

Normas Para El Ayuno Y La Abstinencia



Este miércoles de ceniza, 14 de febrero y el viernes santo, 30 de marzo, son días de abstinencia y de ayuno. También se debe abstenerse los viernes (no comer carne) durante la Cuaresma.

Esta no es sólo una forma de penitencia, sino también una oportunidad de hacer un balance o evaluar nuestra vida espiritual. Todas las personas a partir de los 18 años de edad y los que no hayan cumplido los 59 años de edad, deben ayunar. Se permite comer una vez durante el día de ayuno, también pueden comer dos veces para mantener la energía, según la necesidad de cada individuo. Sin embargo, estas dos comidas no deben igualar a la cantidad de una comida completa.

No se puede comer entre comidas, pero está permitido tomar líquido, incluyendo leche y jugos. La abstinencia se debe cumplir desde los 14 años de edad en adelante.

En los días de abstinencia, no se debe comer carne, pero si la salud o la habilidad para cumplir su trabajo se ve seriamente afectado, la ley no lo obliga. Si se tiene alguna duda sobre la práctica del ayuno o de la abstinencia, consulte el párroco.

Este miércoles es miércoles de Ceniza



Se distribuirán las cenizas dos veces: a las 12 de media día en la iglesia durante la Misa en inglés, y luego en la Misa bilingüe a las 7 PM en la iglesia.

El sacerdote con la ayuda de ministros litúrgicos meten el dedo pulgar de su mano en las cenizas y hace la Señal de la Cruz en la frente de cada persona y dice “Recuerda que polvo eres y en polvo te has de convertir”. Esto nos recuerda de nuestra propia mortalidad y nos llama al arrepentimiento durante la temporada de cuaresma.

Aprenda sobre “Vive la Eucaristía”



Vive la Eucaristía es un dinámico programa de renovación parroquial el cual ayuda a toda la parroquia – adultos, jóvenes y familias. Vive la

Eucaristía funciona en Cuaresma, el cual comienza esta semana. Su urgen todos los fieles tomar parte en grupos para compartir la fe con adultos o jóvenes, leer y meditar de las lecturas usando el método de rezar que se llama “Lectio Divina.” El programa requiere dos libritos a comprar: (1) Librito Para Participantes de Grupos Pequeños and (2) Del Éxodo a la Pascua. (\$11 dólares para los dos)

Conseguir sus libritos: Los libritos se distribuyen este fin de semana en el salón Sherlock.

Grupos ya formado o formando. Para juntarse a un grupo de adultos o jóvenes favor llame o Rocio, o Sara o Karina.

Corresponsabilidad: 6to. del Tiempo Ordinario



En la segunda lectura de hoy, San Pablo exhorta a los Corintios “hacerlo todo por la gloria de Dios.” Si nosotros seguimos esos consejos, no podemos ser otra cosa que buenos Administradores de Nuestro Tiempo, Talento y Tesoro como Bienes de Dios!

Guitarra con Señor Lara



Las clases de guitarra con Señor Martín Lara, el líder de nuestro coro Hispano, empezarán el día sábado, 3 de Marzo con el horario de 2:30 pm a 3:30 pm en un salón de la Iglesia. Favor, para mas información llámelo a Martin 229-591-4382



St. Mary Catholic Church

332 S. Lee St., Americus, GA 31709

Telephone: (229) 924-3495

Pastor: Father Fran Gillespie SJ (“Padre Paco”)

email: fgillespie@diosav.org

Bookkeeper: stmaryamericus@gmail.com

Parish Web Page: www.stmaryamericus.com

Office Hours: Tuesday-Friday: 9:00 A.M. - 1:00 P.M.

February 11, 2018 6th Sunday in Ordinary Time

“A leper came to Jesus and kneeling down begged him and said, “If you wish, you can make me clean.” Moved with pity, Jesus stretched out his hand, touched him, and said to him, ‘I do will it. Be made clean. The leprosy left him immediately, he was made clean. Jesus said to him, “... go show yourself to the priest and offer for your cleansing what Moses prescribed.” (Mark 1:40ff)



Nuestra Misión: Nosotros, los feligreses de la Iglesia Católica Santa María en Americus, Georgia, compartimos nuestra diversidad mientras abarcando nuestro Bautismo común adorando a Dios, celebrando la Eucaristía, honrando María, difundiendo la Palabra, y sirviendo a los demás.

