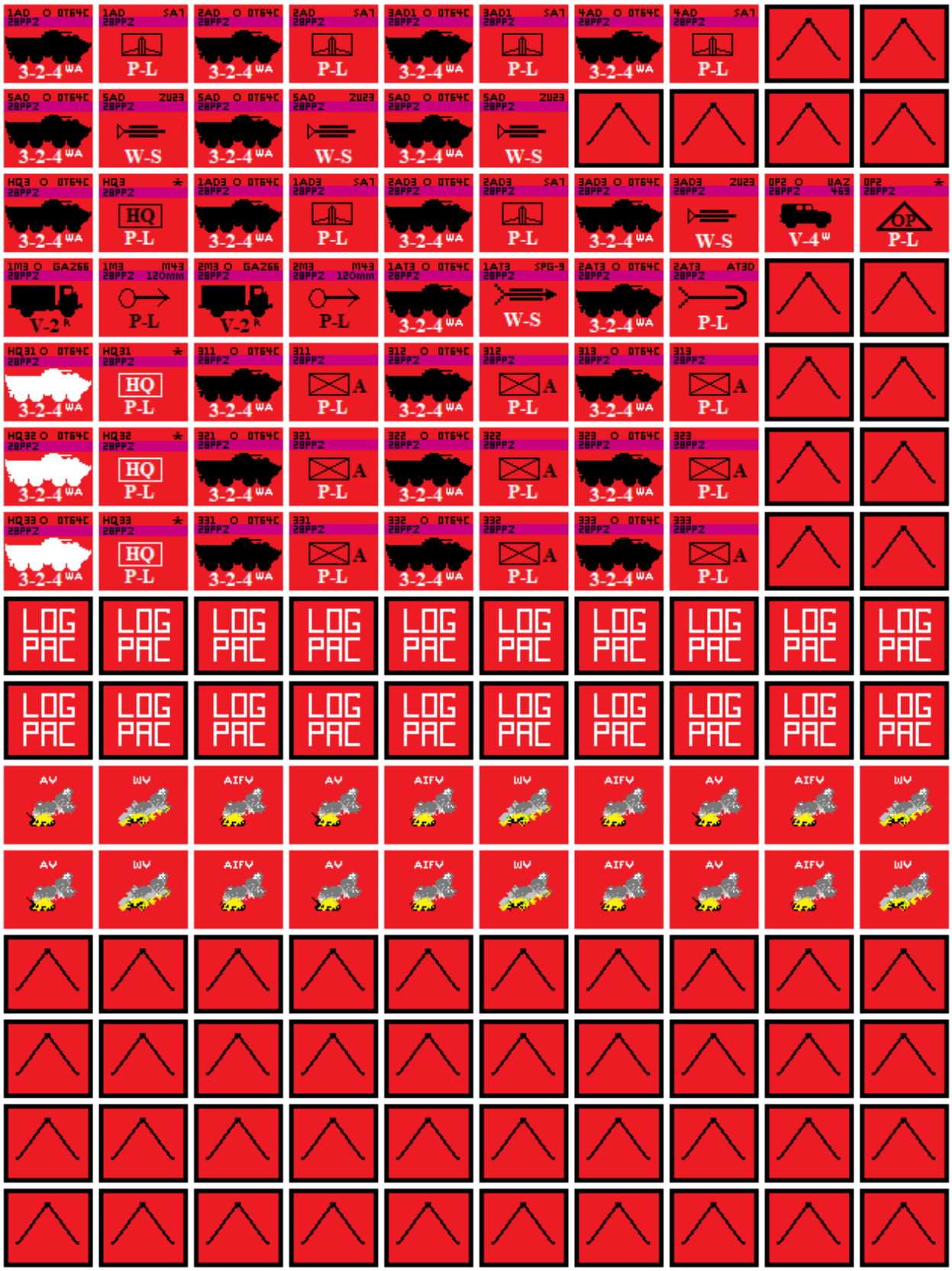28 *Sudecki* Pułk Piechoty Zmechanizowane