



Spring Lake Park
History. Community. Home.

NEW JOURNEYS

Parks and Recreation Department

1301 81st Avenue NE - Spring Lake Park, MN 55432 | (763) 792-7201 | slprec.org

Newsletter

Fall 2018

Mike Lynch Minnesota Starwatch Party Presentation

Make the stars your old friends as we watch the great celestial show in the skies over Spring Lake Park. Get to know the constellations like The Big Bear, Cygnus the Swan, Pegasus the Winged Horse, and some of their great stories behind them. We'll also use large reflecting telescopes, including two giant reflector telescopes that are among the biggest mobile scopes in Minnesota for close up views of Mars, Saturn, star clusters, galaxies and other magic in our early autumn skies. Mike Lynch is a meteorologist at WCCO Radio and has been hosting star watch parties and teaching astronomy classes for over 47 years. He also writes a weekly stargazing column for the St. Paul Pioneer Press and is the author of the books; "Mike Lynch's Minnesota Star Watch" and "Stars, a Month by Month Tour of the Constellations." Both books will be available for purchase at a discount. Super cool glow in the dark star shirts will also be available for purchase.

Tuesday, October 30
7:00 - 9:00pm
SLP City Hall
Fee: \$19/person or \$39 for 3-5 people in family



Fall Mystery Tour

Where will we go and what will we do? That's the mystery. You'll enjoy an interesting day and enjoy a great lunch too. So, Climb aboard a comfortable motor coach and have a little adventure. There will be some casual outside walking. Registration deadline: 10-16-18

Thursday, November 1
9:00am - 3:30pm
Fee: \$60/person
(Includes lunch, all activities, coach transportation and SLP Escort)

RADIO GALS

Only 6 spots left.
Deadline 10-5-18.

Sidekicks Theater
Wed. November 7
10:45am-3:00pm
Fee: \$75/person includes meal, transportation & show



at Chanhassen Dinner Theater

Holiday Inn, the Irving Berlin musical, tells the story of Jim, who leaves the bright lights of show business behind to settle down on his farmhouse in Connecticut. He quickly discovers life isn't the same without a bit of song and dance. Jim's luck takes a spectacular turn when he meets Linda, a spirited schoolteacher with talent to spare.

Together they turn the farmhouse into a fabulous inn with dazzling performances to celebrate each holiday from Thanksgiving to the Fourth of July. But when Jim's best friend Ted tries to lure Linda away to be his new dance partner in Hollywood, will Jim be able to salvage his latest chance at love?

Deadline: 12-31-18

Wednesday, January 30, 2019
11:00am - 5:00pm
Depart from SLP City Hall
Fee: \$82/person
(Includes meal, coach transportation, show and SLP Escort)

NEW ONLINE REGISTRATION SYSTEM

Easy steps

- 1: go to www.slprec.org
- 2: go to registration
- 3: create an account
- 4: select activity you wish to register and pay.

You may still mail in or call to register and we will create an account for you.

Contact Us!

Spring Lake Park Recreation Department
1301 81st Avenue NE
Spring Lake Park, MN 55432
(763)792-7201

Office Hours:
Monday – Friday
8:00am- 4:30pm
www.slprec.org

Director Marian Rygwall

Program Supervisor Kay Okey

kokey@slpmmn.org

Support Specialist Dena Brunette

TEEN IDOL-THE BOBBY VEE STORY **HISTORY THEATER**

Deadline 11-5-18.

Thurs., December 13

9:00am –3:00pm

Fee: \$79/person includes meal, transportation & show

Only 6 spots left!

CHURCH BASEMENT LADIES IN YOU **SMELL BARN**

From the basement to the barn, your beloved Church Basement Ladies are back and getting busy with life outside the kitchen. After the last of the hotdish is served, the coffee pot is emptied, and the Jello molds are put away, these steadfast, sturdy women head to their farms, peel off their good girdles, and get on with their daily chores. In between picking eggs, milking cows, and dusting knickknacks, they congregate with some of the other lovable folks who inhabit this rural community: Earl, who delivers the mail up and down Rural Route One; Fergus, the hired man; and Tillie, who chronicles the action for the Fish County Weekly.

