

**Healing & Refuge Centre', LLC  
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**HEALTH HISTORY/CLIENT INTAKE FORM**

Name \_\_\_\_\_

Allergies: \_\_\_\_\_

Psychiatrist or treating Dr.: \_\_\_\_\_

**Current Medications:**

Med. \_\_\_\_\_ Dose (mg) \_\_\_\_\_ Times/day \_\_\_\_\_

_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

*Include any other medications on the back of this sheet:*

Do you currently use any of the following?

**Caffeine:**

Coffee amount/day: \_\_\_\_\_ Tea amount/day: \_\_\_\_\_ Soft drinks: amount/day \_\_\_\_\_

**Alcohol:**

Beer: amount \_\_\_\_\_ per (circle one) day, week, month

Mixed drinks/neat (amount in ounces of alcohol) \_\_\_\_\_ per day, week, month

**Drugs:**

Marijuana amount \_\_\_\_\_ per (circle one) day, week, month

**Stimulants:**

Cocaine, Methamphetamine, etc. amount \_\_\_\_\_ per day, week, month

**Other drugs:** List type, frequency, and amount \_\_\_\_\_

Have you ever received treatment for addictions? When/Where \_\_\_\_\_

Cigarettes, cigars, chew tobacco, snuff amount \_\_\_\_\_ per day, week, month,

**Head injuries:**

Falls, accidents where you hit your head: explain \_\_\_\_\_

Concussions, closed head injuries, head injuries: \_\_\_\_\_

Did you ever play football \_\_\_\_\_ other contact sport \_\_\_\_\_

Have you ever lost consciousness? Explain \_\_\_\_\_

Used any inhalants, exposed to toxic materials \_\_\_\_\_

**Hospitalizations/surgeries:**

Age: \_\_\_\_\_ Reason \_\_\_\_\_

Age \_\_\_\_\_ Reason \_\_\_\_\_

Check any of the below symptoms if you have had them within the last 6 months:

- |   |   |
|---|---|
| _____ Headaches, neck pain                  | _____ Back pain                                 |
| _____ Shortness of breath/pressure in chest | _____ Pounding heart/fluttering                 |
| _____ Recent gain/loss of weight            | _____ Indigestion/bowel problems                |
| _____ Epilepsy/seizures                     | _____ Vision problems                           |
| _____ Memory loss/ increased forgetfulness  | _____ Eating problems (restricting, overeating) |
| _____ Anxiety attacks/nervousness           | _____ Fatigue/more tired                        |
| _____ Skin problems                         | _____ OB/GYN problems                           |
| _____ Worrying/obsessing                    | _____ Phobias, fears                            |
| _____ Anger/rages                           |   |

Sleep problems, describe \_\_\_\_\_

Other physical problems that you are concerned about: \_\_\_\_\_

**Trauma:** Have you experienced any of the following?

Sexual abuse, assault (ages) \_\_\_\_\_

Physical abuse, domestic violence, assault (ages) \_\_\_\_\_

Accidents, incidents that were traumatic \_\_\_\_\_

Have you ever witnessed a traumatic event? \_\_\_\_\_

Do you have any of the following? Please check.

- \_\_\_\_\_ Diabetes
- \_\_\_\_\_ Heart problems: list \_\_\_\_\_
- \_\_\_\_\_ Asthma
- \_\_\_\_\_ Bipolar
- \_\_\_\_\_ Depression
- \_\_\_\_\_ Thyroid: list \_\_\_\_\_

\_\_\_\_ Addictions: List \_\_\_\_\_

\_\_\_\_ Learning disabilities \_\_\_\_\_