



## What are Small Groups at SPX? How can I join one?

### What are Small Groups?

At St. Pius X, Small Groups are a place to grow together as Christ's disciples with other adults.

### What do Small Groups do?

Grow together, share life together and pray with and for each other. Life has its ups and downs, but being in real relationship with other Christians allows us to face those issues together. Each week groups meet, catch up on life, and then dive deeper into the message series from the weekend Mass and how it applies to their lives.

### What do Small Groups require of me? *Show Up. Join In. Be Real.*

**Show up.** Small Groups are all about relationships – and you have to be there to experience it.

**Join In.** Participate in the conversation. Everyone brings a unique point of view. Your group won't be complete unless you contribute.

**Be Real.** Be yourself and allow God to work through the group and you. Being vulnerable is hard, but God honors our trust in Him and others.

### What is the time commitment?

Initially 8-weeks - you meet for about 90 minutes weekly at a group member's home. No preparation needed. In the first 4-weeks, your meeting will be guided using the message series called "Circle Up" to help you get to know one another. In the next 4-weeks, you will dive into the normal pattern of discussing the message series from mass. After the initial 8-weeks, we hope you'll want to keep meeting with your group for the rest of the year, but if for any reason you want to stop, we will understand.

### Who are Small Groups for?

Everyone. We have groups for Men, Women, Couples and Mixed Adults. (But we also use Small Group for our kids and teens within Kids Ministry, Middle School Ministry & High School Ministry.)

### When can I join a Small Group?

For adults, we usually have two Church-wide launches during the year – in Spring and Fall. But one of the best ways for a new group to form is to just ask people you know! Consider a group for people of the same stage in life - moms of middle schoolers, couples with young kids, widows, guys who like to golf! A common thread can be a great way to get a group together that can form a group to go deeper together as a small group. We will provide training whenever you are ready.

*Where two or three more gather in my name, there I am with them. (Matthew 18:20)*