

James Light



Hello, my name is James Light and I am an advocate from Louisville Kentucky. I currently work as a Peer Support Specialist for Wellspring in Louisville Kentucky. I joined the PAIMI Council in May 2015 in order to advocate for Kentuckians with mental illness and so that I can learn more for myself about how to advocate to help others. I am also a consumer, so the more I learn about helping others with disabilities helps me to understand my abilities as well.