# FTC Registration Form & Code of Conduct Form

FTC website: www.ftctrackclub.com

- Bring both signed Registration and signed Code of Conduct forms to 1<sup>st</sup> practice along with a check for club fees
- Remember each athlete must register with the USA Track & Field Association (USATF) as a member of the FTC – Falcon Track Club – our Association is #569
- Cost for 1 year USATF youth membership is \$20.00

Click the link below to register with USA T&F

www.usatf.org

Athlete Information:		
Athlete's Name	Sex: Female 🖸 or Male 🖸	
USATF Membership # (if not already	a member, follow instructions above):	
School:		
	Cell Phone:	
Athlete's E-mail:	Birth Date:	
Parents Information:		
Mother's Name:	Father's Name:	
Mother's Cell Phone:	Father's Cell Phone:	
Mother's Email:	Father's Email:	
Who else can pick up child from practice?		
<b>Emergency Contact:</b>		
	Phone Number:	
	Phone Number:	
<b>Insurance Information:</b> (if no healt)	h insurance please note)	
~	Name of Insured:	
	Phone:	
	Phone:	
<b>Medical Conditions:</b> (This informati	on will be held in confidence)	
1. Does your child have asthma? (specify)	If so, does s/he have medication?	

2.	Does your child wear contact lenses/glasses?Hearing aid?
3.	Does your child have any special needs and/or physical disabilities? If so, please describe:
4.	Does your child take any medication on a regular basis? If so, indicate the specific medication:
5.	Does your child have any allergies? If so, please explain:
Pho	oto Release:
-	signing at the bottom of this form I hereby grant full permission to FTC to use any motion
_	tures, recordings, photographs or any other record of my child's participation in this
•	gram for any legitimate purpose including commercial advertising without monetary
рау	ment to me.
[]	No I do not grant a photo release.
	ease and Waiver Form: Release of Liability and Assumption of Risk Agreement. PLEASE READ ORE SIGNING
	s is to certify that I am the parent or legal guardian of the above-named minor have the legal authority capacity to enter into this Agreement, Waiver and Release of Liability on his or her behalf, and by
exe	cuting this Agreement do knowingly and fully assume all risks of injury on his or her behalf. I
	erstand and acknowledge that it is my responsibility to ensure that minor is medically and physically to participate in the FTC Track Club and to consult with minor's physician before allowing minor to do
SO.	For and in consideration of minor's participation in the FTC Track Club the adequacy and sufficiency
	hich considerations is hereby acknowledged, I do hereby waive, release, covenant not to sue and ver discharge, the FTC Track Club, its officers, directors, coaches, including but not limited to Jorge
Que	ero, David Norton, and other assistant coaches and/or volunteers and agents, including the owners of
	fields and facilities utilized for the Programs, from any and all liabilities, actions, claims for damages inst any of the aforementioned individuals arising out of or in any way connected with minor's
part	icipation in the FTC Track Club, including without limitation any discomfort, illness, injury or accident
	ch may occur traveling to or from practice or meets, while practicing or participating in a meet or while he premises of any location of a meet or practice.
	AVE READ THE ABOVE WAIVER AND RELEASE, By signing here I represent t I am the parent or guardian of the minor athlete on this form for FTC.
tiid	train the parent of guardian of the filmor duniete on this form for 1 10.
— Prir	nted Name of Mother/Guardian, Dated : /15 Signature of Mother/Guardian Dated: / /15
Prin	ted Name of Father/Guardian, , Dated : /15 Signature of Father/Guardian Dated: / /15

## **FTC Code of Conduct:**

### Athletes, I agree to:

- Arrive on time to practice and competitions
- Come prepared to practice by wearing proper shoes and attire; bring sweats during good or bad weather
- Ensure that you are mentally ready to train
- Hydrate, eat nutritionally and get plenty of sleep prior to practice and competitions
- Follow all USATF rules
- Demonstrate positive open communication between coaches, athletes, parents & officials
- Positively support all your teammates at practice and in competition
- Respect all members of FTC (athletes, coaches, officials and staff) and respect all members from the other clubs as well
- Ensure that when I leave an area (practice or meet) I leave it cleaner than when I arrived
- · Remember "school goes first" and to keep my grades up,
- Be honest at all times
- Not use foul language

#### Signed by Athlete

#### Parents, I agree to

- Ensure my athlete(s) arrives on time to practice and competitions and does not leave early
- Provide water, nutritional food and a quiet place to sleep for my athlete
- Demonstrate positive open communication between coaches, athletes, parents & officials
- Respect the FTC coaching staff, FTC team members, officials, other coaches and opponents
- Allow the coaches to do their job and coach my child; I will not coach your child during a practice
  or competition and/or undermine the coaching staff
- Ensure that when I leave an area (practice or meet) I leave it cleaner than when you arrived
- Support volunteer opportunities provided by FTC and/or the Pacific Association of the USATF
- Not use foul language

Signed by Parent(s)