicaroli		St. Anne-Windsor	26.57m
15 Lori Stankiewicz		Eastwood	24.15m
16 Mercedes VanSloun		Delhi	22.04m

Women Javelin Throw Senior

West Region: * 47.56m 1997 Andrea BULAT / Windsor-Brennan

Name	Year	School	Finals
1 Victoria Smith		Belle River	44.31m
2 Bailey Dell		Sandwich	42.63m
3 Jasmine Wilson		Elmira	40.77m
4 Kelly Gribbons		Saugeen District	39.57m
5 Mackenzie Sleaford		Lambton Central	39.55m
6 Stephanie Shepard		Huron Park	38.47m
7 Brooke Hoxar		Lord Dorchester	38.17m
8 Natalie Warren		Lucas, A.B.	35.12m
9 Rebecca Morrison		Erin	33.90m
10 Jordan Henry		St. Christopher	33.88m
11 Emily Nham		Montcalm	31.03m
12 Laura Drope		Northern- Sarnia	30.59m
13 Laura Vermeire		Mother Teresa	29.82m
14 Krista Wiens		Elmira	27.96m
15 Emily Bidinosti		Huron Heights	26.95m
16 Courtney Townsend		Valley Heights	26.58m

Women 1500 Meter Steeplechase Open

West Region: * 5:02.59 2009 Haley Cadwallader, Sarnia CI@TS

Name	Year	School	Finals
1 Jordyn Visscher		Woodland Christi	5:12.91
2 Alysaa Bolliger		Lady of Lourdes	5:14.08
3 Sarah Spottiswood		Montcalm	5:14.23
4 Brianna Dolderman		Centr Wellington	5:20.51
5 Ashley Bracci		Vincent Massey	5:26.97
6 Deanna Kerekes		St. Mary's Dcvi	5:34.02
7 Sarah Hesman		London Central	5:39.67
8 Lauren Holman		St. Christopher	5:40.67
9 Nicki Parkes		St. Christopher	5:42.03
10 Fiona Rocheleau		Vincent Massey	5:42.54

11	Karlie Dolderman	Centr Wellington	5:44.34
12	Emily Williams	North Lambton	5:45.55
13	Paige Parker	Ross, John F.	5:45.81
14	Mariah Fell	Mitchell	5:51.10
15	Sylvie Carruthers	Prdg	5:51.91

Women 4x400 Meter Relay Open

West Region: * 3:54.13 2008 RESURRECTION			
School		Finals	H#
1 St. Mary's - Kitchener 'A'		3:59.80	2
2 John F. Ross - Guelph 'A'		4:01.60	2
3 London Central - London 'A'		4:02.82	2
4 St. Christopher - Sarnia 'A'		4:03.61	1
5 Centennial - Guelph 'A'		4:05.04	1
6 Vincent Massey - Windsor 'A'		4:05.05	2
7 Belle River - Belle River 'A'		4:07.97	1
8 Northern - Sarnia 'A'		4:08.27	2
9 St. Anne - Windsor 'A'		4:09.60	2
10 Sir Frederick Banting - London 'A'		4:12.00	2
11 Guelph - Guelph 'A'		4:12.67	1
12 Centre Wellington - Fergus 'A'		4:13.14	2
13 Saunders - London 'A'		4:14.67	1
14 St.Thomas Aquinas - London 'A'		4:14.76	1
15 Cameron Heights - Kitchener 'A'		4:21.27	1

Women 100 Meter Blind

Name	Year School	Finals	Wind
1 Alexis Askin-Hunter	Sarnia	17.45	1.0

Women 100 Meter Ambulatory

West Region: * 15.29 28/05/2006 Joanna Edwards, MacKenzie-Sarnia			
Name	Year School	Finals	Wind
1 Sara Albers	St.Thomas Aquina	16.50	1.1
2 Madison Wilson-Walker	Lord Dorchester	16.81	1.1
3 Umme Meer	Walkerville	25.39	1.1

Men 100 Meter Midget

West Region: * 11.18 2006 Corey CRAWLEY, A.B. Lucas			
Name	Year School	Prelims	Wind H#
Preliminaries			
1 Rojae Rowe	St.Joe's-Windsor	11.42Q	3.2 1
2 Lyndon Smith	Madill, F.E.	11.74Q	2.3 2
3 Andrew Bardeau	London South	11.69Q	3.2 1
4 Daniel Panetta	Holy Names	11.76Q	2.3 2
5 Shay Williams	Regina Mundi	11.75Q	3.2 1
6 Brandon Metz	Jacob Hespeler	11.84Q	2.3 2
7 Austin Ritchie	Brennan, F.J.	11.85q	3.2 1
8 Mitch Damchuk	St. Christopher	11.86q	3.2 1
9 Brent Craig	Medway	11.88	2.3 2

10	Owen Sullivan	Holy Trinity	11.93	3.2	1
11	Cody Pauli	Mitchell	11.94	3.2	1
12	Ben Trimble	Centennial	11.97	2.3	2
13	Zachary Doxilly	Northern- Sarnia	11.97	2.3	2
14	Jordan Nichols	St. John College	11.98	2.3	2
15	Adnan Hafiz-Zadeh	Brantford	12.00	3.2	1

Men 100 Meter Midget

=====					
West Region: *		11.18	2006	Corey CRAWLEY, A.B. Lucas	
Name	Year	School	Finals	Wind	
=====					

Finals

1	Rojae Rowe	St.Joe's-Windsor	11.66	1.3	
2	Daniel Panetta	Holy Names	11.67	1.3	
3	Brandon Metz	Jacob Hespeler	11.76	1.3	
4	Lyndon Smith	Madill, F.E.	11.90	1.3	
5	Austin Ritchie	Brennan, F.J.	11.91	1.3	
6	Shay Williams	Regina Mundi	11.97	1.3	
7	Mitch Damchuk	St. Christopher	11.98	1.3	
8	Andrew Bardeau	London South	11.99	1.3	

Men 200 Meter Midget

=====					
West Region: *		22.69	1993	Andrew BECKFORD / Kitchener CI	
Name	Year	School	Prelims	Wind	H#
=====					

Preliminaries

1	Rojae Rowe	St.Joe's-Windsor	23.46Q	0.9	1
2	Reuban Balfour	Laurier, Sir W.	24.24Q	1.4	2
3	Daniel Panetta	Holy Names	24.31Q	1.4	2
4	Shay Williams	Regina Mundi	24.34Q	0.9	1
5	Jordan Nichols	St. John College	24.47Q	0.9	1
6	Malcolm Mussa	Blenheim	24.59Q	1.4	2
7	T.J. Taylor	Montcalm	24.52q	0.9	1
8	Adnan Hafiz-Zadeh	Brantford	24.69q	1.4	2
9	Brandon Metz	Jacob Hespeler	24.77	1.4	2
10	Brandon Adams	Banting, Sir F.	24.92	1.4	2
11	Brayden Houle	Lajeunesse	25.12	1.4	2
12	Brandon Marshall	Madill, F.E.	25.24	1.4	2
13	Carter Armstrong	Cameron Heights	25.26	0.9	1
14	Ben Trimble	Centennial	25.34	0.9	1
15	Jackson Wright	Lady of Lourdes	25.63	0.9	1

Men 200 Meter Midget

=====					
West Region: *		22.69	1993	Andrew BECKFORD / Kitchener CI	
Name	Year	School	Finals	Wind	
=====					

Finals

1	Rojae Rowe	St.Joe's-Windsor	23.30	4.5	
2	Shay Williams	Regina Mundi	23.81	4.5	
3	Daniel Panetta	Holy Names	24.00	4.5	
4	Reuban Balfour	Laurier, Sir W.	24.08	4.5	
5	Malcolm Mussa	Blenheim	24.21	4.5	
6	Adnan Hafiz-Zadeh	Brantford	24.42	4.5	
7	Jordan Nichols	St. John College	24.58	4.5	

8 T.J. Taylor

Montcalm

24.75

4.5

Men 400 Meter Midget

=====				
West Region: * 50.91		1994	Jeff ELLIS / Orangeville	
Name	Year	School	Finals	H#
=====				
1 Cody Pauli		Mitchell	51.38	2
2 Graeme Fisher		Vincent Massey	53.16	2
3 Ethan Dupont		St. Christopher	53.57	2
4 Liam Wilson		Orangeville	53.74	2
5 Nathaniel Aliga		C.C.H. - London	54.51	2
6 T.J. Taylor		Montcalm	54.86	2
7 Ethan Hager		Brantford	54.98	2
8 Malcolm Mussa		Blenheim	55.21	1
9 Luke Hannam		St. James	55.47	1
10 Patrick Bunko		St. James	55.57	1
11 Thomas Brown		West Hill	56.03	1
12 Ben Vander Stam		Ross, John F.	56.03	1
13 Owen Ripley		Ursuline College	56.11	1
14 Jackson White		Central Elgin	56.65	1
15 Jacob Beukeboom		C.C.H. - London	57.16	1
16 Jared Capaldi		General Amherst	57.80	2