Buffet: soup and salad bar, turkey breast with gravy, mashed potato, vegetable, bread, butter, assorted pie and coffee, water, lemonade.

Wed. January 16

10:45am—4:30pm

Fee:\$74/person Includes admission, transportation, meal and escort

Deadline: 12-18-18

RUSSIAN HERITAGE DAY

Join us on the this journey through Russian history, culture, food and art. We start the day at City Hall with a slide show presentation on Russian history by the director of **Russian Soul Cultural Center**. We then head to **Moscow on the Hill** for authentic food. Meal includes Garden salad, Moscow fries, bread, butter, Siberian Pelmeni (meat dumplings) and Tiramisu all served family style. Then we are off to a guided tour of the **Russian Art Museum**, only museum in North America devoted to preserving and presenting all forms of Russian art and artifacts. Our final stop will be at Kramarczuku's Deli where you may purchase yummy products.

Wed. January 23, 2019

10:00am-4:30pm

Fee: \$69/person

Includes admission, lunch, guided tour, transportation and SLP Tour Escort.

Registration Deadline:1-10-18

EAGLES AND OWLS

This will be a wonderful day of discovery, and exploration. We begin early by boarding our deluxe motor coach tour bus and head towards the fascinating International Owl Center in Houston, MN.. We'll enjoy an engaging and informative program focusing on Owls and how they have been viewed in different cultures around the world. After an included Signature Pot Pie lunch at the Signatures Grill in Winona we will arrive at the world renowned national Eagle Center in Wabash, MN. We'll enjoy an enlightening expert-led program and have plenty of time to explore this amazing facility which overlooks the Mississippi River. Live birds will be a highlight at both Centers. On our way home we'll stop by Colvill Park in Red Wing for another view of eagles over the Mississippi River.

Wed., February 6, 2019

7:30am-5:00pm

Fee: \$88/person includes coffee in am, lunch, guided tour, admissions, transportation and SLP Tour Escort

Registration deadline is 1-23-19

TOUR THE NEW BELL MUSEUM

We start the day with included lunch at **Keys Café** in Roseville. Your meal will include a Turkey Dinner, beverage and a dessert cookie. Next we go to the Marjorie **McNeely Conservatory** to feel the warmth and see the exotic plants and beautiful displays in the various gardens.

Then we journey through space and time to explore connections between the universe and the wonders of the natural world at the **Bell Museum**. On this guided walking tour (70 minutes) you will learn about the diversity of life on earth through the lens of the Bell's world-renowned wildlife dioramas. Then visit the Whitney and **Elizabeth MacMillan Planetarium** for a journey through space and time with the interactive planetarium program, *No Limits!*. Join in as we ask some of the big questions astronomy is trying to answer. This show will include a live program in which our presenters take you on a tour of the night sky, with a guide to the planets, stars, and constellations you can see here in Minnesota.

Thurs., February 7, 2019

10:30am—4:00pm

Fee: \$57/person includes lunch, guided tour, admissions, transportation and SLP Tour Escort

Registration deadline: 1-8-19

GRANDPARENT AND CHILD PAINTING

Parents or Grandparents, spend a fun morning with your kids making one large canvas painting together. Keep in mind there is one canvas per registered Adult/Child to work on together, you may register another child to work on the same canvas for an additional \$5/child.

Saturdays

October 6 "Happy Fall"
November 24 "Holiday Bliss"
December 8 "Jolly Holiday"

10:00am - Noon

SLP City Hall

Fee: \$27/per class for one grandparent and one grandchild; each additional child \$5.00

(Please call 763-792-7201 if adding an additional child)

FRESH CHEESE MAKING

Do you love fresh cheese? If so, learn how to make fresh mozzarella and ricotta! It is easier than you think and you'll come away with some tasty fresh cheese. We'll take you through the whole cheese making process introducing you to the ingredients and skills that you need to start making fresh cheese at home.

