## MEDICAL/FIRST AID/STORM PROCEDURE

- A. There will be a First Aid station at the site headquarters or at the nearest region red EzUp where participants may receive ice and other supplies for treatment of minor injuries.
- B. If an injury is serious, the first aid staffer or field monitors, on-site Trainer or Safety Director will have a mobile phone to call 911 for emergency response.
- C. Directions to the nearest hospital/urgent care center will be available at the First Aid station and at the Field Marshal station.
- D. The decision to suspend play due to weather or other issues shall be judged based on maintaining a safe game. Thunder and lightning within 6 miles of the field, will be cause to suspend the games for a minimum of 30 minutes.

## **UNIFORMS/SAFETY**

- A. All players must wear the approved AYSO uniform only, and all players on the same team must wear matching uniform shirts/jersey (goalkeeper excepted). Each player must wear shin guards under their socks.
- B. All uniforms shall be properly marked with the AYSO logo on the left front of the jersey and must otherwise conform to National Rules and Regulations section VI. The uniform (jersey or shorts) may not bear the player name or team name by any application of lettering, silk screening, etc.
- C. Each player's uniform must be marked with a permanently-affixed number that matches the uniform number on the Game Card. A player may not exchange numbered jerseys with any other player during the game including the goalkeeper. Each player on a team should have a unique number (no players with the same number) to assist the referee with identifying players.
- D. Garments may be worn under the uniform (i.e. long sleeves, etc.) during inclement weather, however the match referee will be the judge of what should be allowed or not. Bicycle shorts that are the same primary color as the uniform shorts will be permitted.
- E. Casts, splints, jewelry of any kind, or anything a referee may view as a hazard to player safety will not be permitted. Hard or metal hair or clothing ornaments, bandanas, beaded hair, or hard brimmed goalkeeper hats are not allowed.
- F. Player eligibility with respect to injures will be determined by the Tournament Director. Injuries occurring during the tournament and deemed by the on-site staff as requiring assessment or treatment by a medical professional or injuries receiving treatment from a medical professional will require the player to submit to the Tournament Director a written statement from the Medical Doctor (MD) or Nurse Practitioner (NP) treating the injury indicating that the player may return to play before the player may participate in a subsequent game. If the treatment includes a cast or splint, the player may not return to play. Players observed wearing a cast or splint either before or after play will not be allowed to play any further games in the tournament and if found to have hidden the cast or splint from tournament officials may cost the team's eligibility for semi-final or final rounds or forfeiture of awards.

- G. Injuries brought to the attention of the Tournament staff as possibly requiring assessment or treatment by a medical professional will be required to be assessed by the on-site staff. ALL INJURIES/INCIDENTS MUST BE REPORTED AND AN INCIDENT FORM COMPLETED BY THE HEAD COACH, THIS INCLUDES SEVERE AND MINOR INJURIES AS WELL.
- H. AYSO will not prohibit the use of knee braces by players in AYSO events and programs; providing that the brace is adequately covered and padded in the judgment of the referee, so as to eliminate the possibility of its causing injury to the other players on the field.
- I. A team with members who are not in conformance with AYSO uniform standards may be assessed a team sportsmanship point penalty of up to 2 points per game at the discretion of the tournament director.
- J. The referee (or the referee in conjunction with the coach and/or safety director;) has sole digression during a game as to whether a player who has received an injury to the head may continue playing or not. Any player removed from the game due to a suspected concussion may NOT resume games or practices until they have been cleared by a medical professional (an MD who specializes in concussion diagnosis and recovery) AND a letter clearing the player to resume practices has been submitted to the coach, AND BOTH the host region's safety director and players region safety director (per state law).