Men 800 Meter Run Midget

=====				
West Region: * 1:55.74		1989	Kevin Sullivan/Brantford-North Park	
Name	Year	School	Finals	
=====				
1 Sandy Freeland		Bluevale	2:04.33	
2 Graeme Fisher		Vincent Massey	2:06.05	
3 Devaughn Channer		St. Benedict	2:06.88	
4 Ethan Dupont		St. Christopher	2:07.01	
5 Luke Hannam		St. James	2:09.40	
6 Ben Vander Stam		Ross, John F.	2:09.92	
7 Peter Dobson		St.Thomas Aquina	2:10.56	
8 Caleb Main		Preston	2:12.44	
9 Mitch Heyink		St. Anne-Clinton	2:12.62	
10 Jacob Radcliffe		Medway	2:12.65	
11 Liam Wilson		Orangeville	2:13.53	
12 Garrett Belanger		Riverside	2:13.68	
13 Jacob Ennis		St. Christopher	2:13.97	
14 DJ Hall		St.Thomas	2:16.43	
15 Jack Albert		C.C.H. - London	2:16.47	
16 Nathan Jeffery		Goderich	2:18.98	

Men 1500 Meter Run Midget

=====				
West Region: * 4:01.00		1989	Kevin Sullivan/Brantford-North Park	
Name	Year	School	Finals	
=====				
1 Quinn Cannella		Chatham-Kent	4:19.96	
2 Sandy Freeland		Bluevale	4:20.99	
3 Michael Coccia		Guelph	4:25.48	
4 Sean Luke		London Central	4:26.53	
5 Ethan Dupont		St. Christopher	4:26.90	
6 Mitchell Ubene		Vista Academy	4:29.01	

7	Devaughn Channer	St. Benedict	4:30.23
8	Noah Defreyne	Simcoe	4:30.60
9	Lorenzo DeFinis	Centr Wellington	4:31.02
10	Brad Sheeler	Holy Cross	4:32.06
11	Nick Orshinsky	Vista Academy	4:34.24
12	Mitch Heyink	St. Anne-Clinton	4:37.64
13	Dustin Burr	Johnson, P.	4:37.74
14	Peter Dobson	St.Thomas Aquina	4:38.87
15	Sean Ibbott	Banting, Sir F.	4:39.21
16	McInnus Henricks	Essex	4:41.34

Men 3000 Meter Run Midget

=====

West Region: * 8:47.3h 1979 Chris BREWSTER / London-Cath. Cen.

Name	Year	School	Finals
=====			
1	Quinn Cannella	Chatham-Kent	9:25.07
2	Michael Coccia	Guelph	9:32.53
3	Mitchell Ubene	Vista Academy	9:33.67
4	Brad Sheeler	Holy Cross	9:37.48
5	Noah Defreyne	Simcoe	9:38.61
6	Sean Luke	London Central	9:48.78
7	Nick Orshinsky	Vista Academy	10:04.68
8	Sean Ibbott	Banting, Sir F.	10:08.09
9	McInnus Henricks	Essex	10:16.88
10	Addison Derhak	Bluevale	10:17.35
11	Spencer La Grand	St. James	10:25.21
12	Evan Roulston	Stratford Centra	10:28.58
13	Andrew Shepherd	Cameron Heights	10:29.14
14	Joseph Hunter	Resurrection	10:30.86
15	Ryan Bell	Lambton Central	10:33.34
16	Joel Branderhorst	London Christian	11:45.76

Men 100 Meter Hurdles Midget

=====

West Region: * 13.12 1998 Paul WHITTY / London-Saunders

Name	Year	School	Prelims	Wind	H#
=====					
Preliminaries					
1	Joey Daniels	Cameron Heights	14.38Q	0.6	1
2	Felix Marchand	Chatham-Kent	14.49Q	2.9	2
3	Samuel Medeiros	St.Thomas Aquina	14.65Q	2.9	2
4	Cristian Agostini	St.Joe's-Windsor	15.30Q	0.6	1
5	David Collins	Vista Academy	15.55Q	0.6	1
6	Joe Soukphachanh	Stratford Centra	15.63Q	2.9	2
7	Patrick Stegner	Macdonald, J.A.	15.58q	0.6	1
8	Aaron Mendonca	C.C.H. - London	15.95q	2.9	2
9	Kayne Hearn	Essex	16.10	2.9	2
10	Colby Diecs	St.Joe-St.Thomas	16.13	2.9	2
11	Jack Kys	St.Thomas Aquina	16.14	0.6	1
12	Alten Wilmot	Grand River	16.22	2.9	2
13	Johnathon Taylor	Vista Academy	16.34	0.6	1
14	Marcus Friedel	Wci	16.46	0.6	1
15	Brett Kasza	Guelph	16.64	0.6	1
16	Ryan Dooley	Resurrection	17.74	2.9	2

Men 100 Meter Hurdles Midget

=====				
West Region: * 13.12 1998		Paul WHITTY / London-Saunders		
Name	Year	School	Finals	Wind
=====				
Finals				
1	Joey Daniels	Cameron Heights	14.09	2.2
2	Samuel Medeiros	St.Thomas Aquina	14.82	2.2
3	Felix Marchand	Chatham-Kent	15.02	2.2
4	David Collins	Vista Academy	15.05	2.2
5	Cristian Agostini	St.Joe's-Windsor	15.17	2.2
6	Joe Soukphachanh	Stratford Centra	15.30	2.2
7	Patrick Stegner	Macdonald, J.A.	15.38	2.2
8	Aaron Mendonca	C.C.H. - London	16.01	2.2

Men 300 Meter Hurdles Midget

=====				
West Region: * 40.41 28/05/2005		Jeremy Gibbons, Herman		
Name	Year	School	Finals	H#
=====				
1	Cody Pauli	Mitchell	42.00	2
2	Felix Marchand	Chatham-Kent	42.86	2
3	David Collins	Vista Academy	43.33	2
4	Lyndon Smith	Madill, F.E.	43.71	2
5	Aiden Jones	Wci	43.74	2
6	Carter Armstrong	Cameron Heights	43.75	2
7	Alexei Halliday	St.Thomas Aquina	44.27	1
8	Claudiu Cretu	Mother Teresa	44.58	1
9	Cristian Agostini	St.Joe's-Windsor	45.49	2
10	Johnathon Taylor	Vista Academy	46.03	1
11	Devyn Onyschuk	Central Elgin	47.22	1
12	Cameron Stewart	North Lambton	47.59	1
13	Dillon Lever	Assumption-Brant	48.11	1
14	Jonathan Butler	Holy Trinity	49.97	1
15	Evyn Sherman	Delhi	49.99	1

Men 4x100 Meter Relay Midget

=====				
West Region: * 45.37 2002		LASALLE-VILLANOVA		
School			Finals	H#
=====				
1	F.J. Brennan - Windsor	'A'	46.92	2
2	St. Joseph's - Windsor	'A'	47.00	2
3	St.Thomas Aquinas - London	'A'	47.29	2
4	Catholic Central - London	'A'	47.54	1
5	W. F. Herman - Windsor	'A'	48.15	2
6	Jacob Hespeler - Cambridge	'A'	48.33	2
7	Centennial - Guelph	'A'	48.39	2
8	Sandwich - Windsor	'A'	48.43	1
9	Strathroy - Strathroy	'A'	48.45	1
10	Brantford - Brantford	'A'	48.64	2
11	General Amherst - Amherstburg	'A'	48.96	1
12	Medway - Arva	'A'	49.91	1
13	St. James - Guelph	'A'	50.65	1
--	Kitchener Waterloo - Kitchener	'A'	DQ	1 outside exch 2
--	Sir John A Macdonald SS	'A'	DQ	2 ouside exch 1

