

# Eligible/Non-Eligible Expenses

## FSA Eligible Health Care Expenses

Please note that we do not intend this list to be comprehensive tax advice. For more detailed information, please consult IRS Publication 502 or see your tax advisor. **\*If prescribed for a particular ailment or medical condition; provider letter required.**

Acupuncture	Home health and/or hospice care	Physical therapy
Alcoholism treatment	Hospital services	Psychiatric care
Allergy shots and testing	Insulin	(psychologists, psychotherapists)
Ambulance ( <i>ground or air</i> )	Laboratory fees	Radial keratotomy
Artificial limbs	LASIK eye surgery	Schools ( <i>special, relief, or handicapped</i> )
Blind services and equipment	Medical alert ( <i>bracelet, necklace</i> )	Sexual dysfunction treatment
Car controls for handicapped*	Medical monitoring and testing devices*	Smoking cessation programs
Chiropractor services	Nursing services	Surgical fees
Coinsurance and deductibles	Obstetrical expenses	Television or telephone for the hearing impaired
Contact lenses	Occlusal guards	Therapy treatments*
Crutches, wheelchairs, walkers	Operations and surgeries ( <i>legal</i> )	Transportation ( <i>essentially and primarily for medical care; limits apply</i> )
Dental treatment	Optometrists	Vaccinations
Dentures	Orthodontia	Vitamins*
Diagnostic tests	Orthopedic services	Weight loss programs*
Doctor's fees	Osteopaths	X-rays
Drug addiction treatment & facilities	Oxygen/oxygen equipment	
Drugs ( <i>prescription</i> )	Physical exams ( <i>except for employment-related physicals</i> )	
Eye examinations and eyeglasses		

## Important Notice About Over-the-Counter (OTC) Medications

**With passage of the Coronavirus Aid, Relief and Economic Security Act (CARES Act) in March 2020, OTC medications are once again eligible for purchase with FSA/HSA funds without the need for a prescription. In addition, menstrual care products are now also eligible for purchase with FSA/HSA funds without the need for a prescription.** You can use either your debit card to purchase these items or submit the purchase receipt for reimbursement.

## Common FSA Eligible OTC Medications and Products

Acne medications & treatments	Braces & supports	Laxatives
Allergy & sinus, cold, flu & cough remedies	Contact lens solution	Medicated bandaids & dressings
Antacids & acid controllers	Contraceptives ( <i>condoms, gels, foams, suppositories, etc.</i> )	Menstrual Care Products
Antibiotic & antiseptic sprays, creams & ointments	CPAP equipment & supplies	Motion sickness remedies
Anti-diarrheals	Diabetic testing supplies/equipment	Smoking cessation aids
Anti-fungals	Durable medical equipment ( <i>power chairs, walkers, wheelchairs, etc.</i> )	Nicotine patches and medications
Anti-gas & stomach remedies	Eczema & psoriasis remedies	OTC varieties of Insulin
Anti-itch & insect bite remedies	Eye drops, ear drops, nasal sprays	Pain relievers ( <i>aspirin, ibuprofen, acetaminophen, naproxen, etc.</i> )
Anti-parasitics	First aid kits	Reading glasses
Digestive aids	Hemorrhoidal preparations	Sleep aids & sedatives
Baby care ( <i>diaper rash ointments, teething gel, rehydration fluids, etc.</i> )	Home diagnostic ( <i>pregnancy tests, ovulation kits, thermometers, blood pressure monitors, etc.</i> )	Wart removal remedies, corn patches
Bandages and bandaids	Hydrogen peroxide, rubbing alcohol	
Breast pumps for nursing mothers		<b>All OTC items listed are examples.</b>

## These items are commonly mistaken as eligible but do not meet the requirements:

Cosmetic surgery and procedures	Health programs, health clubs and gyms	Teeth whitening
Cosmetic Dental Procedures ( <i>incl. teeth whitening</i> )	Insurance premiums ( <i>not reimbursable under FSA</i> )	Vitamins & supplements without prescription