



**35<sup>th</sup> Annual Invitational Track Meet**  
**May 25<sup>th</sup> – 26<sup>th</sup>, 2019**  
*Updated 5/13/19*

**Sponsored By:** Los Angeles Jets Track Club

**Sanctioned by:** Southern California Association/USATF

**THIS IS A SCA-USATF JUNIOR OLYMPIC QUALIFICATION MEET**

**Date:** Saturday & Sunday, May 25 - 26, 2019

**Site (CHANGED):** Gahr High School  
11111 Artesia Blvd  
Cerritos, CA 90703

**Starting Time:** 8:00 AM Field and Running Events

**Meet Directors:** Bob Holden (408) 832-6333 [lajetmgr@gmail.com](mailto:lajetmgr@gmail.com)  
Sanoma Evans (213) 500-6375 [Lajetstrack@gmail.com](mailto:Lajetstrack@gmail.com)

**Eligibility:** 2019 SCA rules require that all participants have a valid 2019 USATF membership. Membership may be done online at [www.usatf.org](http://www.usatf.org) Entries opened to any Boy or Girl, according to their year of birth, in the following Divisions:

<b>8 &amp; Under</b> .....	<b>2011&amp; Later</b>
<b>9 - 10</b> .....	<b>2009-2010</b>
<b>11 - 12</b> .....	<b>2007-2008</b>
<b>13 - 14</b> .....	<b>2005-2006</b>
<b>15 - 16</b> .....	<b>2003-2004</b>
<b>17 - 18</b> .....	<b>2001-2002</b>

**Participant waiver/release forms for each athlete must be filled out and available prior to the meet. They can be found on the Usatf.org website.**

**Limitation:** 8 & under, 9-10 and 11-12 are limited to three events. 13-14 and above are limited to four events. **8 & under born 2011 or later (age 5 & 6 by December 31 are restricted to 100M, 200M, Long Jump, Shot Put, 4x100M Relay & 4x400M Relay).**

**Surface:** All-Weather Track and Runway. **Restricted 3/16" Pyramid Spikes.**

**Registration:** To register individuals, unattached, and Teams, go online TBD. Online entry deadline is midnight (PST), Sunday May 19, 2019.  
***Please Note: All athletes entering the meet must have their age verified through their USATF Association Office or Athletic.net will not accept their registration for The LA Jets Invitational.***



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**Late Registration & Packet Pickup** Late entries will be \$7.00 per event or \$28.00 per relay and subject to lane availability. Packet Pickup & Late registration will be available at Meet Headquarters at Gahr High School.

Team packets can also be picked up at the track located at Gahr High School on Saturday and Sunday.

Late registration at the meet will be restricted to 7:00 a.m. to 9:00 a. m. on Saturday and Sunday for seeding.

**Entry Fee:** \$3.50 per individual event and \$14.00 per relay. Entries fees are non-refundable and must be paid online (credit card only). Late registration will accept cash, club check or money order. Southern California Association clubs may pay for late registration with club checks made payable to “Los Angeles Jets Track Club” - **NO PERSONAL CHECKS WILL BE ACCEPTED and Club Checks will not be accepted from teams outside of the Southern California Association.**

**Protests:** Must be made in writing (rule number must be indicated with a \$50.00 cash deposit within 30 minutes of posted result). Protest sheets will be available and must be returned to the registration table.

**Awards:** Custom medals will be awarded to first, second and third place. Custom ribbons will be awarded to fourth through eighth place in each event. Athletes must wear their competition number when picking up their awards and all awards must be picked up at the meet – we do not mail or deliver awards after the meet. Any concerns about placement need to be addressed before the end of the meet before they are finalized and posted to the association website.

Division trophies will be presented to the top two teams in the 8 & Under through 13-14 Divisions, using the 10-8-6-5-4-3-2-1 system. A Team Championship Trophy will be presented to the top overall boy and girl team. The host team will be excluded from these awards but will displace in the scoring.

**Meet Results:** Will be provided online by Tuesday, May 28<sup>th</sup>, 2017 at [www.lajetstrack.com](http://www.lajetstrack.com). Results will also be made available on [www.scausatf.org](http://www.scausatf.org).

**Check-In:** All participants in running events must check in at the Clerk of the Course when their events are called. Events check-in will close 5 min after final call – No



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exceptions. Field event participants must report directly to the Official on the field in charge of the event when called.

**Parking & Seating:** \$5.00 per car (in/out allowed). The City of Cerritos is strict with parking restriction and will ticket & tow for illegal parking. Please respect all posted parking restrictions. The LA Jets will not be held liable for the illegal parking of any guests.