Men High Jump Midget

=====				
West Region: * 1.90m 02/06/2007 Branden Wilhelm, Woodstock				
Name	Year	School	Finals	
=====				
1 Sebastian Smith		Northern- Sarnia	1.75m	
2 Vincent Carriere		John Paul II	1.72m	
3 Jordan Friesen		Simcoe	1.67m	
4 Scott Springer		St. David	J1.67m	Jump Off -1st
5 Marcus Cooper		Holy Names	J1.67m	Jump Off- 2nd
6 Wyatt Jones		Walkerton	J1.67m	
7 James Tyler		North Lambton	J1.67m	
8 Nick Christopher		St.Thomas Aquina	1.62m	
9 Ethan Hager		Brantford	J1.62m	
10 Jack Kys		St.Thomas Aquina	J1.62m	
11 Hunter Beaudry		Holy Cross	J1.62m	
12 Adam Raszmann		St. David	1.57m	
13 Scott McGee		Holy Names	J1.57m	
14 Josh Garant		St. Anne-Windsor	J1.57m	
15 Reuben Haklander		London Christian	J1.57m	
16 Sam McCuaig		Grand River	1.52m	

Men Pole Vault Midget

=====				
West Region: * 3.80m 1997 Frank KLUNDERT / Cardinal Carter				
Name	Year	School	Finals	
=====				
1 Nick Christopher		St.Thomas Aquina	3.15m	
2 Sam Knechtel		Stratford NW	2.95m	
3 Christopher Wahl		Jacob Hespeler	2.80m	
4 Brian Anderson		Oakridge	J2.80m	
5 Han Xie		Cameron Heights	J2.80m	
6 Brett Page		Saunders	J2.80m	
7 Nicolas Nadeau		Brantford	J2.80m	
8 Jamie Steckley		Stratford NW	2.65m	
9 Jordan Lupas		St. Anne-Windsor	J2.65m	
10 Austin Lam		Cameron Heights	2.50m	
11 Jack Carere		Resurrection	J2.50m	
12 Ruan Smit		Kingsville	2.35m	
13 Andreas Kempf		Macdonald, J.A.	2.20m	
14 Matthew Brockman		St. Anne-Windsor	J2.20m	

Men Long Jump Midget

=====				
West Region: * 6.67m 1979 Ken BERRY / London-Laurier				
Name	Year	School	Finals	Wind
=====				
1 Marcus Cooper		Holy Names	5.93m	3.3
2 Sebastian Smith		Northern- Sarnia	5.89m	2.2
3 Rylee Preston		Laurier, Sir W.	5.55m	7.5
4 Nicholas Cook		Medway	5.46m	3.3
5 Josh Ralph		Chatham-Kent	5.39m	1.4
6 Trent Sinden		Glendale	5.37m	3.2
7 Sam McCuaig		Grand River	5.34m	3.8
8 Eric Lau		Assumption-Winds	5.31m	4.8
9 Ryan MacLeod		Holy Trinity	5.30m	5.6
9 Nick Christopher		St.Thomas Aquina	5.30m	4.0
11 Ethan Richards		Macdonald, J.A.	5.27m	4.7

12	Charlie Birkett	Centennial	5.22m	3.9
13	Mitch Damchuk	St. Christopher	5.08m	2.2
14	Ethan Sloan	Huron Heights	4.99m	2.6
--	Cody Fisher	Strathroy D C I	FOUL	

Men Triple Jump Midget

=====				
West Region: * 13.78m		1994	Kriss PETERSON / LaSalle-Sandwich	
Name	Year	School	Finals	Wind
=====				
1	James Tyler	North Lambton	12.30m	3.2
2	Sebastian Smith	Northern- Sarnia	12.03m	2.0
3	Marcus Cooper	Holy Names	12.02m	-0.4
4	David O'Kot	Kitchener Waterl	11.85m	2.2
5	Sam Cokes	St. Clair	11.59m	-0.5
6	Sam Straatsma	London Christian	11.51m	-0.3
7	Pierce Johnson	Chatham-Kent	11.46m	2.4
8	Ethan Hager	Brantford	11.43m	-0.3
9	Kalique Dzidah	Regina Mundi	11.37m	1.2
10	Nicholas Cook	Medway	11.29m	0.7
10	Joe Soukphachanh	Stratford Centra	11.29m	-0.5
12	Keith McAllister	Huron Park	11.06m	1.9
13	Jordan Nichols	St. John College	11.02m	1.9
14	Jake Vanbesien	Delhi	10.90m	3.4
15	Patrick Stegner	Macdonald, J.A.	10.80m	1.1

Men Shot Put Midget

=====				
West Region: * 18.23m		1982	Dave CROMBEEN / Sarnia-St. Patrick's	
Name	Year	School	Finals	
=====				
1	Ethan Carleton	ES L'Esson	13.92m	
2	Fletcher Smith	Belle River	13.78m	
3	Devon Steckle	South Huron	13.21m	
4	Ty Kilburn	Westside	13.02m	
5	Collin Hedges	Harrow	12.74m	
6	Mike Potton	Erin	12.45m	
7	Austin Henry	Brantford	12.31m	
8	Matthew Roffel	London Christian	12.01m	
9	George Vitsentzatos	Lucas, A.B.	11.90m	
10	Ryan Chambers	Holy Trinity	11.69m	
11	Colton Fountain	St. Michael	11.66m	
12	Hayden Gould	Lambton Central	11.59m	
13	Brock Redford	Chatham-Kent	11.44m	
14	Braedyn Aubin	Woodstock CI	11.41m	

Men Discus Throw Midget

=====				
West Region: * 55.14m		2002	Joe POCOCK/Windsor	
Name	Year	School	Finals	
=====				
1	Mark Bujnowski	Holy Cross	42.23m	
2	Ben Drummond	Bluevale	42.11m	
3	George Vitsentzatos	Lucas, A.B.	40.53m	
4	Zach Riddell	General Amherst	39.67m	
5	Hayden Gould	Lambton Central	39.38m	
6	Brock Redford	Chatham-Kent	38.64m	

7	Braedyn Aubin	Woodstock CI	37.16m
8	Austin Doyle	Vista Academy	36.00m
9	Aaron Gebhardt	Walkerton	34.43m
10	Kyle Simms	Medway	32.61m
11	Mike Potton	Erin	31.19m
12	Aaron Jacobs	St.Joe's-Windsor	29.29m
13	Alton Howard	Beal, H.B.	27.65m
14	Cole Nijenhuis	Emmanuel Christi	24.93m
15	Austin Henry	Brantford	22.80m

Men Javelin Throw Midget

=====			
West Region: * 61.70m 1982		Dave CROMBEEN / Sarnia-St. Patrick's	
Name	Year	School	Finals
=====			
1	Fletcher Smith	Belle River	52.49m
2	Brad Thibert	Belle River	42.92m
3	Brad Masschelein	North Middlesex	42.61m
4	Pierce Johnson	Chatham-Kent	42.59m
5	Max Ewart	Strathroy D C I	41.31m
6	Noah Redfern	Stratford NW	40.82m
7	Jonah Ortmeyer	Elmira	39.37m
8	Alan Cai	Vincent Massey	38.51m
9	William Statham	Strathroy D C I	38.10m
10	Wyatt Bushfield	Stratford Centra	37.36m
11	Drake Triner	Herman, W.F.	37.25m
12	Nick Gee	Valley Heights	34.39m
13	Andrew Ryan	St. Mary's (Os)	34.32m
14	Ben Drummond	Bluevale	31.56m
15	Kendel Hutchinson-Cotoc	Huron Heights	26.29m
--	Josh Miller	Orangeville	FOUL

Men 100 Meter Junior

=====			
West Region: * 10.60 2002		Rhoan STERLING/Galt	
Name	Year	School	Prelims Wind H#
=====			
Preliminaries			
1	Connor Rosaasen	St.Thomas	11.17Q 3.6 2
2	Brandon Lee-Hyman	Sandwich	11.17Q 4.0 1
3	Joey Eddleston	St. Christopher	11.25Q 4.0 1
4	Alex Salytchev	Preston	11.36Q 3.6 2
5	Giordano LaCivita	Holy Names	11.38Q 4.0 1
6	Zane Helmi	St.Thomas Aquina	11.53Q 3.6 2
7	Adam Turnbull	Wci	11.41q 4.0 1
8	Braeden Braccio	St. Anne-Windsor	11.61q 3.6 2
9	Jacob Fortin	Preston	11.69 3.6 2
10	James McBride	St. David	11.73 4.0 1
11	Juarez Sewart	Assumption-Brant	11.81 4.0 1
12	Andrew Kim	St.Thomas Aquina	11.82 3.6 2
12	Graham Brulotte	Lord Dorchester	11.82 4.0 1
14	Antonio Bosnjak	St.Thomas Aquina	11.85 4.0 1