Saturday, October 13

1:00 - 3:00pm

Joseph E. Wargo Nature Center, Rice Creek Chain of Lakes Park Reserve

Fee: \$23/person

YOGA FOR SENIORS

Classes include breathing practices and modified stretches to fit everyone, even those who prefer to remain seated on a chair. Please dress in comfortable clothes and bring a mat for floor work. All fitness levels are welcome.

November 2 - December 28

(No Class on Nov. 23rd)

Noon - 12:45pm

SLP City Hall

Fee: \$40/person/session

TIPS FOR USING ANCES-TRY.COM

Subscription, Library Edition or the Free Guest account. Bring your laptops.

Tuesday, October 23

11:00am - 1:00pm

SLP City Hall

Fee: \$15/person

COOKING WITH ESSENTIAL OILS

In this class you will need to come with your tummy rumbling. You will be receiving a yummy dinner made with dishes made with Essential Oils. You will also learn which essential oils are safe to take internally and work well in the kitchen. You will have an appetizer, a meal and a dessert. We will start things off with a delicious smoothie! **Included in this class:** Dinner, An Essential Oil sample, a recipe booklet with delicious recipes & a magazine with a lot of tips on how to use essential oils.

Tuesday, October 16

6:00 - 8:00pm

SLP City Hall

Fee: \$32/person

BEADED SILVERWARE CLASS

Make a three piece set of mini silverware. You will be shown how to create beautiful silverware you can give as gifts or use for your own entertaining.

Tuesday, Oct. 30

6:00 - 8:00pm

City Hall

Fee: \$14/person (plus \$12 supply fee paid to the instructor the night of class)

FUSED GLASS

Just in time for the holidays.

Create a 8 inch fused-glass masterpiece. No experience is necessary. Class held at Lady Bug Pottery in Champlin.

Monday, November 12

6:00 - 8:00pm

Lady Bug Pottery (12478 Champlin Dr, Champlin)

Fee: \$32/person

ARMY K9 CORP -WORKING DOGS IN VIETNAM

Presented by Vince Smith,
US Army dog handler, 1972.

Security, patrolling and training the dogs during the war. Also will speak on being a kennel master Ft. Jackson, SC.

Tuesday, September 25

10:00 - 11:30am

SLP City Hall

Free presentation

(but reservations required. Coffee will be provided.)

Join us for OUR....

2019 FALL SLP TRAVEL SHOW



Wednesday, October 24

9:00am

SLP City Hall

Fee: Free

Please call 763-792-7201 to reserve your spot.

MN SAFETY COUNCIL 55+ DRIVING CLASSES

8 HOUR COURSE- \$23/Person/Class

This course is required for all adults 55 and over who wish to receive a minimum discount of 10 percent on their automobile insurance. Once you have completed the eight hour course, you must take a 4 hour refresher course every 3 years to maintain your discount. Classes do fill quickly. No walk-ins.

Tuesdays, November 13 and November 20

5:30 pm - 9:30 pm

SLP City Hall

4 HOUR REFRESHER COURSE - \$20/Person/ Class

Every three years, you are required to take the 4 hour refresher course in order to maintain your discounted automobile insurance. Classes do fill quickly. No walk-ins.

Wednesday, October 10

9:00 am - 1:00 pm

Tuesday, October 23

5:30 pm - 9:30 pm

Tuesday, November 13

9:00 am - 1:00 pm

SLP City Hall

PASTRIES, FRUIT AND COFFEE SEMINAR

Minnesota Byways by Doug Ohman

Doug Ohman will take you along with him to his favorite locations from each of the Six "Minnesota Byways" books he has published. He will share the best photographs and stories from around the great state of Minnesota.

Highlights: barns, churches, courthouses, school Houses, cabins and more!

Wednesday, October 31

9:00am-11:00am

SLP City Hall

Fee: \$5/person (Includes pastries, fruit, juice and Coffee)

FREE SENIOR ACTIVITIES

SENIOR CARD CLUB

Join other seniors every Thursday from 1:00-3:00 pm for 500 at the Spring Lake Park City Hall. There is no charge to participate and no pre-registration is required.

