

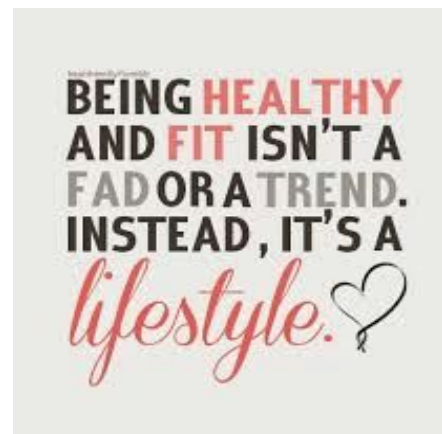


WEIGHT LOSS SUPPORT GROUP

IMPROVE YOUR HEALTH, LOSE WEIGHT AND FEEL GREAT WITH A NATURAL DIET

Join our group as we

- Learn healthy eating basics
- Improve digestion and nutrient utilization
- Eliminate inflammatory foods
- Balance blood sugar and hormones
- Support cellular cleansing and detox
- And improve our relationship with food



Support and accountability are key to successful weight loss.

Eating Clean is not a diet, it's whole food clean eating lifestyle. Join our group and get one-on-one coaching from nutritional expert, *Phara J. Taylor, MS RD LDN* as well as interaction with a live group as we delve into the psychology of eating with transformational coach *Billine Jourdan, MS*. This program is specifically designed to deliver the tools and accountability that help people make positive changes in their lives, one week at a time.

Program Overview Call
772-878-8227
www.theNutritionClinic.net