Men 100 Meter Junior

=====			
West Region: * 10.60 2002		Rhoan STERLING/Galt	
Name	Year	School	Finals Wind

=====

Finals

1	Connor Rosaasen	St.Thomas	11.29	2.2	
2	Brandon Lee-Hyman	Sandwich	11.34	2.2	
3	Giordano LaCivita	Holy Names	11.42	2.2	
4	Joey Eddleston	St. Christopher	11.43	2.2	
5	Alex Salytchev	Preston	11.64	2.2	
6	Braeden Braccio	St. Anne-Windsor	11.72	2.2	
7	Adam Turnbull	Wci	11.75	2.2	11.741
8	Zane Helmi	St.Thomas Aquina	11.75	2.2	11.745

Men 200 Meter Junior

=====

West Region: * 21.67 1993 Chris ROBINSON / Cambridge-Hespeler

Name	Year	School	Prelims	Wind	H#
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=====

Preliminaries

1	Davis Edward	Oakridge	22.80Q	1.2	2
2	Brandon Lee-Hyman	Sandwich	23.34Q	0.2	1
3	Connor Rosaasen	St.Thomas	23.19Q	1.2	2
4	Joey Eddleston	St. Christopher	23.71Q	0.2	1
5	Giordano LaCivita	Holy Names	23.62Q	1.2	2
6	Jessi Kovacs	Forest Heights	23.85Q	0.2	1
7	Mitchell Fife	Orangeville	24.08q	1.2	2
8	Joseph Gignac	General Amherst	24.12q	1.2	2
9	Juarez Sewart	Assumption-Brant	24.14	0.2	1
10	Ben McKellar	Regina Mundi	24.27	1.2	2
11	Graham Brulotte	Lord Dorchester	24.92	0.2	1
12	Drew Neil	Centennial	25.06	0.2	1
13	Antonio Bosnjak	St.Thomas Aquina	26.75	1.2	2

Men 200 Meter Junior

=====

West Region: * 21.67 1993 Chris ROBINSON / Cambridge-Hespeler

Name	Year	School	Finals	Wind
------	------	--------	--------	------

=====

Finals

1	Davis Edward	Oakridge	22.25	3.5
2	Giordano LaCivita	Holy Names	22.86	3.5
3	Connor Rosaasen	St.Thomas	22.91	3.5
4	Brandon Lee-Hyman	Sandwich	23.20	3.5
5	Joey Eddleston	St. Christopher	23.30	3.5
6	Jessi Kovacs	Forest Heights	23.43	3.5
7	Mitchell Fife	Orangeville	24.10	3.5
8	Joseph Gignac	General Amherst	24.26	3.5

Men 400 Meter Junior

=====

West Region: * 47.94 1997 Liam CARD / Port Elgin-Saugeen

Name	Year	School	Finals	H#
------	------	--------	--------	----

=====

1	Davis Edward	Oakridge	49.90	2
2	Ildemaro Ponnambalam	St. David	50.40	2
3	Giordano LaCivita	Holy Names	50.75	2
4	Stephen McEwen	Maranatha Christ	52.38	2
5	Mark Patton	Centr Wellington	52.47	2
6	Nathaniel Mechler	Elmira	52.59	2

7	Kingboy Douglas	St.Joe's-Windsor	52.62	2
8	Kalvin Mercier	Vincent Massey	53.47	2
9	Mat Szabo	Northern- Sarnia	54.42	1
10	Fernando De La Rosa	C.C.H. - London	54.48	1
11	Ben McKellar	Regina Mundi	54.48	1
12	Wyatt Bye	Wellington Heigh	54.77	1
13	Brendan Scott	St.Thomas Aquina	56.12	1
14	Juarez Sewart	Assumption-Brant	56.55	1
15	Nolan Mullins	Centennial	56.63	1
16	Alex Petk	Banting, Sir F.	56.80	1

Men 800 Meter Run Junior

West Region: * 1:50.90		2000	Nathan BRANNEN / Preston HS	
Name	Year	School	Finals	
=====				
1	Mark Patton	Centr Wellington	2:01.45	
2	Kyle Denomme	Riverside	2:02.01	
3	Nathaniel Mechler	Elmira	2:03.51	
4	Ty Moore	North Park	2:03.87	
5	Kalvin Mercier	Vincent Massey	2:05.28	
6	Adam Tait	South Huron	2:05.44	
7	Matt Pardo	General Amherst	2:05.96	
8	Elliott Godfrey	Medway	2:06.67	
9	Wyatt Bye	Wellington Heigh	2:07.33	
10	Enrique Nepomuceno	Holy Names	2:08.20	
11	Stephen DeJager	Goderich	2:10.17	
12	Andrew Newman	St. Clair	2:11.03	
13	Joshua Zilles	Kitchener Waterl	2:11.22	
14	Evan Scott	Medway	2:14.16	
15	Nolan Mullins	Centennial	2:16.35	
16	Rhys Desomnd	Banting, Sir F.	2:23.10	

Men 1500 Meter Run Junior

West Region: * 3:49.3h		1994	Jay CANTIN / Sarnia-St. Clair	
Name		Year	School	Finals
=====				
1	Muhumed Sirage		Montcalm	4:02.65
2	Miles Matthews		Belle River	4:02.90
3	Josh Kellier		Chatham-Kent	4:06.65
4	Kyle Denomme		Riverside	4:10.21
5	Dan Hilbers		Saugeen District	4:11.77
6	Ty Moore		North Park	4:14.62
7	Willem Quosai		Centennial	4:19.59
8	Simon Wells		Centennial	4:20.54
9	Jacob Rothera		Assumption-Winds	4:20.74
10	Matt Pardo		General Amherst	4:23.67
11	Dean VanHerpe		Holy Cross	4:26.07
12	Ben Harris		Banting, Sir F.	4:31.05
13	Sky Schulz		South Huron	4:31.25
14	Joshua Zilles		Kitchener Waterl	4:31.95
15	Elliott Godfrey		Medway	4:44.48

Men 3000 Meter Run Junior

=====				
West Region: * 8:35.46		2001	Adam HORTIAN / Bluevale	

Name	Year	School	Finals
1 Muhumed Sirage		Montcalm	9:01.96
2 Josh Kellier		Chatham-Kent	9:02.68
3 Jared Ruest		Gbss	9:02.93
4 Miles Matthews		Belle River	9:04.80
5 Steven Nadjiwan		Psds	9:06.63
6 Dan Hilbers		Saugeen District	9:32.05
7 Willem Quosai		Centennial	9:32.51
8 Simon Wells		Centennial	9:34.17
9 Jacob Rothera		Assumption-Winds	9:42.38
10 Ben Harris		Banting, Sir F.	9:55.72
11 Dean VanHerpe		Holy Cross	10:08.93
12 Aidan Snively		Assumption-Winds	10:17.94
13 Scott Dolmage		Madill, F.E.	10:20.82
14 Brendan Masters		Resurrection	10:26.01
15 Rhys Desomnd		Banting, Sir F.	10:32.73
16 Drew Morgan		Northern- Sarnia	10:45.09

Men 100 Meter Hurdles Junior

West Region: * 13.42 27/05/2011 Jordan Sherwood, Cameron Heights					
Name	Year	School	Prelims	Wind	H#
Preliminaries					
1 Josh Zwinkles		Holy Cross	14.73Q	1.9	1
2 Ross Johnston		Belle River	15.21Q	1.6	2
3 Brad Sato		Vincent Massey	15.09Q	1.9	1
4 Maher Akhtar		Cameron Heights	15.26Q	1.6	2
5 Andrew Heffren		Laurier, Sir W.	15.39Q	1.6	2
6 Ronnie Smith		St. Clair	15.55Q	1.9	1
7 Jesse Van Rees		Orangeville	15.40q	1.6	2
8 Kyle Webster		St.Thomas Aquina	15.52q	1.6	2
9 Caleb Cipkar		General Amherst	15.65	1.6	2
10 Joey Anderson		Essex	15.81	1.9	1
11 Keagan Croley		Banting, Sir F.	15.91	1.9	1
12 Michael Elliott		Johnson, P.	16.20	1.6	2
13 Evan Falcone		Jacob Hespeler	16.23	1.9	1
14 Carter Franks		Grey Highlands	16.42	1.6	2
15 Riley Anderson		Jacob Hespeler	16.91	1.9	1
-- Ian Smit		London Christian	DQ	1.9	1

