



	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	JAN 27	JAN 28	JAN 29	JAN 30	JAN 31	FEB 1	FEB 2
							9am Power Flow
				10am Slow Flow	10am Vinyasa Flow		
							10:15am Vinyasa Flow
			11:30am Mom & Baby Post Natal Yoga (pre-registered)		11:30am Mom & Baby Post Natal Yoga (pre-registered)		
		5pm Vinyasa Flow					
			5:45pm Restorative/Yin Fusion				
		6:15pm Slow Flow		6pm Yoga for Absolute Beginners (pre- registered)	6pm Led Ashtanga Primary Series (pre-registered)	6pm Slow Flow	
	7pm Yang & Yin		7pm Led Ashtanga Primary Series (pre-registered)				
		7:30pm Broga, Yoga for Men		7:30pm Vinyasa Flow	7:45pm Slow Flow	7:30pm Prenatal Yoga (pre-registered)	
	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY