

# The Red Guide to Recovery

## *“A Resource Handbook for Disaster Survivors”*

- **CHAPTER 1 - EMERGENCY SERVICES** – What to do immediately after a disaster. Tips on what to be aware of, precautions regarding signing contracts for temporary repairs or insurance adjusting. Tips on handling personal property and how to secure your property from unauthorized entry.
- **CHAPTER 2 - DISPLACEMENT AND RELOCATION** – How to locate friends and family. Cellular phone tips. Tips on locating lost pets. Immediate housing needs.
- **CHAPTER 3 - DISASTER RELIEF & FINANCIAL ASSISTANCE** – Assistance offered by FEMA, & Small Business Administration, the American Red Cross and the Salvation Army.
- **CHAPTER 4 - HOMEOWNERS INSURANCE INFORMATION** – Working with insurance adjusters. Insurance policy information, mortgage company issues and Condominium/Apartment co-op insurance issues – plus what may be covered by renters insurance.
- **CHAPTER 5 - PERSONAL PROPERTY** – Creating a personal property inventory (Memory Jogger spreadsheet) and information about cleaning smoke damaged items. Packing our personal property after a disaster. Precautions when hiring a content restoration company.
- **CHAPTER 6 - SMOKE AND WATER DAMAGE** – Information on smoke composition. Mitigating water damage and flood safety tips. Cleaning and restoring smoke damaged items.
- **CHAPTER 7 - ESTIMATING THE COST OF REPAIR** – Creating a detailed repair estimate, understanding contractor overhead and profit, and using subcontractor bids.
- **CHAPTER 8 - SELECTING A CONTRACTOR** – Screening and interviewing repair contractors, workman’s comp insurance, general liability insurance and recommendations to protect yourself.
- **CHAPTER 9 - PUBLIC INSURANCE ADJUSTERS** – Different types of insurance adjusters and what a public adjuster may do for you. Pro’s and con’s of using a public adjusters.
- **CHAPTER 10 - HAZARDOUS MATERIALS** – Hazardous household chemicals, asbestos in building materials, lead based paint and radiation exposure (3 million Americans live within 10 miles of a Nuclear plant).

- **CHAPTER 11 - SAFETY AFTER A DISASTER** – What to do before entering a damaged building after a disaster. Shutting off and turning on utilities. Portable generator safety. Mold concerns. Food and drinking water safety. Digging and trenching safety. Wild animal safety. Poisonous insect info.
- **CHAPTER 12 – RECOVERY OF VALUABLES** – Important document replacement information. Replacing damaged currency. Recovering precious metals. Salvage and recovery tips.
- **CHAPTER 13 - TRAUMA INTERVENTION AND GRIEF COUNSELING** – Coping with disasters or traumatic events. Disaster related stress information from FEMA. Helping children cope with disaster trauma.
- **CHAPTER 14 - AVOIDING DISASTER SCAMS** – Tricks used by con artists to take advantage of disaster survivors. Nine common disaster scams. How to protect yourself from being scammed. Who to call to report a scam.
- **PHONE AND CONTACT DIRECTORY** – A comprehensive list of phone numbers and website for government agencies, the Red Cross, Salvation Army, and Better Business Bureau – etc.