Men 100 Meter Hurdles Junior

West Region: * 13.42 27/05/2011 Jordan Sherwood, Cameron Heights				
Name	Year	School	Finals	Wind
Finals				
1 Josh Zwinkles		Holy Cross	14.65	2.2
2 Maher Akhtar		Cameron Heights	14.73	2.2
3 Brad Sato		Vincent Massey	14.98	2.2
4 Ross Johnston		Belle River	15.07	2.2
5 Kyle Webster		St.Thomas Aquina	15.17	2.2
6 Jesse Van Rees		Orangeville	15.30	2.2
7 Andrew Heffren		Laurier, Sir W.	15.70	2.2
8 Ronnie Smith		St. Clair	16.07	2.2

Men 300 Meter Hurdles Junior

=====				
West Region: *		38.11	1996	Jeff ELLIS/Orangeville
Name	Year	School	Finals	H#
=====				
1 Davis Edward		Oakridge	39.33	2
2 Ildemaro Ponnambalam		St. David	39.81	2
3 Stephen McEwen		Maranatha Christ	41.17	2
4 Joseph Gignac		General Amherst	41.51	2
5 Brad Sato		Vincent Massey	42.27	2
6 Aaron Hudali		Cameron Heights	43.35	1
7 Ian Smit		London Christian	43.86	1
8 Anthony Zina		ES L'Essor	43.94	1
9 Kyle Webster		St.Thomas Aquina	44.21	1
10 Maher Akhtar		Cameron Heights	44.42	2
11 Nolan Farris		Assumption-Brant	44.59	1
12 Josh Zwinkles		Holy Cross	44.65	2
13 Owen Babcock		Resurrection	45.89	1
14 Keelan Paliani		Medway	46.82	1
15 Tyson Stewart		Simcoe	48.56	1

Men 4x100 Meter Relay Junior

=====				
West Region: *		43.15	2002	LONDON-CATHOLIC CENTRAL
School			Finals	H#
=====				
1 Holy Names - Windsor	'A'		44.05	2
2 St Thomas of Villanova-Lasalle	'A'		44.69	2
3 Northern - Sarnia	'A'		45.05	2
4 Preston - Cambridge	'A'		45.06	2
5 St.Thomas Aquinas - London	'A'		45.34	2
6 St. Christopher - Sarnia	'A'		45.66	2 45.651
7 St. Anne - Windsor	'A'		45.66	2 45.652
8 Catholic Central - London	'A'		46.19	1
9 Grand River - Kitchener	'A'		46.79	1
10 Lord Dorchester - Dorchester	'A'		47.40	1
11 Orangeville - Orangeville	'A'		47.42	1
12 Centennial - Guelph	'A'		47.52	1
13 Holy Cross - Strathroy	'A'		47.56	1
14 Saunders - London	'A'		48.02	1
15 Resurrection - Kitchener	'A'		48.35	2

Men High Jump Junior

=====				
West Region: *		2.01m	1984	Andrew MCLEAN / Arva-Medway
Name	Year	School	Finals	
=====				
1 Justin McKague		Madill, F.E.	1.80m	
2 Cai Kellier		Chatham-Kent	J1.80m	
2 Niles Crews		Northern- Sarnia	J1.80m	
4 Amari Jones		Riverside	1.75m	
5 Braden Ongena		Holy Trinity	J1.75m	
5 Nathaniel Mechler		Elmira	J1.75m	
7 Craig Valeriote		Lady of Lourdes	J1.75m	
7 Slade Simons		Delhi	J1.75m	
9 Jacob Fortin		Preston	1.70m	
10 Josh Hill		Stratford NW	J1.70m	

11 Randy Wouters	Stratford NW	J1.70m
12 Brady DeBoer	Prov. Reformed	J1.70m
13 Robbie McIntosh	North Middlesex	1.65m
13 Brady Osterndorff	Sacred Heart	1.65m
-- Matthew Pitt	St. Christopher	NH
-- Alex Mayhead	Lambton Central	NH

Men Pole Vault Junior

West Region: * 4.40m 1991				Mike NOLAN / Lord Dorchester	
Name	Year	School	Finals		
1 Kevin Holden		Huron Park	3.45m	Stopped by darkness	
2 Brad Gyemi		St. Anne-Windsor	J3.45m	Stopped by darkness	
3 Thomas Weigl		Jacob Hespeler	3.30m		
4 Jack Steen		St. Anne-Windsor	3.10m		
5 Andrew Dunsmore		Stratford NW	J3.10m		
6 Ian Cross		Cameron Heights	J3.10m		
7 Sam Peifer-Dawson		St.Thomas Aquina	J3.10m		
8 Kelsey Newnham		Saunders	2.60m		
9 Connor Gardiner		Jacob Hespeler	J2.60m		
10 Mathew Van Brunschot		Macdonald, J.A.	J2.60m		
11 Nick Brown		Saunders	2.30m		
12 Trevor Scaife		St. Anne-Windsor	J2.30m		
-- Liam Higgins		Resurrection	NH		

Men Long Jump Junior

West Region: * 7.18m 1999				Paul WHITTY / London-Saunders	
Name	Year	School	Finals	Wind	
1 Daniel George		Kennedy, Hon.W.C	6.54m	2.3	
2 Amari Jones		Riverside	6.37m	2.1	
3 Ranz Rempillo		Holy Names	6.35m	3.6	
4 Scott Billings		London Central	6.31m	3.1	
5 Wesley Tang		Wci	6.22m	3.1	
6 Slade Simons		Delhi	6.21m	4.8	
7 Brock VanBerlo		St.Thomas Aquina	5.99m	3.2	
8 Austin Sloot		Holy Trinity	5.98m	2.9	
9 Andy Tran		Cameron Heights	5.84m	4.2	
10 Mounib Samara		Saunders	5.82m	2.4	
11 James McBride		St. David	5.76m	2.4	
12 Matt Pebenitio		St.Thomas	5.74m	3.4	
13 Christian Lippai		Stratford Centra	5.73m	3.6	
14 Connor Gardiner		Jacob Hespeler	5.53m	3.4	
15 Kevin Holden		Huron Park	5.39m	0.9	
-- Brad-Lee Bulloch		Herman, W.F.	FOUL		

Men Triple Jump Junior

West Region: * 15.22m 2000				Kenen SHADD / Kitchner-Grand River CI	
Name	Year	School	Finals	Wind	
1 Scott Billings		London Central	13.50m	2.8	
2 Jack Thomas		North Lambton	13.18m	4.2	
3 Amari Jones		Riverside	13.07m	1.1	
4 Dylan Hathaway		Glencoe	12.91m	3.7	

5	Christian Lippai	Stratford Centra	12.85m	2.9
6	Wesley Tang	Wci	12.67m	3.8
7	Slade Simons	Delhi	12.53m	3.0
8	Stephen Sarweh	St. Anne-Windsor	12.34m	2.0
9	Logan Howard	Ursuline College	12.26m	4.2
10	Matt Vandenberg	Sacred Heart	12.14m	5.0
11	Justin McKague	Madill, F.E.	12.10m	1.8
12	Nevinn Becker	Sacred Heart	12.02m	3.1
13	Michael DeSantais	Holy Names	11.98m	3.2
14	Jacob Metcalfe	Preston	11.91m	1.4
15	Graham Maycock	Orangeville	11.60m	3.8
--	Matt Baxter	Medway	FOUL	

Men Shot Put Junior

West Region: * 17.41m 2009		Jordan YOUNG, St.Joseph St.Thomas	
Name	Year	School	Finals
1	Henry Easton	Banting, Sir F.	16.09m
2	Andrew Taphorn	Stratford NW	15.53m
3	Noah Rolph	Parkside	15.31m
4	Spencer Hood	Strathroy D C I	14.49m
5	Stuart Cameron	Madill, F.E.	14.46m
6	Jacob Miller	Holy Trinity	14.10m
7	Greg Fortune	Herman, W.F.	13.96m
8	Curtis Lister	Vista Academy	13.47m
9	Kurtis Tamming	St. Christopher	13.27m
9	Drew Desjarlais	Belle River	13.27m
11	Maclean Haggerty	Johnson, P.	13.10m
12	Travis Wagner	Lambton Central	13.06m
13	Erik Barr	Centennial	12.79m
14	Alex Salytchev	Preston	11.98m
15	Brady Anderson	Chesley	11.71m

