



2nd Annual

Lansing Bobcats Field Festival



Wednesday, May 2, 2018

4:00pm

Lansing High School Track, Brickyard Road

On Wednesday, May 2, 2018 at 4:00pm, the Lansing Track & Field team will host a field event only invitational featuring shot put, discus, long jump, triple jump, high jump, and pole vault. This meet will allow athletes to be able to focus on their field events without the conflicts of having to run races.

Awards will be given to top three individual performances in each event as well as the top relay performance in each event.

Cost is \$60.00 per gender/\$100.00 both payable to:

Lansing Sports Boosters ("Track Team" on memo line)
300 Ridge Rd.
Lansing, NY 14882

Athletes may be entered in a maximum of 2 events. Entry limits are 4 per event for each gender (4 boys/4 girls per event).

Shot put and Discus will be flighted and each athlete will receive 4 attempts total without finals.

Long Jump and Triple Jump will be open pits with 4 attempts total without finals.

High Jump and Pole Vault will be run as normal.

Starting Heights for High Jump will be: 4'0" for girls/5'0" for boys (+2" increments)

Progression for Girl's Pole Vault will be: 6'0", 7'0", 8'0" (+6" increments)

Progression for Boy's Pole Vault will be: 8'0", 9'0", 10'0" (+6" increments)

Order of Events:

Girls Shot Put Followed by Boys Shot Put

Boy's Discus Followed by Girl's Discus

Boy's Pole Vault followed by Girl's Pole Vault

Girl's High Jump followed by Boy's High Jump

Boy's and Girl's Long Jump combined (Open Pit 4:00-5:15pm) followed by Boy's and Girl's Triple Jump combined.

If interested in attending, please email mscheffler@lcsd.k12.ny.us by Friday, April 27th stating if you will be bringing a girls' team, boys' team, or both. Entries will be done through **Milesplit**, and are **due on Monday, April 30th by noon.**