

December 2017/January 2018!

At a glance

Full descriptions of activities in bulletin.

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
3 Worship 11:15 Communion	4 Meditation 7 pm AA 8 pm	5 Cards 9:30 TOPS 6:30 Taste of Skylight Mtg 7 pm	6 Coffee Shop Office Hours 2 p, Leadership Team 7 pm	7 Cong Care 10 am Craft/Study 1:30 Family Dinner 6 pm Carol Singing & Ntvtv Eve 7 pm	8	9 Women's Breakfast 8 am
10 Worship 11:15 Open Hearts	11 Stocking stuffers for RYC due Meditation 7 pm AA 8 pm	12 Cards 9:30 TOPS 6:30	13 Coffee Shop Office Hours	14 Craft/Study 1:30	15	16
17 Worship 11:15 POTLUCK Arise! Wascana Worship Service	18 Meditation 7 pm AA 8 pm	19 Cards 9:30 TOPS 6:30	20	21 Blue Christmas Service 7 pm 	22	23 IMCF Breakfast 9 am
24 Worship 11:15 Candlelight Communion 7 pm	25 	26	27	28	29	30
31 Worship 10 am Lessons and Carols shared with St. P.	1 AA 8 pm 	2 Cards 9:30 TOPS 6:30	3	4	5	6

TOPS = Take Off Pounds Sensibly
AA = Alcoholics Anonymous



ANNOUNCEMENTS

December 3, 2017

306-761-0556 eastsideunited@sasktel.net
Like us on facebook (Eastside United Church)
Follow us on Twitter @Eastside_united
www.eastsideunited.ca



Welcome to Eastside United. May our opportunities of ministry offer you rest, challenge and peace on your Christian journey.

Ministers:

Minister: Russell Mitchell-Walker
Greeting: Pam Schultz and George Alexander
Congregational Care Greeter: Clare Banks
Prayers: Jean MacKay
PowerPoint: Sheila Kerr
Music: Eastside's choir
Last week's attendance: NA

Russell's e-mail address: russell.eastside@sasktel.net

Office Hours:

Tuesday, Wednesday and Thursday from 8:30 am to 3:30 pm

Russell's Office Hours:

Tuesday through Thursday, working from home Friday

Coffee Shop Office Hours Wednesdays from 2 to 4:30, at the Woodhams Drive
Brewed Awakening, resuming Wednesday, December 6!

Scripture Reading: Daniel 3:1, 8-30

Songs –

Hope Shines as a Solitary Star MV #220
O Come, O Come, Emmanuel VU #1 vs 1,2,5
A Candle is Burning VU #6 vs 1
Herald Sound the Note of Gladness VU #28
Hope is a Star VU #7 vs 1



Our December Potluck has been moved to Sunday, December 17 following worship. We look forward to sharing a meal and some Christmas spirit with you then!

St. Philip Senior Ministry Outreach card playing program, Tuesday mornings at 9:30 am in the East Sanctuary at the Living Spirit Centre. Whist and lessons to those that would like to learn. Come out and enjoy fellowship, coffee and card playing. If you need a ride call Rod 306-789-1388. Everyone is welcome.

Eastside's Craft/Study Group Thursdays at 1:30 pm in the Multipurpose Room and East Sanctuary! Join us as we share in discussion, handiwork and coffee time following. For December 6 and 13, we will be looking at the Christmas Stories and background from John Dominic Crossan's The First Christmas.

LSC Meditation Group: Join us on Monday, December 4 at 7 pm in the East Sanctuary. We'd love to have you join us whether you're new to meditation or an experienced practitioner. All are welcome, remember to wear comfortable clothing. For more info, please get in touch with Sheri Nupdal at sherinupdal7@gmail.com.

Did you know? Russell will be on Sabbatical from January 1 to April 2, 2018. The Faith Formation Committee has worked with Russell to line up a number of great guests to share their faith and experiences over this time – we will hear from other religions, youth, indigenous folk, and learn about oppression and privilege. We are grateful to Ken Powers and Hazel Arbon who have agreed to lead worship and offer pastoral care during this time. When not in Australia or at a conference, Russell will be focusing his sabbatical in the neighbourhood (the Parish), making connections, listening, and seeing where God is at work. This is a fully paid sabbatical so if you wish to give a little extra, it will help with our extra costs each Sunday!

This Advent, we are again gathering stocking stuffers in support of Rainbow Youth Centre! As of the first week of December, the Christmas tree in the East Sanctuary will be decorated with candy canes. Each of these will be labelled with an item needed for Christmas stockings distributed by the Rainbow Youth Centre during their Christmas party – things like toothpaste, shampoo, socks, story books and colouring books for the kids. Choose a candy cane, purchase the item on the attached card, and return **unwrapped items** to the tree by **Sunday, December 10**. Thanks for your support!



Are you missing A Night in Bethlehem this year?

Over the years, this event has been a wonderful and well-received gift to our community. *A Night in Bethlehem* can't happen at the LSC without coordinators and a planning team, and we are asking that you consider taking on one of these roles. This event has usually been scheduled at the end of November in alternating years.

Many of the required costumes and materials are kept in storage at the LSC and past coordinators are available to offer guidance. The LSC Council has also allocated money in the annual budget to offer *A Night in Bethlehem* in November 2018. **Are you interested in helping?** Please let the Eastside office know.

The new **Gifts with Vision** catalogue is ready to help you make a difference in the world – with no excessive packaging and no exchanges! Please look for your copy on the shelves in the narthex or the magazine rack in the administration entrance. You can also visit giftswithvision.ca to select gifts online and read inspiring stories of how your generosity has already changed lives.