Men Discus Throw Junior

West Region: * 61.26m 2009		Jordan YOUNG, St.Joseph St. Thomas	
Name	Year	School	Finals
1	Noah Rolph	Parkside	53.55m
2	Daniel Pearn	Riverside	43.36m
3	Jake Fraggis	Medway	42.28m
4	Drew Desjarlais	Belle River	42.16m
5	Curtis Lister	Vista Academy	41.37m
6	Boady Santavy	St. Christopher	40.39m
7	Erik Barr	Centennial	40.37m
8	Andrew Taphorn	Stratford NW	39.61m
9	Brandon Toushan	Bluevale	39.09m
10	Jake Faubert	Belle River	38.91m
11	Stuart Cameron	Madill, F.E.	38.82m
12	Jacob Miller	Holy Trinity	38.57m
13	Greg Zapp	Macdonald, J.A.	38.20m
14	Maclean Haggerty	Johnson, P.	37.61m
15	Jacob Giroux	Holy Trinity	36.50m
16	Brandan Gallant	Montcalm	34.12m

Men Javelin Throw Junior

West Region: * 61.10m 2009				Tyler WITHERS, Northern	
Name	Year	School		Finals	
1 Noah Rolph		Parkside		56.52m	
2 Dallas Manley		Lambton Central		53.13m	
3 Matthew Zilke		Woodstock CI		51.08m	
4 Thomas Nitz		Glenview Park		50.55m	
5 Travis Garrity		St. Patrick's		49.12m	
6 Jake Fraggis		Medway		48.21m	
7 Max Mariani		Brennan, F.J.		47.88m	
8 Kevin Frank		Woodland Christi		46.51m	
9 Lee Kucera		Chatham-Kent		44.71m	
10 Cam Chubb		Forest Heights		43.13m	
11 Nevinn Becker		Sacred Heart		42.49m	
12 Jason Holzschere		Wci		40.28m	
13 Joey Anderson		Essex		39.67m	
14 Keegan Stratford		Galt		39.11m	
15 Shawn Oconner		St. Michael		36.54m	
16 Brandan Gallant		Montcalm		35.23m	

Men 100 Meter Senior

West Region: * 10.56 01/06/2012 Devon Rittinger, Forest Heights					
Name	Year	School	Prelims	Wind	H#
Preliminaries					
1 Theshawn Barry		Macdonald, J.A.	10.83Q	4.1	2
2 Michael Webber		St. James	11.01Q	2.3	1
3 Mitchell Smiley		Northern- Sarnia	10.99Q	4.1	2
4 Mike Giorgi		Lambton Central	11.02Q	2.3	1
5 Kyle Hayes		College Avenue	11.11Q	2.3	1
6 Lucas DeNard		C.C.H. - London	11.13Q	4.1	2
7 Connor Hodgins		St.Joe-St.Thomas	11.21q	2.3	1
8 Skye Wolfe		Essex	11.23q	4.1	2
9 Stefan Poirier		London Central	11.24	4.1	2
10 Curtis D'Hollander		C.C.H. - London	11.28	4.1	2
11 Chris Ray		Belle River	11.29	2.3	1
12 David Mohan		Cameron Heights	11.35	2.3	1
13 Nicholas Tugui		Kennedy, Hon.W.C	11.40	2.3	1
14 Sam Martinello		St.Mary's-Kitche	11.45	4.1	2
15 Michael Piaseczney		Macdonald, J.A.	11.49	2.3	1
16 Derek Andrews		Kincardine	11.50	4.1	2

Men 100 Meter Senior

West Region: * 10.56 01/06/2012 Devon Rittinger, Forest Heights					
Name	Year	School	Finals	Wind	
Finals					
1 Theshawn Barry		Macdonald, J.A.	10.84	1.4	
2 Mike Giorgi		Lambton Central	11.00	1.4	
3 Michael Webber		St. James	11.16	1.4	11.156
4 Connor Hodgins		St.Joe-St.Thomas	11.16	1.4	11.160
5 Mitchell Smiley		Northern- Sarnia	11.25	1.4	
6 Kyle Hayes		College Avenue	11.29	1.4	
7 Skye Wolfe		Essex	11.48	1.4	

8 Lucas DeNard

C.C.H. - London

18.33

1.4

Men 200 Meter Senior

=====					
West Region: * 21.30		1995	Dave TOMLIN / Kitchener-St. Mary's		
Name	Year	School	Prelims	Wind	H#
=====					
Preliminaries					
1 Jermain Stephenson		St. James	22.49Q	1.7	1
2 Michael Webber		St. James	22.62Q	1.8	2
3 Mike Giorgi		Lambton Central	22.84Q	1.7	1
4 Neinkel Paljola		Forest Heights	22.93Q	1.8	2
5 Theshawn Barry		Macdonald, J.A.	22.90Q	1.7	1
6 Mitchell Smiley		Northern- Sarnia	23.01Q	1.8	2
7 Kyle Hayes		College Avenue	22.91q	1.7	1
8 Robert Herzog		Holy Names	23.25q	1.8	2
9 David Mohan		Cameron Heights	23.29	1.8	2
10 Kevin Willemse		St. Christopher	23.33	1.7	1
11 Curtis D'Hollander		C.C.H. - London	23.39	1.8	2
12 Broderick Webster		Northern- Sarnia	23.60	1.7	1
13 Chase Konechny		West Elgin	23.62	1.8	2
14 Anthony Powless		Assumption-Brant	23.79	1.8	2

Men 200 Meter Senior

=====					
West Region: * 21.30		1995	Dave TOMLIN / Kitchener-St. Mary's		
Name	Year	School	Finals	Wind	
=====					
Finals					
1 Jermain Stephenson		St. James	21.90	3.6	
2 Mike Giorgi		Lambton Central	22.10	3.6	
3 Mitchell Smiley		Northern- Sarnia	22.12	3.6	
4 Neinkel Paljola		Forest Heights	22.16	3.6	
5 Michael Webber		St. James	22.24	3.6	
6 Theshawn Barry		Macdonald, J.A.	22.60	3.6	
7 Kyle Hayes		College Avenue	22.69	3.6	
8 Robert Herzog		Holy Names	23.10	3.6	

Men 400 Meter Senior

=====					
West Region: * 46.54		01/06/2012	Brandon McBride, Herman, W.F.		
Name	Year	School	Finals	H#	
=====					
1 Neinkel Paljola		Forest Heights	49.12	2	
2 Jermain Stephenson		St. James	49.45	2	
3 Tommy Land		Holy Trinity	49.74	2	
4 Dylan Papak		Herman, W.F.	50.35	2	
5 Khalil Parris		Sandwich	50.44	2	
6 Devan Elijah		Westminster	50.99	2	
7 Broderick Webster		Northern- Sarnia	51.30	2	
8 Chase Konechny		West Elgin	51.62	1	
9 Liam Wilson		Banting, Sir F.	51.69	1	
10 Ben Etienne		Grand River	52.02	1	
11 Micah Hesman		Sandwich	52.44	2	
12 Shawn Mckenzie		St.Thomas Aquina	52.68	1	
13 Dylan Caron		St. Clair	52.80	1	
14 Chance Newell		St. David	53.01	1	

15 Aaron Lebold Elmira 54.43 1

Men 800 Meter Run Senior

West Region: * 1:47.56 02/06/2012 Brandon McBride, Herman, W.F.

Name	Year School	Finals
1 Scott Buttinger	Resurrection	1:55.18
2 Tommy Land	Holy Trinity	1:55.26
3 Riley Malcolm	North Park	1:57.05
4 Devan Elijah	Westminster	1:57.51
5 Craig Klomp	St. Michael	1:58.39
6 Riley Alvarez	St. David	1:58.83
7 Liam Wilson	Banting, Sir F.	1:59.39
8 Carter Day	Vincent Massey	1:59.64
9 Liam Stiles	Ross, John F.	2:00.98
10 Connor Musselman	Centre Dufferin	2:01.42
11 Ryan Foott	Montcalm	2:01.67
12 Hendrik Vermeulen	St. Christopher	2:04.49
13 Emmanuel Igboke	Vincent Massey	2:04.99
14 Rob Smith	Northern- Sarnia	2:06.95
15 Jacob Wagner	Riverside	2:10.63
-- Andrew Frampton	Lord Dorchester	DNF