Mission: We, the parishioners of St. Mary Catholic Church in Americus, Georgia, share our diversity while embracing our common Baptism by worshiping God, celebrating the Eucharist, honoring Mary, spreading the Word, and serving others.

SACRAMENTAL INFORMATION

Clases de Preparación Bautismal - Por favor llame la oficina parroquial para registrarse por las platicas pre-bautismales a menos un mes antes del Bautismo.

Clases de Preparación de Matrimonio - Las parejas necesitan comunicarse con el Padre por lo menos seis meses antes de la fecha de la boda.

Sacramento de la Unción de un Enfermo - Si alguien está enfermo, llame el párroco para recibir este sacramento (favor, no esperar al ultimo momento).

Confesión/Reconciliación - Sábado 4:00 pm a 4:30 pm o llame el párroco por una cita particular.

HORARIO DE LAS MISAS

Sábado: 5:30 PM (Inglés)

Domingo: 9:30 (Inglés); 11:30 (Español)

Martes a Viernes a las 12:00 (inglés) en la capilla

SACRAMENTAL INFORMATION

Baptismal Preparation Class - Contact the pastor by phone /email to register for a pre-Baptism class at least a month ahead of a Baptismal date.

Marriage Preparation - Contact the pastor at least 6 months before expected wedding date.

Sacrament of the Anointing of the Sick - Those quite ill, hospitalized, or facing surgery who wish the Sacrament of the Anointing of the Sick, please contact the pastor sooner rather than later.

Confession/Reconciliation - Saturday 4:00 pm to 4:30 pm or call Fr. Fran for an appointment.

SCHEDULE OF WEEKLY MASSES

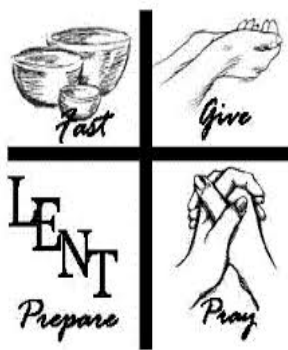
Saturday: 5:30 pm - English

Sunday: 9:30 (English); 11:30 (Spanish)

Tuesday thru Friday, 12 Noon, in chapel (English)

Diocesan Office for Protection of Children & Youth (912-201-4074); toll free hotline is (888) 357-5330

LENTEN FAST AND ABSTINENCE



Catholics between the ages of 18 and 59 are obliged to fast on Ash Wednesday and Good Friday. In addition, all Catholics 14 years old and older are to abstain from meat on Ash Wednesday, Good Friday and all Fridays of Lent.

What is Fasting? Fasting means partaking of only one full meal. Some food, not equaling another full meal, is permitted at breakfast and around midday or in the evening depending on when one chooses to eat the main or full meal.

What is Abstinence? Abstinence forbids the eating of meat (but not of eggs, milk products or condiments made of animal fat.)

When does Lent start? Ash Wednesday, which falls this week, 2/14, inaugurates Lent. It starts the liturgical season that prepares us for the celebration of the resurrection of Jesus Christ on Easter Sunday.

Ash Wednesday is not one of the church's Holy Day of Obligation so one is not under the pain of sin to attend or not. Still we are encouraged to attend Mass on this day to awaken our desire to make a Lent spiritually beneficial to ourselves and others. At the Mass, the priest and assisting ministers dip a thumb in the ashes and makes the Sign of the Cross on each person's forehead and says either "Remember that thou art dust and to dust thou shalt return" or "Turn away from sin and be faithful to the Gospel".

Catholics over the age of 18 and under the age of 60 must fast on this day as well as abstain from eating meat. This ought not be a mindless form of penance but should be motivated by our desire to take stock of our spiritual lives. At the outset of Lent we do well to set specific spiritual that we would like to reach by Easter. Besides these penances, we are to plan to pray more and also to do more almsgiving during Lent.

The one collection taken up on Ash Wednesday is to aide the Church in Eastern Europe.

Ashes Administered Twice This Wednesday



Ashes will be distributed this Wednesday after the homily at two Masses: the 12 noon Mass which will be in the church not chapel and at the evening Mass at 7 PM (bilingual). There are no other scheduled times for distribution of ashes except for those homebound, in a nursing facility or in the hospital.

