

## Diabetic Dilated Eye Exams

A dilated eye exam may detect eye disease before noticeable vision loss occurs.

When diabetic retinopathy is detected early, treatment is 95% effective in preventing severe vision loss. Controlling diabetes may help slow the progression of diabetic retinopathy.

Below you will find a list of optometrists and ophthalmologists who can perform a dilated eye exam once a year, or as recommended. Please inform the office of your diabetes diagnosis when scheduling the appointment and completing any registration/clinical information forms.

It is also important to make sure that the specialist sends a copy of your diabetic retinopathy exam to FMMC to be included in your medical records. Our fax number is (978) 534-8705.

**Dr. James Freedman**  
*Baystate Eye Associates*

**Dr. David Kahan**  
25 Sack Blvd. Leominster, MA (978) 537-2270

**Dr. Paul Shepherd**

**Dr. Mark Fontaine** 59 N. Main St. Leominster, MA (978) 537-6324

**Dr. Tad Baum** 50 Memorial Dr. Ent. G Suite 105 Leominster, MA (978) 534-2426

**Dr. John Mooney**  
*Leominster Optometric Associates*

**Dr. Deborah Bettencourt**  
23 Mill St. Leominster, MA

**Dr. Micaela Crowley**  
(978) 537-5546

**Dr. Sandra Yelen**  
*Visionary Eye Care* 875 Merriam Ave. Suite 135 Leominster, MA (978) 537-0202

**Dr. Saundra Ferrera**

**D'Ambrosio Eye Care** 479 Old Union Turnpike Lancaster, MA (800) 325-3937  
74 Main St. Gardner, MA (978) 632-3920  
100 Powder Mill Rd. Acton, MA (978) 897-7212  
865 Merriam Ave. Suite 119 Leominster, MA (978) 537-6045

**Dr. Steve Brusie**  
*Valley Eye Care* 190 Groton Rd. Suite 140 Ayer, MA (978) 772-4000

**Dr. Gisele Velez**

**New England Eye Center** 20 Commercial Rd. Leominster, MA (978) 534-6100



Family Medical and Maternity Care, P.C.

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