HEALING IN THE NEW AGE

**by**

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 The healing process in the New Age will start with definitely planned work and with the force centers known as chakras1 in the etheric2, invisible body. These force centers affect the nervous system and the glands, which then affects the blood stream.

 In the future the whole emphasis will be on the energy centers, energy currents and the direction of energy to the organs within the radius of the influence of any particular center. From a study of the glands, much will be later learned of their relationship to the centers and much experimental work will be done. From the standpoint of the esotericist who admits the fact of the centers, the glands are, par excellence, the MAJOR determining factor in connection with the general health of an individual. This picture locates the seven major force centers. The centers indicate not only his psychological development far more than is today grasped, but they have a most potent effect upon the whole organic system. Their influence, via the blood stream, reaches into every part of the body and to the extremities. The glands are the result of the activity of the centers. They are first, last and all the time effects of inner predisposing causes, and it is through the centers and their affiliated glands that the soul builds the apparatus upon the physical plane which we call the physical man.3 **The glands affect character.**

 The spinal column is primarily intended to be the channel through which the energizing of the centers and the distribution of energy to the surrounding areas of the body is carried forward by the intelligent, integrated personality acting under the conscious direction of the soul. Not to the bony structure of the spinal column, but to the cord, its esoteric counterpart, and to the nerves which issue from the spine. Today this planned directed esoteric control of energy is not present, except in the case of those with the initiate consciousness and certain advanced disciples. There are inhibitions, blockages, unawakened areas, deficiency of vitality, lack of free flow and consequent lack of development within the whole man; or else there is too much stimulation, a too rapid vibratory activity a premature awakening of the centers, leading to the overactivity of the atoms and cells governed by any particular center. All these conditions, along with others not mentioned, affect the nervous system, condition the glands and produce disease and psychological difficulty in some form or another.4 Cancer of the prostate gland is caused by the overdevelopment of the sacral center.

 The following is the simple yet suggestive and symbolic diagram of the spinal column and the head, looking at both from the angle of the centers and the glands. (The spleen is not included in the diagram. Its function is a peculiar one, being the center of vitality in relation to the planetary vitality and the radiation from the sun. It is not controlled in any way from the spinal column. The diagram is simply an effort to relate in pictorial form the centers, the glands which they condition, and the organs which are affected by both. it is not intended to be a true picture of any physiological organic relations).



 The center at the base of the spine has a unique function. It is to the substance of the body, to the physical tissue and to all matter not included in the organs mentioned above, the source of LIFE. In the perfected man, the two centers (the highest head center and the basic center at the base of the spine) represent the great duality of spirit and matter, and they then control and govern, in perfect unison, the entire direction of the vehicle of the soul. Finally, you will have the spiritual aspect of the human being expressing itself perfectly through the related Monad (Spirit, the real Self) and personality (which is brought about by a third great major fusion). The material man is then responsive to these two via the head center (the Monad or Spirit) and the basic center (the spiritually energized personality). These two centers will then be in complete rapport, expressing the full nature of the spiritual man.5

 The practice of HARMLESSNESS is essential for good health. Jealousy, hatred and revenge discolor our emotional body. We then become devitalized. Judgment and criticism discolor our mental equipment. It eventually leads to health problems. Gratitude and love elicit joy, which keeps us in good health. Through study, meditation and service we can hasten our spiritual development.

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References:

1Bailey, Alice A. Lucis Pubishing Co. 1953 pg 141 Force Centers aka Chakras: There are to be found in the etheric body seven centers as focal points of reception and of distribution. They are the recipients of seven types of energy, and they distribute these seven energies through the entire little human system.

2Ibid. pg 79 The etheric body is the inner "substantial" form upon which the physical body is constructed. ...it is the network of nadis (infinitely intricate) which constitutes the duplicate aspect of the entire nervous system.

3Ibid pg. 204

4Ibid, pgs. 201-202

5Ibid, pg. 202,203