Tents and large umbrellas are restricted to the top rows on both sides of the track but **ROPED OFF AREAS WILL NOT BE PERMITTED AND WILL BE REMOVED BY MEET MANAGEMENT.**

*Please Note: Tents can be set up at Gahr High School beginning at 6am on Saturday, May 25<sup>th</sup>. Please do NOT enter the stadium facilities prior to that time.*

**Concessions & Apparel** Food, drinks, snacks, Programs and Custom LA Jets Invitational 2019 Apparel (Shirts and Hoodies with the names of all pre-registered athletes on the back as well as other apparel) will be available for purchase.

We ask that all attendees abstain from barbecuing or cooking food in the parking lot of the meet as well as patronizing uninvited vendors including ice cream carts and other unauthorized sales persons. No sales are to be performed in the stands, parking lots or adjacent streets.

**Pets:** No Pets allowed

**We are a non-profit organization who greatly appreciates your support for our concession stands and invited vendors.**

**MEET WILL TAKE PLACE RAIN OR SHINE**



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### **Order of Events**

#### **Saturday May 25, 2019**

##### **RUNNING EVENTS – START TIME: 8:00 AM.**

1500M Race Walk F 9-10/G, 9-10/B, 11-12/G, 11-12/B  
3000M Race Walk F 13-14/G, 13-14/B, 15-16/G, 15-16/B, 17-18/YW, 17-18/YM, Open/Masters  
3000M Run F/F 11-12 (G-B), 13-14 (G-B), 15-16 (G-B), 17-18 (YW-YM)  
100M Dash S/F 8&U (G-B) through 17-18 (YW-YM) & Open/Masters  
400M Dash F/F 7&8 (G-B) through 17-18 (YW-YM) & Open/Masters  
4X100M Relay F/F 8&U (G-B) through 17-18 (YW-YM)  
400M Hurdles F/F 15-16/B, 17-18/YM, 15-16/G  
200M Hurdles F/F 13-14 (G-B)  
4x800M Relay F/F 11-12 (G-B) through 15-16 (G-B)

##### **FIELD EVENTS – START TIME: 8:30 AM.**

High Jump F 11-12/G, 11-12/B, 13-14/G, 13-14/B  
Long Jump F 9-10/G, 9-10/B, 17-18/YW, 17-18/YM, 15-16/B, 15-16/G, 13-14/G, 13-14/B  
Shot Put F 13-14G, 13-14B, 11-12G, 11-12B, 17-18YW, 17-18YM  
Finn Flyer Javelin 11-12/G, 11-12/B (450g)  
Javelin (follows Finn Flyer) F 17-18/YW, 17-18/YM, 13-14/G, 13-14/B, 15-16/G, 15-16/B,

#### **Sunday, May 26, 2019**

##### **RUNNING EVENTS – START TIME: 8:00 AM.**

1500M Run F/F 7&8 (G-B) through 17-18 (YW-YM)  
200M Dash F/F 8&U (G-B) through 17-18 (YW-YM) & Open/Masters  
110M Hurdles F/F 15-16(B), 17-18 (YM),  
100M Hurdles F/F 13-14 (B), 17-18 (YW), 15-16 (G), 13-14 (G)  
80M Hurdles F/F 11-12 (G), 11-12 (B)  
800M Run F/F 7&8(G-B) through 17-18 (YW-YM)  
100M Dash Final 8&U (G-B) through 17-18 (YW-YM)  
4X400M Relay F/F 7&8(G-B) through 17-18 (YW-YM)

##### **FIELD EVENTS – START TIME: 8:30 AM.**

High Jump F 17-18/YW, 15-16/G, 17-18/YM, 15-16/B, 9-10/G, 9-10/B  
Discus F 11-12/G, 11-12/B, 13-14/G, 13-14/B, 15-16/G, 15-16/B, 17-18YW, 17-18YM  
Triple Jump F 13-14/G, 13-14/B, 17-18YM, 15-16/B, 15-16/G, 17-18/YM  
Long Jump F 8&U/G, 8&U/B, 11-12/G, 11-12/B,  
Shot Put F 9-10/G, 9-10/B, 8&U/G, 8&U/B, 15-16/G, 15-16/B



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Pole Vault F 13-14/G, 13-14/B, 15-16/G, 15-16/B, 17-18/YW, 17-18/YM  
Mini-Javelin F 8&U/G, 8&U/B, 9-10/G, 9-10/B

### **Additional Hotels**

#### **Motel 6 Norwalk #1**

10646 Rosecrans Ave  
Norwalk, CA 90650  
Ph: (800) 544-4866

#### **Motel 6 Norwalk #2**

11734 Imperial Hwy  
Norwalk, CA 90650  
Ph: (800) 544-4866

#### **Best Western Los Alamitos Inn & Suites**

10591 Los Alamitos Blvd  
Los Alamitos, CA 90720  
Ph: (562) 598-2299

#### **Days Inn & Suites Artesia**

17510 Pioneer Blvd  
Artesia, CA 90701  
Ph: (562) 924-6700

#### **Artesia Inn & Suites**

16905 Pioneer Blvd  
Artesia, CA 90701  
Ph: (562) 402-2202