



**FALL CLASSES
BEGIN AUGUST 19**

918-977-6769



GYMNASTICS CLUB



GIRLS SUPER STARS

Ages 5 and up

Monday & Wednesday

Or

Tuesday & Thursday

4:30-5:20

5:40-6:30

6:40-7:30



BEGINNER

CHEERLEADING AND INTRODUCTION TO CHEERLEADING

SQUAD

Ages 5-10

Tuesday only 5:30-6:30

Jumps, Stunts, Motions
Pyramids, 8 counts, Dance

BEGINNING

TUMBLING FOR CHEERLEADING

Monday & Wednesday

6:30-7:30

ADVANCED

TUMBLING FOR CHEERLEADING

(special requirement)

Back handspring

Tuesday & Thursday

6:30-7:30



GIRLS

BOYS

PRESCHOOL

HOMESCHOOL

TUMBLING

CHEERLEADING

TUMBLE BUGS

Walking to 3 years

Adults must participate-No registration fee

Saturday 10:00-10:50



Boys and Girls Ninja tricks and
tumbling Ages 5 and up

Saturday Mornings 9:00-10:00



TINY TUMBLERS

Boys & Girls

Ages 3-4

Monday & Wednesday

2:00-2:50

4:30-5:20

5:40-6:30

Tuesday & Thursday

10:00-10:50

4:30-5:20

5:40-6:30



BOYS HOT SHOTS

STRENGTH TRAINING

Ages 5 and up

Monday & Wednesday

4:30-5:20

BOYS HOT SHOTS

GYMNASTICS

Tuesday & Thursday

4:30-5:20

HOME SCHOOL

GYMNASTICS CLASS

Monday & Wednesday

Boys and Girls

Ages 5 and up

2:00-2:50



COMPETITIVE GIRLS GYMNASTICS

COMPETITIVE CHEERLEADING

www.Phillips66Gymnastics.com

BIRTHDAY PARTIES

Come have your next birthday party at the Gymnastics Club! 1 1/2 hours of gymnastics fun and games. Call to reserve your party at our high tech playground!