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| Purpose designed to influence the functioning of local, state, and child-serving systems, and to promote proactive changes that will improve access to, and the quality of, services for families and youth with complex behavioral health challenges, and the outcomes they experience. | Mission through respectful partnerships, families, youth, systems and communities will effectively collaborate to proactively influence, and provide leadership to address challenges and barriers faced by the behavioral health service system for children, youth, and families in Washington State. | | Vision To bring all necessary parties together to contribute to continuous improvement to children’s behavioral | Ground Rules  Attendees should have a chance to speak and express their own ideas freely  Everyone has an equal opportunity to share  FYSPRT encourages a variety of points of view to be put forward and discussed  Attendees should work to remain open-minded  Stay true to the FYSPRT Mission and Vision  All respectful feedback is welcomed  All are welcome at FYSPRT meetings |
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| Agenda Items | | Discussion & Notes | | |
| **Welcome & Introductions**  **(5 minutes)** | | Convener – Meredith Tri-Lead - Alyssa  Review Mission, Vision, Ground Rules  Brief introductions  Please put name, organization (if any) and if you identify as a youth, family or system partner in chat. Message me with your name and email for the stipend form if you are a youth or family for the $15 Amazon gift card  *Members were asked to put information in chat, purpose, mission, vision and ground rules were reviewed.* | | |
| **Meeting minutes** | | Convener - Meredith  Review of meeting minutes from September 2023  Motion made by: \_\_Alyssa\_\_\_\_\_\_  Seconded by: \_\_\_Carolyn\_\_\_\_\_  Did the vote carry? YES  *Meeting minutes from September were reviewed with the members. Meeting minutes were accepted as written and approved.* | | |
| **FYSPRT Evaluation Survey** | | All Members – Please fill out during roundtable discussion and note the question regarding meeting preference  The FYSPRT meeting evaluation link is: <https://www.surveymonkey.com/r/6Q9DYF5> | | |
| **Youth Tri-Lead Application** | | Meredith, Cori and Members  *Cori was unable to attend the meeting due to a scheduling conflict at work. Application approval will be moved to the December meeting, as the November meeting will be a training with WSCC.* | | |
| **Ground Rules discussion** | | All Members  *Members discussed updated ground rules. There was a brief discussion and members agreed the updated version works well for the group. Updated ground rules were adopted with no opposition or changes.* | | |
| **Conflict – Youth and Young Adult Continuum of Care** | | FYSPRT meeting date and time open discussion  Meeting occurs at 4pm on the 2nd Thursday of the month  *Group discussed meeting time change due to a conflicting meeting. A survey will be sent out to the group to determine meeting time preference.* | | |
| **Roundtable Discussion**  **(20 minutes)** | | All Members – please provide updates, events, etc.  *Zach R. provided an update on YARP, will be expanding to other counties including Walla Walla, Columbia, Whitman and Kittitas, with Yakima, Garfield and Asotin to follow.*  *Miranda B. – New at BFHD and is part of the Community of Hope Coalition and they will be hosting a Positive Childhood Experiences Parent Night in the future*  *Stephanie B. – WISe team fully staffed and staying busy*  *Carolyn C. – Staying busy at SPARK, continue to provide peer counseling training, working to provide a mentorship program at SPARK, many projects and grants in the works*  *Salomon C – Event on October 13th at Pasco High – Welcome Back event through Migrant Coalition*  *Tisha R – New position at OBHA, Alyssa has taken Tisha’s old position, excited to transition and going to be coming back to these meetings at times*  *Meredith P. – Provided an update with YARP events, will be attending an event in November for a back to school night, continue to reach out to YARP for events if they are appropriate.* | | |
| **Closing Announcements**  **(5 minutes)** | | *Next meeting will feature a training for WSCC on LGBTQIA+, understanding sexual orientation, gender identity, and gender expression.*  *Encouraged members to attend the State FYSPRT meeting on 10/26/23* | | |
| Regional FYSPRT meeting dates | | November 9, 2023 – LGBTQIA+ Training by WSCC – see description below  December 14, 2023 – HCA CBHWG and subgroup presentation  Meeting ID: 376 123 4588  1-253-215-8782 or 3761234588#  <https://us06web.zoom.us/j/3761234588> | | |
| State FYSPRT meeting dates | | State FYSPRT Meeting October 26, 2023 from 3-5pm  All are welcome to attend the State FYSPRT meeting! | | |
| **Work Plan** | | Goal 1: Have adequate representation of youth and family partners on the Regional FYSPRT.  Goal 2: Decrease stigma surrounding behavioral health and obtaining behavioral health care in our Region  Goal 3: Do at least 1 community project annually that will address the stigma surrounding behavioral health and behavioral health access and treatment  Goal 4: Provide outreach to those who identify as LGTBQA+ to participate in the Regional FYSPRT and provide information and education to FYSPRT on inclusion and support for those who identify as LGBTQA+ | | |

Upcoming Training by WSCC Information:

UNDERSTANDING SEXUAL ORIENTATION, GENDER IDENTITY, AND GENDER EXPRESSION – AN INTRODUCTION FOR FAMILIES

This is a customized, interactive training designed for families from a training created by En Route Consulting for WA State Health Care Authority. This training creates a space for understanding and learning together in order to better support those around us who identify differently than we do. Participants will learn the relevant and appropriate language and terms within the LGBTQ+ community, hear from community experts on what was helpful and what was not helpful as youth identifying in a gender non-conforming way, begin the conversation on how we as parent/caregivers can best support the youth in our lives to allow open space for discussions, questions, and thoughts to be shared with us, and share relevant resources to support families in their personal growth and learning around this topic. (2-hour training)