

For the October 14th Fall trip, we will meet at the dock in Hollywood:

Before 6:00am for a 6:15 departure, NOTE! we MUST make the 6:30am Drawbridge Opening! We will be returning by 1:00pm.

Leave early. Allow yourself plenty of time for traffic, finding the dock, parking your car, hauling your gear from your car to the boat, and signing the registration confirmation sheet and the Marina's Coast Guard manifest. Pelagic charters board 15-30 minutes prior to departure, depart on time, and do not make on-time passengers wait for late ones. Arrive 30 to 45 minutes prior to departure time. You'll be glad you did.

Food & Beverages on the Boat:

- Water, ginger ale and pretzels will be provided. The galley onboard will be open.
- You may bring your own food and drinks onboard. (Please no large coolers or glass).

What to bring:

- Bring sunscreen, hat and sunglasses. Wear protective clothing including items that may get wet from salt spray and/or passing showers. Just in case, you may want to keep some dry clothes in the car for the ride home. For optical equipment, bring lens wipes and make sure to use shoulder straps and utilize protective casing. Never leave items unattended.
- **DON'T BRING** umbrellas, ponchos, or other billowy rain-gear because they act as sails, hitting people in the face and flinging water on everybody around you. And do NOT bring a scope.....

Directions to the Sea Legs Marina from I 95:

- Take I-95 to Sheridan St. Exit No. 21 onto Sheridan St. East.
- Take Sheridan St. East until you arrive at A1A (3 miles).
- Turn left onto A1A (heading North).
- The Marina is exactly 1 mile North on the left-hand side.
- Turn left into the parking lot. Look for the big blue marlin hanging by its tail.

MOTION WELLNESS - OR NOT

- Get a good night's rest prior to the trip.
- Drink plenty of water to help avoid dehydration. Avoid alcoholic beverages before the trip which can cause dehydration.
- Avoid greasy foods which can produce stomach acidity.
- Over the counter motion sickness remedies like Dramamine, Bonine, or Equate can help. Use as directed including taking them 12 hours prior to the trip as they are most effective upon building up in your system.
- While on the boat, keep your eyes directed on a fixed point such as the shore or horizon.
- If the boat is pitching bow to stern, keep to the stern as it will be moving the least.
- If the boat is rocking side to side, stay close to the centerline for the least motion.
- Stay out of the cabin for fresh air.