Men 1500 Meter Run Senior

West Region: * 3:45.06 1993 Kevin SULLIVAN / Brantford-North Park

Name	Year School	Finals
1 Scott Buttinger	Resurrection	3:59.36
2 Ben Flanagan	St.Mary's-Kitche	3:59.71
3 Riley Malcolm	North Park	4:00.22
4 Alex Rocheleau	Vincent Massey	4:02.01
5 Connor Black	North Lambton	4:04.24
6 Craig Klomp	St. Michael	4:05.70
7 Carter Day	Vincent Massey	4:08.62
8 Patrick Deane	Lord Dorchester	4:09.09
9 Patrick Sullivan	Orangeville	4:09.16
10 Cael Wishart	Stratford Centra	4:09.89
11 Rawle Groothuizen	Lady of Lourdes	4:11.80
12 Matt Sheeler	Holy Cross	4:11.84
13 Mark Schmidt	Stratford NW	4:11.97
14 Hendrik Vermeulen	St. Christopher	4:13.14
15 Matt Napier	Erin	4:13.93
16 Evan Ubene	Belle River	4:17.44

Men 3000 Meter Run Senior

West Region: * 8:21.8h 1995 Matt KERR / Fergus - Centre Wellington

Name	Year School	Finals
1 Brandon Allen	General Amherst	8:37.54
2 Ryan Sleiman	Kingsville	8:40.61
3 Ben Flanagan	St.Mary's-Kitche	8:41.84
4 James Milton	St. David	8:42.19
5 Connor Black	North Lambton	8:54.44
6 Cael Wishart	Stratford Centra	8:56.20

7	Alex Rocheleau	Vincent Massey	8:58.22
8	Mark Schmidt	Stratford NW	9:03.41
9	Brandon Thomas	Paris	9:03.71
10	Peter Quosai	Centennial	9:08.15
11	Seth Marcaccio	C.C.H. - London	9:08.18
12	Paul Rochus	East Elgin	9:10.41
13	Skylar Edwards	Vincent Massey	9:13.99
14	Matt Sheeler	Holy Cross	9:22.44
15	Rawle Groothuizen	Lady of Lourdes	9:23.46
--	Matt Napier	Erin	DNF

Men 110 Meter Hurdles Senior

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West Region: * 13.46 28/05/2010 Greg MacNeill, Mother Teresa

Name	Year	School	Prelims	Wind	H#
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Preliminaries

1	Chris Green	Cameron Heights	14.05Q	2.7	2
2	Jordan Sherwood	Cameron Heights	14.19Q	2.9	1
3	Locky Butcher	London Central	14.37Q	2.9	1
4	Mike Giorgi	Lambton Central	14.70Q	2.7	2
5	Luke Dailleboust	Madill, F.E.	14.71Q	2.9	1
6	Branden Gow	Belle River	14.83Q	2.7	2
7	Jordan Huzevka	Northern- Sarnia	14.81q	2.9	1
8	Nathan Hesman	Sandwich	14.88q	2.7	2
9	Will Potter	Banting, Sir F.	15.02	2.7	2
10	Aaron Stemmler	St. David	15.32	2.9	1
11	Phil Janikowski	St.Thomas	15.34	2.9	1
12	Conor Finnigan	Resurrection	15.45	2.7	2
13	Abraham Fischer	Walkerton	15.62	2.7	2
14	Brandyn Leitert	Erin	16.04	2.7	2
15	Cameron Geddes	C.C.H. - London	16.15	2.9	1
16	Kyle Morris	Banting, Sir F.	16.16	2.9	1

Men 110 Meter Hurdles Senior

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West Region: * 13.46 28/05/2010 Greg MacNeill, Mother Teresa

Name	Year	School	Finals	Wind
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=====

Finals

1	Chris Green	Cameron Heights	13.62	1.7	
2	Jordan Sherwood	Cameron Heights	14.00	1.7	
3	Mike Giorgi	Lambton Central	14.40	1.7	
4	Locky Butcher	London Central	14.42	1.7	14.415
5	Branden Gow	Belle River	14.42	1.7	14.420
6	Luke Dailleboust	Madill, F.E.	14.94	1.7	
7	Jordan Huzevka	Northern- Sarnia	15.29	1.7	
8	Nathan Hesman	Sandwich	15.91	1.7	

Men 400 Meter Hurdles Senior

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West Region: * 52.37 1997 Jeff ELLIS / Orangeville

Name	Year	School	Finals	H#
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=====

1	Chris Green	Cameron Heights	54.12	2
2	Jordan Sherwood	Cameron Heights	54.63	2
3	Khalil Parris	Sandwich	54.83	2

4	Micah Hesman	Sandwich	56.55	2
5	Will Potter	Banting, Sir F.	57.95	2
6	Sam Martinello	St.Mary's-Kitche	58.06	1
7	Mark Emode	Kennedy, Hon.W.C	58.23	2
8	Chase Konechny	West Elgin	59.18	1
9	Jordan Huzevka	Northern- Sarnia	1:00.06	2
10	Aaron Stemmler	St. David	1:00.41	1
11	Abraham Fischer	Walkerton	1:00.48	1
12	Nathan Hesman	Sandwich	1:00.58	2
13	Ben Etienne	Grand River	1:00.94	1
14	Leendert Van Dorp	St. Anne-Clinton	1:01.09	1
15	Jesse Fortier	Madill, F.E.	1:01.61	1
16	Caleb Papineau Medeiros	St.Thomas Aquina	1:04.99	1

Men 4x100 Meter Relay Senior

West Region: * 42.21 2011		Northern CIVS		
School			Finals	H#
1	Cameron Heights - Kitchener 'A'		42.95	2
2	Northern - Sarnia 'A'		43.21	2
3	W. F. Herman - Windsor 'A'		43.44	2
4	Catholic Central - London 'A'		43.76	2
5	Sir John A Macdonald SS 'A'		44.18	1
6	Our Lady of Lourdes - Guelph 'A'		44.22	2
7	St Thomas of Villanova-Lasalle 'A'		44.28	2
8	Lambton Central - Petrolia 'A'		44.75	2
9	Sandwich - Windsor 'A'		44.96	2
10	St. Joseph's - St. Thomas 'A'		45.07	1
11	Resurrection - Kitchener 'A'		45.43	1
12	Medway - Arva 'A'		45.47	1
13	F. E. Madill - Wingham 'A'		45.67	1
14	Parkside - St. Thomas 'A'		46.00	1
15	Brantford - Brantford 'A'		46.98	1

Men High Jump Senior

West Region: * 2.19m 28/05/2010		Branden Wilhelm, Woodstock	
Name	Year School		Finals
1	Locky Butcher	London Central	1.94m
2	Scott Campbell	Lambton Central	J1.94m
3	Mychal Mulder	C.C.H. - Windsor	1.91m
4	Cornelious Froese	Leamington	J1.91m
5	Kevin Willemse	St. Christopher	J1.91m
6	Matthew Ingram	St. Christopher	1.88m
7	Mark Boles	C.C.H. - London	J1.88m
8	Mackenzie Crawford	South Huron	1.80m
8	Patrick Kania	Holy Trinity	1.80m
10	Marcus Gregory	Forest Heights	J1.80m
11	Terry Pham	Guelph	J1.80m
12	Riley Crean	Westside	J1.80m
13	Aidan Simone	London Central	J1.80m
13	Colin Nancekivell	Lord Dorchester	J1.80m
15	Rick Knelsen	Valley Heights	1.75m
16	Thomas Laczko	St. John College	1.70m

Men Pole Vault Senior

=====			
West Region: * 5.10m 1985 Doug WOOD / Wingham-Madill			
Name	Year	School	Finals
=====			
1 Connor Young		Saunders	4.15m
2 Brian Choja		Oakridge	J4.15m
3 Luke Dailleboust		Madill, F.E.	3.85m
4 Grahame McNevin		Sandwich	3.75m
5 Micah Hesman		Sandwich	3.65m
6 Jandre Smit		Kingsville	J3.65m
7 Devan Primeau		Herman, W.F.	J3.65m
8 Alex Colenutt		Cameron Heights	3.50m
9 Ryan Mcainey		St. Anne-Windsor	3.35m
9 Ty Hamilton		Delhi	3.35m
11 Cal Redmond		Grand River	3.20m
12 John Bice		Stratford NW	3.00m
13 Lyndon Rey		Brantford	2.80m
13 Artem Kobeler		Macdonald, J.A.	2.80m
15 Alex Boland		Macdonald, J.A.	J2.80m
-- Ben Congram		Stratford NW	NH