Traditional Devotion: Stations of the Cross



In addition to participating in the new diocesan program of "Living The Eucharist", which holds priority for this and the next two Lents, the traditional devotion of the Stations of the Cross will be available twice for all who wish to set aside more time for praying in Lent. The schedule follows:

FRIDAY Stations of the Cross (in English):

Morning: Exposition of Blessed Sacrament starts at 11 in the chapel; 11:30, one Station selected for our Lectio Divina; Mass follows at Noon;
Evening: 6:00-7:00 PM in the church (Stations only)

WEDNESDAY Via Cruces (Stations in Spanish):
6:25 PM -7:10 PM; from 7:15 to 7:30
Exposition of the Blessed Sacrament

Living The Eucharist (LTE) Starts This Week



Currently, the groups formed so far are listed below. It's still time to sign up for a group and to do so contact LTE Coordinator Lynn Ingle at : lynn.ingle@mga.edu. If you have not yet done so, consult: www.livingtheeucharist.org

LTE GROUPS FORMED OR FORMING

Sunday morning, c. 11 AM (Calcutt's home)
Monday evening, 6:30; (Charlene McGowan's home)
Tuesday at 1 PM; Carolyn Campbell, hall classroom
Friday evening, 6:30, (Maureen Turner's home)

Lenten Spiritual Exercising: Lectio Divina



LECTIO DIVINA
Reading the Scripture
Reflecting on the Meaning
Responding through Prayer
Resting in God
Responding in Action

Lectio Meditatio Oratio Contemplatio Operatio

Following the directive of our Bishop, Gregory Hartmayer, all parishioners are expected to participate in the Lenten program "Living The Eucharist" (LTE), the goals of which have been described the past two months in our parish bulletin. With the start of Lent this week on Ash Wednesday we enter into participating in LTE.

One of the essential means for achieving the goals of LTE is doing the spiritual exercise called "Lectio Divina". Indeed, a lasting benefit, a great take-away, from our participating in LTE during the six weeks of Lent will be our becoming adept at performing this age old form of prayer.

What is this form of prayer called Lectio Divina?

The answer can be found in your hands and in your view. That is to say, in your hands because it is clearly summarized in pages 29-33 of your LTE "Small Group Participant Booklet". It is in your view because it is presented in a video by the same name on the LTE website to which you have been directed these past two months, namely: www.livingtheeucharist.org

Can I participate in LTE if I can't make a group?

Some few parishioners cannot see their way to join a LTE group due to reasons of work schedule, travel, or health. So yes, in such circumstances, one can still profitably use their "Small Group Participant Booklet" and pray Lectio Divina on their own. The idea is for all of us, adults, youth and children, to participate in this Lenten program "Living The Eucharist".

Retrouvaille Weekend For Married Couples



The next Retrouvaille will be held next weekend, February 16-18 in Augusta, GA. The Retrouvaille Program is for Married Couples facing difficult challenges in their Relationship. It helps couples restore their marriage and rebuild a loving relationship. It is a Christian marriage program, Catholic in origin, where couples of all faiths or no faith background are encouraged to attend. It is a practical program to improve communication, build stronger marriages, and help couples reconnect. Presenters are not trained marriage counselors, but rather couples sharing their personal stories of marital struggles and the tools they used to rediscover their love. Reach for the Retrouvaille phone line and call (706) 869-8434 or visit the website: <http://www.helpourmarriage.com>

Bishop Hartmayer Grateful To St. Mary's



For the fourth year in a row our parishioners have not only met but exceeded the amount the Bishop asked us to contribute in his annual appeal. For this he expresses through its pastor his gratitude to St. Mary's. For the information of all the final figures are presented below, including the figure for the anonymous diocesan benefactor's matching gift for new contributors and for those who raised their previous BAA contribution.

St. Mary's 2017 BAA goal:	\$13,901
Total we actually contributed	\$15,427
Percent of Goal:	111%
Percent of Parishioners participating	51% (includes ten 2nd collections for BAA from the 8:30/10:30 Spanish Mass)
Am't contributed including matching gift	\$17,258
Adjusted percent of goal	124%

<u>Weekend</u>	<u>Offertory</u>	<u>Budget/Presupuesto</u>	<u>Surplus/(+Sobre)Deficit/(—Falta)</u>	<u>2nd Collection</u>
February 11	\$3,202	\$2,925	\$ 277	