





DRY AGED ALBERTA BEEF

Prices in effect until Dec 31/2021

Premium Beef Oven Roasts

-  Sirloin Tip Roast..... \$ 8.49/lb. (\$18.72/kg)
-  Inside Round Roast..... \$ 8.49/lb. (\$18.72/kg)
-  Outside Round Roast.. \$ 7.99/lb. (\$17.61/kg)
-  Eye of Round Roast.... \$ 9.49/lb. (\$20.91/kg)
-  Bnls Cross Rib Roast... \$ 8.99/lb. (\$19.82/kg)
-  Boneless Blade Roast... \$ 8.49/lb. (\$18.72/kg)
-  B&R Prime Rib Roast. \$19.99/lb. (\$44.07/kg)

Speciality Beef Cuts

-  Beef Braising Rib 2" \$ 9.99/lb. (\$21.99/kg)
-  Beef Maui Rib 1/4" \$ 10.99/lb. (\$24.23/kg)
-  Beef Finger (Back) Rib. \$ 9.99/lb. (\$21.99/kg)
-  Texas Style Long Rib . \$ 9.99/lb. (\$21.99/kg)
-  Lean Stir Fry Strips..... \$ 9.99/lb. (\$21.99/kg)
-  Lean Stewing Beef..... \$ 8.49/lb. (\$18.72/kg)

Beef Primal Cuts




-  Whole Bnls Cross Rib \$ 8.29/lb. (\$18.28/kg)
-  Whole Boneless Blade \$ 7.99/lb. (\$17.61/kg)
-  Beef Butt Tenderloin... \$22.99/lb. (\$50.68/kg)
-  Top Sirloin Butt..... \$ 9.99/lb. (\$22.02/kg)
-  Whole Striploin (uncut) \$15.49/lb. (\$34.15/kg)
-  Whole Ribeye (uncut).. 16.99/lb. (\$37.46/kg)

FROZEN GROUND MEATS

Ground Beef (1 lb packs)

-  Extra Lean Ground Beef. \$ 5.99/lb. (\$13.21/kg)
-  Lean Ground Beef..... \$ 5.49/lb. (\$12.11/kg)
-  Medium Ground Beef... \$ 4.99/lb. (\$11.00/kg)
-  Regular Ground Beef.... \$ 4.49/lb. (\$9.89/kg)
-  Lean Beef (4 or 6 oz) Patties. \$6.99/lb. (\$13.21/kg)
-  Ground Lamb (Medium) \$10.99/lb. (\$24.23/kg)

Ground Pork (1 lb packs)

-  Lean Ground Pork..... \$ 4.99/lb. (\$10.99/kg)
-  Regular Ground Pork.... \$ 3.99/lb. (\$8.79/kg)
-  Lean Pork (4 or 6 oz) Patties. \$ 4.99/lb. (\$10.99/kg)

Ground Poultry (1 lb packs)

-  Lean Ground Chicken.... \$ 8.99/lb. (\$19.82/kg)
-  Lean Ground Turkey..... \$ 8.99/lb. (\$19.82/kg)

Premium Beef Grilling Steaks

-  T-Bone Steak..... \$15.49/lb. (\$34.15/kg)
-  Strip Loin Steak..... \$16.99/lb. (\$37.46/kg)
-  Ribeye Steak..... \$18.99/lb. (\$41.86/kg)
-  Tenderloin Steak..... \$24.99/lb. (\$55.09/kg)
-  Top Sirloin Butt Steak \$12.69/lb. (\$27.98/kg)
-  Prime Rib Steak..... \$18.99/lb. (\$41.86/kg)

Premium Beef Marinating Steaks

-  Tenderized Minute Stk. \$ 7.99/lb. (\$17.61/kg)
-  Flank Steak..... \$ 8.99/lb. (\$19.82/kg)
-  Inside Round Steak.... \$ 8.99/lb. (\$19.82/kg)
-  Beef Skirt Steak..... \$ 7.99/lb. (\$17.61/kg)
-  Beef Hanging Tender.. \$ 7.99/lb. (\$17.61/kg)

Premium Beef Simmering Steaks

-  Bnls Cross Rib Steak.... \$ 8.99/lb. (\$19.82/kg)
-  Bnls Blade Steak..... \$ 8.99/lb. (\$19.82/kg)
-  Bone In Blade Steak.... \$ 7.99/lb. (\$17.61/kg)

Various Beef Cuts

-  Whole Beef Brisket..... \$ 5.99/lb. (\$13.21/kg)
-  Beef Brisket Point..... \$ 7.99/lb. (\$17.61/kg)
-  Bone In Beef Shank.... \$ 3.99/lb. (\$8.80/kg)
-  Boneless Beef Shank... \$ 5.99/lb. (\$13.21/kg)
-  Whole Beef Flank..... \$ 4.99/lb. (\$10.99/kg)

Beef Bones (5-10 lb bags)

-  Mixed Beef Bones (Cut) \$ 1.99/lb. (\$4.39/kg)
-  Shank Bones (Whole)... \$ 2.49/lb. (\$5.49/kg)
-  Neck Bones (Meaty).... \$ 2.49/lb. (\$5.49/kg)
-  Knuckle Bones (Cut)... \$ 1.99/lb. (\$4.39/kg)
-  Marrow Bones (Cut 2") \$ 3.99/lb. (\$8.79/kg)
-  Smoked Shank Bones.. \$ 3.49/lb. (\$7.69/kg)

Beef Offal Cuts

-  Beef Tongue..... \$ 8.99/lb. (\$19.82/kg)
-  Beef Oxtail (Cut)..... \$ 7.99/lb. (\$17.61/kg)
-  Beef Liver (Whole)..... \$ 2.49/lb. (\$5.50/kg)
-  Beef Liver (Sliced)..... \$ 3.99/lb. (\$8.80/kg)
-  Beef Heart..... \$ 3.99/lb. (\$8.79/kg)
-  Ground Offal (Pet Food)... \$ 2.20/lb. (\$4.85/kg)

