E-Z SAND EEL



Capt. Bill Murphy: Since 2005, Bill has been one of Rainy's Flies "Innovators" and currently has 14 patterns in production. During the fishing season, Capt. Bill operates Little Rhody Charters where he guides clients throughout the waters of Southern New England chasing everything form Stripers to Tuna.

The E-Z Sand Eel is a standard pattern in my fly box throughout the season. This pattern goes back to over 15 years and has been in my fly box ever since. I first realized how effective the pattern is while fishing Billingsgate Shoal in Wellfleet Cape Cod during the mid 90's. Over the last few years it has proven to be very effective pattern when the sand eels arrive at Block Island. I like it because it's quick & easy to tie and it has a nice slender profile.

E-Z Sand Eel recipe:

Hook: Mustad 34007 #1-1/0

Tail: Olive Craft Fur over 1 or 2 White Saddle Hackles (flatwing style) over

White Craft Fur

Flash: A few strands of Krystal Flash (optional)

Head: Small (#1), Medium (#2), Large (#1/0) Pearl or Natural E-Z Body

Color top of tubing with an Olive Permanent Marker

Eyes: Small Prismatic