



Del Norte Senior Center
 1765 Northcrest Drive
 Crescent City, CA 95531
 707-464-3069

Lunch Served Daily
 Monday Thru Friday
 11:30a.m. TO 12:30p.m.



August 2022

SUN	MON	TUE	WED	THU	FRI	SAT
<p>Senior Information 464-3069 ext. 207</p>	1 Spaghetti W/Meat Sauce, Broccoli, Tossed Salad, Garlic Bread &	2 Bean and Cheese Burrito, Tossed Salad Tortilla Chips & Yogurt Cup	3 Hot Beef Sandwich, Mashed Potatoes with Gravy, Green Beans	4 Tuna Noodle Casserole, Orange, W/W Roll & Pudding	5 Chef Salad, Whole W/W Roll & Jell-O Cup	6
<p>7</p> 	8 BBQ Chicken, Broccoli & Cauliflower, Tossed Salad, Rice Pilaf & Peach Cup	9 Three Cheese Ziti, Italian Vegetables, Garlic Bread & Apple Crisp	10 Chunky Corn Chowder, Spinach Salad, Corn Bread & Jell-O W/Oranges	11 Sloppy Joes on WW Bun, Sweet Potato JoJo's, Tangy Coleslaw & Bananas	12 Lemon Herb Fish, Oven Roasted Potatoes, Tarragon Carrots, Coleslaw, W/W Bread	13
<p>14</p>	15 Gourmet Swiss Steak, Mashed Potatoes W/Gravy, Broccoli & Cauliflower, Tossed Salad & WW Bread	16 Macaroni and Cheese, Green Beans w/Dill, Tangy Broccoli Apple Salad, WW Roll	17 Chicken Enchilada, Corn W/Pepper, Tortilla Chips & Banana	18 Beef Chili, Corn Bread & Watermelon	19 Chef Salad, Whole Wheat Roll & Strawberry Jell-O	
<p>21</p> <p>Menu is Subject To Change Without Notice</p>	22 Salisbury Steak, Mashed Potatoes, Broccoli Normandy & W/W Bread	23 Vegetarian Spaghetti, Broccoli with Red Peppers, Coleslaw & Garlic Bread	24 Orange Chicken, Oriental Vegetable, Brown rice, Asian Cole slaw, & Fresh Fruit	25 Beef Stew, Apple Raisin Coleslaw & Cornbread	26 Birthday Lunch Hamburgers on WW Bun, Baked Beans, Corn W/Red Peppers, and Cookies	27
<p>28</p>	29 Beef Stroganoff, Italian Vegetables, & Applesauce	30 Vegetarian Chili, Romaine Salad, Cornbread & Cantaloupe	31 Chef Salad, W/W Roll, Yogurt Cup			<p>HICAP AT DNSC 464-7876</p>