

**DIRECTIONS:** Take one to two capsules no more than 15 minutes before the consumption of histamine-rich foods, or take as directed by your healthcare professional.

Consult your healthcare professional prior to use. Individuals taking medication should discuss potential interactions with their healthcare professional. Avoid if allergic to pork or any other ingredient. Hist-D is NOT EFFECTIVE for symptoms of immune-related food allergies, such as peanuts, shellfish, etc., or for gluten intolerance due to sensitivity or celiac disease. Do not use if tamper seal is damaged.

**Hist-D** is a patented enzyme formula containing diamine oxidase (DAO)—the main enzyme responsible for the degradation of ingested histamine. This enzyme has been clinically tested and found to break down food-derived histamine in the digestive tract. DAO is not absorbed and does not have systemic activity. Hist-D does not manage or address antibody-related or IgE-related food allergies.\*

**\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

**STORAGE:** Keep closed in a cool, dry place out of reach of children.

**FORMULATED TO EXCLUDE:** Wheat, gluten, yeast, soy, dairy products, fish, shellfish, peanuts, tree nuts, egg, artificial colors, artificial sweeteners, and artificial preservatives.



## Hist-D

SUPPORTS HEALTHY DEGRADATION  
OF FOOD-DERIVED HISTAMINE\*



Dietary Supplement  
Professional Use Only  
60 Vegetarian Capsules

## Supplement Facts

Serving Size: 2 Capsules  
Servings Per Container: 30

	Amount Per Serving	%Daily Value
Diamine Oxidase (from porcine kidney protein concentrate)	600 mcg (20,000 HDU)	**

\*\* Daily Value not established.

**Other Ingredients:** Microcrystalline cellulose, HPMC (capsule), sucrose, ascorbic acid, rice starch, shellac, hydroxypropylcellulose, polyvinylpyrrolidone, hydrated magnesium silicate, acetylated corn starch, sodium carboxymethylcellulose, and glycerol.

Hist-D is exclusively manufactured for healthcare professionals under license of Sciotec Diagnostic Technologies GmbH, Vienna, Austria.

Patented in Austria. Patent pending in the United States.

**Manufactured in a GMP compliant facility.**



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