Men Long Jump Senior

=====				
West Region: * 7.50m 29/05/2010 Taylor Stewart, Regina Mundi				
Name	Year	School	Finals	Wind
=====				
1 Riley Bell		Central Elgin	6.99m	1.4
2 Brandyn Leittert		Erin	6.79m	2.8
3 Luke Dailleboust		Madill, F.E.	6.73m	2.4
4 Riley Flanagan		St.Mary's-Kitche	6.72m	1.6
5 Logan Carey		Strathroy D C I	6.57m	2.4
6 Connor Hodgins		St.Joe-St.Thomas	6.48m	2.1
7 Cormac Brown		St. Patrick's	6.42m	0.8
8 Braden Cok		Macdonald, J.A.	6.35m	1.7
9 Angelo Bortolin		Holy Names	6.26m	2.7
10 Tyrel Hilts		Montcalm	6.25m	1.3
11 Jacob Taveirne		Essex	6.20m	2.3
12 Khaliel James		C.C.H. - Windsor	6.19m	3.4
12 Derek Friesen		Waterford	6.19m	2.4
14 Phil Janikowski		St.Thomas	6.00m	4.0
15 Derrick Bernath		Kincardine	5.88m	2.2
-- Madalitso McHaina		Southwood	FOUL	

Men Triple Jump Senior

=====				
West Region: * 15.73m 2002 Kenen SHADD/Kitchener Grand River				
Name	Year	School	Finals	Wind
=====				
1 Braden Cok		Macdonald, J.A.	14.09m	4.0
2 Logan Carey		Strathroy D C I	13.99m	2.5
3 Riley Bell		Central Elgin	13.96m	2.8
4 Madalitso McHaina		Southwood	J13.96m	3.0
5 Malcolm Thompson		Holy Names	13.88m	2.8
6 Steve Riosa		John Paul II	13.41m	4.5
7 Scott Goad		Mother Teresa	13.33m	3.2
8 Angelo Bortolin		Holy Names	13.26m	3.3

9	Joel Wilson	General Amherst	12.91m	3.5
10	Chris Poletsek	Westside	12.71m	2.7
11	DJ Johnson	Johnson, P.	12.55m	2.4
12	Jordan Huzevka	Northern- Sarnia	12.41m	2.6
13	Cormac Brown	St. Patrick's	12.39m	2.3
14	Harold Hammond	Valley Heights	12.25m	3.8
15	Augustine Soga	St. Benedict	12.20m	2.8
16	Ryan Foster	Stratford Centra	11.92m	3.7

Men Shot Put Senior

West Region: * 20.78m 1995		Brad SNYDER / Windsor - St. Joseph's	
Name	Year	School	Finals
=====			
1	Brett Boersma	Northern- Sarnia	16.38m
2	Andrew Vermette	Assumption-Winds	15.90m
3	Nathaniel Johnson	Orangeville	14.97m
4	Mackenzie Josie	Central Huron	14.80m
5	Austin Baggio	Lady of Lourdes	14.61m
6	Liam Graham	Mother Teresa	14.50m
7	Logan Webster	Kingsville	13.27m
8	Keith Carscadden	Belle River	13.17m
9	Samuel Gan	London Central	12.98m
10	Andrew Martin	Strathroy D C I	12.95m
11	Brent Vlodarchyk	St.Thomas	12.83m
12	Alex Weber	Elmira	12.63m
13	Curtis Cherewka	Delhi	12.32m
14	Jake McGill	Macdonald, J.A.	11.85m
15	Andrew Chapman	Lady of Lourdes	10.45m
--	Charles Nguyen	St.Joe-St.Thomas	FOUL

Men Discus Throw Senior

West Region: * 64.94m 1995		Jason TUNKS / London-Banting	
Name	Year	School	Finals
=====			
1	Andrew Vermette	Assumption-Winds	45.83m
2	Charles Nguyen	St.Joe-St.Thomas	44.78m
3	Kevin Mackey	Banting, Sir F.	43.79m
4	Liam Graham	Mother Teresa	43.74m
5	Ryan Peltier	St.Thomas	40.63m
6	Ryan Smith	Vincent Massey	40.03m
7	Trevor Affleck	Kingsville	39.56m
8	Mackenzie Josie	Central Huron	39.37m
9	Austin Baggio	Lady of Lourdes	39.26m
10	James Burns	Bluevale	38.69m
11	Stephen Pilar	Saugeen District	35.65m
12	Brock Lowery	Grand River	34.40m
13	Lee Wilson	Sarnia	33.68m
14	Andrew Martin	Strathroy D C I	32.38m
15	Josh Pedersen	Erin	29.94m
--	Eric Yelle	Brantford	FOUL

Men Javelin Throw Senior

=====				
West Region: * 70.20m		2001 Trevor SNYDER / Windsor-St.Joseph's		
Name	Year	School	Finals	

1	Josh Shepley	Belle River	60.76m
2	Kellen Leclair	Brennan, F.J.	54.14m
3	Robbie Borsi	Cameron Heights	53.29m
4	Scott Campbell	Lambton Central	53.16m
5	Murtaza Abbas	Westminster	52.79m
6	Isaiah Kelly	London Central	48.81m
7	David Hale	West Elgin	47.53m
8	Spencer Trinier	Herman, W.F.	47.39m
9	Lukas McDowell	Johnson, P.	47.31m
10	Mike Knevel	Johnson, P.	47.24m
11	Steven Helps	Lambton Central	45.72m
12	Tyrel Hilts	Montcalm	45.50m
13	Josh Caley	Saugeen District	44.49m
14	Matt Teschke	Saugeen District	44.34m
15	Anthony Vader	Madill, F.E.	44.15m
16	Andrew Chapman	Lady of Lourdes	42.00m

Men 2000 Meter Steeplechase Open

West Region: * 5:54.94 01/06/2012 Daniel Piticariu, Vincent Massey

Name	Year School	Finals
1	Brandon Allen	General Amherst 6:01.70
2	William Russell	Rockway Menn 6:14.44
3	Liam Stiles	Ross, John F. 6:15.52
4	Ryan Foott	Montcalm 6:19.64
5	Peter Quosai	Centennial 6:20.15
6	Seth Marcaccio	C.C.H. - London 6:24.33
7	Dylan Whitbread	St. Clair 6:33.20
8	Matt Ward-Trymbulak	General Amherst 6:37.82
9	Derek Hick	Strathroy D C I 6:41.31
10	Jacob Wagner	Riverside 6:45.42
11	Michael McCauley	Beal, H.B. 7:01.97
12	Skylar Edwards	Vincent Massey 7:02.35
13	Ahmed Ahmed	Forest Heights 7:05.29
14	Nic Foti	Cameron Heights 7:09.73
15	Austin Solak	North Park 7:12.74

Men 4x400 Meter Relay Open

West Region: * 3:19.22 29/05/2010 W. F. Herman S S - swhe, Herman, W.F.

A Colquhoun, C Johnson, B McBride, M Savic

School	Finals	H#
1	Cameron Heights - Kitchener 'A'	3:22.87 2
2	Northern - Sarnia 'A'	3:24.60 2
3	Sandwich - Windsor 'A'	3:26.35 2
4	W. F. Herman - Windsor 'A'	3:28.03 2
5	Vincent Massey - Windsor 'A'	3:28.50 2
6	St. David - Waterloo 'A'	3:28.67 2
7	Resurrection - Kitchener 'A'	3:32.59 1
8	Catholic Central - London 'A'	3:33.09 2
9	St.Thomas Aquinas - London 'A'	3:33.30 2
10	Sir Frederick Banting - London 'A'	3:33.79 1
11	Lord Dorchester - Dorchester 'A'	3:40.31 1
12	Holy Names - Windsor 'A'	3:42.60 1

13	Regina Mundi College - London	'A'	3:45.40	1
14	Our Lady of Lourdes - Guelph	'A'	3:45.84	1
15	Centre Dufferin - Shelburne	'A'	3:49.14	1

Men 100 Meter Ambulatory

West Region: * 12.08 01/06/2006 Deric Kruse, F.E.Madill

Name	Year	School	Finals	Wind
1	Cody	Salomons	London Christian	13.70 1.0
2	Austin	McLaren	Saugeen District	16.30 1.0
3	Dylan	Eisnor	North Lambton	16.87 1.0
4	Devon	Newell	Central Huron	17.96 1.0

Men 800 Meter Run Ambulatory

Name	Year	School	Finals
1	Dylan	Eisnor	North Lambton 3:04.56

Men 100 Meter Intellectual

Name	Year	School	Finals	Wind
1	Peter	Snider	Wci	12.06 1.8
2	Thomas	Wood	Assumption-Winds	13.95 1.8
3	Jesse	Stewart	Northern- Sarnia	14.20 1.8
4	Justin	Prince	C.C.H. - Windsor	14.32 1.8
5	Alex	Boyd	MacKenzie	14.38 1.8
6	Lucas	Adam	Grand River	16.94 1.8