Disaster relief: Mission and Service is assisting with flood and hurricane relief in South Asia and the US. Please visit www.united-church.ca/news/emergencies-home-and-around-globe to see how you can help. Our support makes a difference as millions confront the impact of global climate change.

“War destroys all of us: we desperately appeal for peace on the Korean peninsula.” Connected to Catherine Christie's visit with us on October 15, the National Council of Churches in Korea (NCCCK) has released this collective call and urgent appeal to the international community for peace in Korea: <http://bit.ly/2yOgsfs>.

The **Regina MultiFaith Forum** sponsored a refugee family that arrived in Regina almost a year ago and is getting settled very nicely. Refugee committee members have very generously given of their time in seeing that the family's needs around language, transportation, and job seeking have been met but have determined that an extension of financial assistance to the family would be beneficial. The RMFF is therefore looking to raise an additional \$15K to extend support to their family. Please make cheques payable to The Archdiocese of Regina noted for RMFF Refugee Fund and send c/o Dwaine Dornan at 207-4451 Nicurity Dr. Regina, SK S4X 0E5. Tax receipts will be issued by the Archdiocese.

You are invited to consider making a financial donation in support of the Christmas outreach party for the Women of the Dawn Counselling Centre. This non-profit organization supports urban First Nations women in the pursuit of self-reliance and social and economic self-sufficiency. Donations can be mailed to: Women of the Dawn Counselling Centre, 3026 Dewdney Avenue, Regina, Saskatchewan S4P 0Y2. If you have any questions please call. Ivy Kennedy 306-522-1994 or 306-737-1456.

Christmas Turkeys!

Order your Christmas turkey through LBC this year and **everyone wins**. For \$100 you will receive an 8 kg (approx) turkey and charitable tax receipt for \$50. Turkeys can be picked up on Sunday, December 17 from 3 to 5 pm at Eastside United. Or for \$10 more an LBC volunteer will deliver your turkey to your doorstep. To place your order, email info@lumsdenbeachcamp.com.



THE NEW PARISH – Connecting with the neighbourhood

As part of Russell's study and exploration through *Leadership in The New Parish*, he will be spending more time out and about in our neighbourhood. To enjoy this experience even more and engage more fully with area residents, he is offering a free **Dog Walking Service**. If you live in the vicinity of 3018 Doan Drive (University Park, Arcola East, Wascana, etc.) and have a pooch that would appreciate some exercise, please let Russell know. FYI, dog owners are welcome to go on these walks, too!

Also part of Russell's *New Parish* coursework, he is looking for two or three individuals interested in exploring a vision of our neighbourhood. Where do people tend to bump into each other? What are the assets in the area? Let Russell know if you would like to join him for **group mapping of our Arcola East Parish** - a one evening commitment.

Do you have a group in the neighbourhood that you have coffee with regularly? Russell would love to join you and have a visit with your group as part of his *New Parish* and sabbatical work. You can extend an invitation to Russell to join you between now and April.



Women's Spirituality Breakfast, Saturday, December 9 from 8 to 10 am. This month's topic: Listening to Your Inner Voice with Dr. Wendy Hardman.

Wendy has worked and studied how we learn, what gets in our way and how we can learn more easily and more quickly. She has a background in adult learning, training and development, with a love of music and a pull to use music for rest and restoration. Her many years as a church musician and more recently as a composer and music designer has interwoven with her interest in learning. Wendy recently moved here from Ontario and is excited about finding her way here in Saskatchewan and Regina. She writes: *Music is a powerful means of communication. It bypasses many of the filters that we have in place that generalize, delete and distort the millions of bits of information that bombard us every day. It allows us to go deeper into our inner self. If you're willing to come on a journey with me, let's go exploring. Stretch out and invite our inner voice to share with us. This musical experience is voluntary and requires no special skills, mostly listening. You only need to relax and present.* P.S. If you have some special coloured pencils or crayons that you like to use, please bring them with you. This is NOT an art class nor will you be required to eat the crayons. **All women are welcome. Please bring two toonies to cover costs.**



An Evening of
**Carol
Singing and
Nativity**

**Thurs Dec 7
at 7 pm
at the LSC**

For more
information, call
306-761-0556.

Come get in the Christmas spirit!

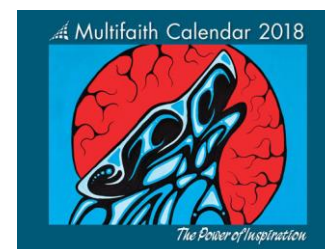
Do you have a special nativity scene with a story you'd like to share?

Join us for an evening of Christmas festivities on Thursday, December 7 from 7 to 8 pm for carol singing and goodies. We are also inviting Eastside members to share their Nativity scenes by putting them on display that evening. If there is a special story to your scene, please include that for the display.

Nativity scenes may be dropped off at the church from December 3-6 in the Middle Office (between Russell's office and the main office) and picked up on Saturday, December 9 between 3 and 3:30 pm. Please contact Amanda Benesh, Greg Thomas, Taylor Balfour, or Leanne Sudom for more information.

Eastside Family Dinner, Thursday, December 7 at 6 pm. Join us for a meal and community! All shapes and sizes of families are welcome. Suggested donation is \$5 per person or \$20 per family. **We're expecting a crowd this month and could really use help with setup, kitchen help and clean up;; please contact Wanda Barr j.barr@sasktel.net to lend a hand!**

Are you interested in a **2018 Multifaith Calendar**? This year's theme is **The Power of Inspiration**. The cost is \$20; you can leave payment on the offering plate (write "MultiFaith Calendar" on a visitor envelope with your name) or in the office. Suzanne will be in touch when calendars arrive. They make great gifts!



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