Thursdays, *Year round activity*

1:00 - 3:00 pm

SLP City Hall

SENIOR BINGO

Every second and fourth Monday of the month enjoy BINGO at the Spring Lake Park City Hall! There's no charge to have fun and maybe win a prize. No registration required.

2nd & 4th Mondays

September - May

SLP City Hall

1:00 - 3:00 pm

BOOK CLUB

Do you love to read, and want to share and discuss the book? Join us the first Thursday of every month.

October Read

"Jenny" by

Ronald Stanchfield

November Read

The Book That Matters

Most by Ann Hood

October - May

11:00 am - Noon

SLP City Hall

WALKING CLUB

Wednesdays 9:00am

Oct, 3, 17, 31

Call 763-571-7502 for park locations.

SOUTHWEST FLY AWAY TOUR HIGHLIGHTS

- 3 nights Scottsdale—Holiday Inn Express and Suites-Scottsdale Old Town
- 3 nights Tucson— Radisson Suites
- Dolly Steamboat Cruise
- Tortilla Flat
- Barleen Family's Arizona Opry and Dinner Show
- Goldfield Mining Camp
- Tucson City Tour with local step on guide
- Arizona—Sonora Desert Museum
- Mission San Xavier del Bac
- And much more!
- Air transportation including shuttle to airports—American Airlines
- All accommodations
- Luggage handling for one bag
- Meals as indicated in Itinerary
- Deluxe motorcoach
- Professional SLP Tour Manager

PRICE PER PERSON:

\$1,898 double; \$2,479 single

\$1,848 triple*

**please expect 2 double beds. Roll-a-way beds MAY be available at additional cost.*

CANCELLATION POLICY

Full refund provided by Spring Park Recreation up to 12/17/18 after that date you must file a claim with Travel Insured International, providing appropriate documents. SLP Recreation has purchased Group Protection plan from Travel Insured International on behalf of all participants.

BENTLEYVILLE “HOLIDAY LIGHTS TOUR”

December 11 & 12, 2018

Highlights

- One night stay at Hampton Inn on Canal Park-City View
- “Bentleyville” Lights
- Transportation to Duluth and Bentleyville
- Canal Park Shopping Time
- Tweed Museum Tour
- Meals: Coffee & Roll, 1 breakfast
- Moderate Walking

Double Occupancy:

\$210/person

Single Occupancy:

\$285/person

Triple Occupancy:

\$190/ person

\$100 deposit is due with completed registration.

Final payment due November 1, 2018.

Spring Lake Park has purchased the Group Deluxe protection plan from Travel Insured International (TII) on behalf of all participants.

CANCELLATION POLICY

Full refund provided by Spring Lake Park Recreation prior to payment in full due by November 1, 2018. Refunds after that date available through Travel Insured Int'l in accordance with the Evidence of Benefits.

FOR INFO. CALL 763-792-7201

February 23– March 1, 2019

SPRING LAKE PARK RECREATION DEPARTMENT REGISTRATION FORM

To register, please complete the form below and send it along with your check. Or go to www.slprec.org and register on line. Extended trips are not available for on line registration.

FIRST _____ MIDDLE _____ LAST _____

NICKNAME _____ EMAIL _____

ADDRESS _____

CITY _____ STATE _____ ZIP _____

PHONE _____ CELL PHONE _____

ROOMING WITH FOR EXTENDED TOUR ONLY:

First: _____ Middle: _____ Last: _____

ACTIVITY _____

DATE _____ COST _____

SPECIAL NEEDS: _____

The Minnesota Data Privacy Act requires that personal information you provide remain private data and is not available to the public. By signing below, you are consenting to allow personal data to be shared with essential personnel involved in administering the program. In consideration of your accepting this entry, my heirs, executors and administrators, waive and release any and all rights and claims for damages I have against the City of Spring Lake Park or their representatives, successors, and assigns for any and all injuries suffered by myself at the activity that I attend.

Adult Participant or Parent/Guardian Signature:

FOR OFFICE USE ONLY

Class # _____

Cash/Check # _____

Receipt # _____

Date Rec'd _____ By _____

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