



Run: Ages 12—14 age (1.60 miles)

Part of the course: TWO Loops

Start at the east side of parking lot:

- Left onto sidewalk
- Left onto foot path along Russell Branch Pkwy
- Follow to parking lot entrance
- Right on Savin Hill Dr (cross over Russell Branch Pkwy at crosswalk)
- Right onto path at red barn
- Follow path into Central Park path past red barn
- Follow path through Central Park (path will be well marked) past dog park and around circle
- TWO laps total around the circle. Be sure the volunteer has captured your laps!
- After SECOND lap return along path through Central Park
- Right on path (volunteer will guide runners) towards Savin Hill Drive
- Left on Savin Hill Dr. on sidewalk
- Cross over Russell Branch Pkwy
- Left onto path along Russell Branch Pkwy
- Right onto side walk along transition parking lot
- Finish in field at finish line

NOTE: A volunteer will be along the course giving athletes their bracelet for each loop. Please review with your athlete, once they have received their second bracelet they are to return to the finish line.

