



1423 South Hastings Way  
 Eau Claire, WI  
 Purefitness4you.com

# January 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			<b>1 New Year Classes</b> Band Bustle 8am Sock 'em Abs 8:35am Deep Flow 9:15am Cardio Kick 4:30pm Defined Abs 5:05pm	<b>2</b> Strength 4 You 9am Pound 4:30pm WERQ 5:30pm	<b>3</b> Barre Express 5:45am Strength 4 You 4:30pm	<b>4</b> PiYo 8am Step Up Combos 9am
<b>5</b> Stretchy Flow 8am POUND 9am <b>Kids Tumbling 3pm</b>	<b>6</b> PiYo 9am Kettles 5:30pm Step Up Combos 6:15pm	<b>7</b> Iron Flow 5:45am Yoga Fusion 9am Yoga Fusion 4:30pm Iron Flow 5:30pm	<b>8</b> PiYo 9am Step Up Combos 10am BarOga 4:30pm PiYo 5:30pm	<b>9</b> Strength 4 You 9am Pound 4:30pm WERQ 5:30pm	<b>10</b> Band Bustle 5:45am Kettles 4:30pm	<b>11</b> PiYo 8am Step Combos 9am
<b>12</b> Stretchy Flow 8am POUND 9am <b>Kids Tumbling 3pm</b>	<b>13</b> PiYo 9am Kettles 5:30pm Step Up Combos 6:15pm	<b>14</b> HIIT 5:45am Deep Flow 9am Yoga Fusion 4:30pm Iron Flow 5:30pm	<b>15</b> PiYo 9am Step Up Combos 10am Total Body Barre 4:30pm PiYo 5:30pm	<b>16</b> Strength 4 YOU 9am Pound 4:30pm WERQ 5:30pm	<b>17</b> Step Up 5:45am Strength 4 You 4:30pm	<b>18</b> PiYo 8am Step Up Combos 9am
<b>19</b> Stretchy Flow 8am POUND 9am <b>Kids Tumbling 3pm</b>	<b>20</b> PiYo 9am Kettles 5:30pm Step Up Combos 6:15pm	<b>21</b> Barre Express 5:45am Dynamic Flow 9am Yoga Fusion 4:30pm Iron Flow 5:30pm	<b>22</b> PiYo 9am Step Combos 10am Barre/Abs 4:30pm PiYo 5:30pm	<b>23</b> Strength 4 You 9am Pound 4:30pm WERQ 5:30pm	<b>24</b> Strength 4 You 5:45am Kettles 4:30pm	<b>25</b> PiYo 8am Step Up Combos 9am
<b>26</b> Stretchy Flow 8am Pound 9am <b>Kids Tumbling 3pm</b>	<b>27</b> PiYo 9am Kettles 5:30pm Step Up Combos 6:15pm	<b>28</b> BandIT 5:45am Iron Flow 9am Yoga Fusion 4:30pm Iron Flow 5:30pm	<b>29</b> PiYo 9am Step Combos 10am Booty Barre 4:30pm PiYo 5:30pm	<b>30</b> Strength 4 You 9am Pound 4:30pm WERQ 5:30pm	<b>31</b> Kettles 5:45am	

