



# Holistic Behavior Solutions, LLC

## Natural News

### IN THE NEWS...

#### LYME DISEASE: PROTECT YOUR POOCH!

Lyme disease has reached pandemic proportions. It is one of the most common tick-transmitted diseases in the world. I hear the same complaints here in northwest New Jersey that people are continuously picking ticks off of their dogs nearly year round. While the disease is thought to only be spread by ticks, research has found live spirochetes in mosquitoes, mites, fleas, and biting flies and transmission through these other insects has been documented.

Symptoms typically include lameness due to joint inflammation, fatigue, lack of appetite, and depression. Unlike humans, dogs do not develop the red "bull's-eye" as a sign of a tick bite. In severe cases, damage to the kidneys, heart, & nervous system have been documented. While Golden retrievers, Labrador Retrievers, and Bernese Mountain Dogs are most likely to develop kidney disease, all dogs are susceptible. I have personally seen a dog that developed encephalitis (swelling of the brain) from Lyme disease. The dog never did recover.

Some dogs' personalities & behaviors may change as a result of joint inflammation causing pain & the rare case of neurological damage. If you notice your dog acting unusually aggressive or out of character you should consider having a blood test done by your vet, but keep in mind that a blood test is not always accurate. The spirochetes have an amazing ability to change their physical form and travel more easily through collagen tissue, therefore not always detectable in a blood test.

Our Golden Retriever, Brandan, was diagnosed with Lyme disease many years ago. We had made the conscious decision not to vaccinate him as the vaccine is by no means 100% effective. At the same time I didn't want to use Frontline since it is a toxic pesticide, so like many of you I was left with

few options to protect my dogs from this growing disease.

I was introduced to Young Living Essential Oils and discovered Purification Essential Oil blend which includes Citronella, Lemongrass, Rosemary, Melaleuca, and Myrtle. Just like commercial citronella candles, this blend works to deter bugs and also purifies an open wound, tick bite, & the air that we breathe. I now rely on my own personal essential oil blend which includes Purification to keep my dogs & my family tick-free! We like to hike and go deep into the forest through tall grass and under thick coverings of trees. We always return without any ticks attached. We also scare away mosquitoes, fleas, gnats, flies, and other pesky insects. There is a bonus too...the dogs smell great! No more wet dog smell!!!

#### YOUNG LIVING ESSENTIAL Oils of the Month

Sacred Mountain is a blend of essential oils including Spruce, Idaho Balsam Fir, Cedarwood, and Ylang ylang. It instills strength, empowerment, grounding, and protection with the sacred feeling of the mountains.

This is one of my new favorite oils. I often offer my dog training clients a variety of essential oils to see what might work for them. Many dogs suffering from fear & anxiety have been choosing Sacred Mountain.

I always ask the dogs if they'd like an oil by presenting the bottle of oil with the cap on. Some dogs love the oils right away, while others need to be introduced more slowly. Quite a few dogs have turned their heads away from other oils and actually taken the bottle of Sacred Mountain in their mouths, a good sign that they like or *need* that particular oil.

Sometimes I can even more appropriately determine what the dog's issues are by the essential oil they choose.

If you are interested in ordering Purification, Sacred Mountain, or any other wonderful product from Young Living, please visit my product website... [www.holisticbehaviorsolutions.younglivingworld.com](http://www.holisticbehaviorsolutions.younglivingworld.com).

I also invite you to visit <http://creatingharmony.vibrantscents.com> to view some sort videos about the essential oils.

#### CAIRN RESCUE USA



Last summer we transported three puppies and one adult dog from an animal shelter in Virginia to New Jersey. The puppies were adopted quickly, but we needed assistance with the adult dog. That's when Cairn Rescue USA (CRUSA) came to our rescue! Sisco was an adorable little dog who resembled that of a Cairn Terrier mix. He had a rough start to say the least and had become a favorite at the Virginia shelter. Sisco had been confiscated in a drug raid during which time he had gotten kicked in the eye. Realizing what a sweet guy he was, the shelter provided him with much needed medical attention and lots of TLC. Sisco recovered completely and was ready for his new home. Thanks to CRUSA, Sisco found his forever home!!!

Cairn Rescue USA is an all-volunteer, not-for-profit 501(c)(3) organization dedicated to rescuing, rehabilitating and re-homing purebred Cairn Terriers and mostly-Cairn mixes. CRUSA is incorporated in New York, but rescues Cairns nationwide. CRUSA's rescue Cairns come from animal shelters and humane societies; others are released to the organization by their owners due to changes in family circumstances or to the owners realizing that a Cairn is not a good match for them; still others come from puppy mills and backyard breeders where they have been used as breeding stock. The rescue Cairns are spayed/neutered, tested and if necessary, treated, for heartworm and other parasites, and brought up-to-date on their inoculations prior to their placement in loving forever homes. You can find descriptions of Cairns available for adoption as well as information on volunteering with CRUSA and/or donating to help these Cairns in need, as well as additional information on the organization, on the CRUSA website. <http://www.cairnrescueusa.com>. The adorable dog pictured above is Niko & he is currently available for adoption!

Follow them on [Facebook!](#)

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# I am

By Kaitlyn Broton

I am caring & loving

I wonder why people abuse animals

I hear dogs barking

I see dog and puppy kisses

I want animal abuse to stop

I am caring & loving

I imagine all dogs to be treated with love

I feel happy and helpful

I touch the lives of animals

I worry about the dogs that are in bad homes

I cry when dogs are being hit and smacked

I am caring & loving

I understand people aren't nice

I say stay strong, you will get through this

I dream of saving a lot of dogs from puppy mills

I try to help every dog I can

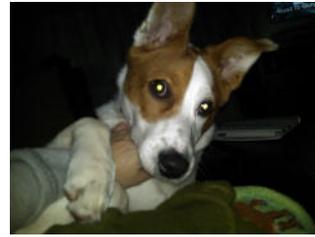
I hope dogs are treated with love

I am caring & loving

This is a poem my step-daughter wrote for her 7th grade English class. I was so impressed by her topic choice & her hard work, I had to share it with you.



## Available for Adoption



Levi is a people puppy. He loves children and all the attention that he can get. His current family loves him very much, but recognizes that they can not provide him with the necessary exercise that his breed combination requires. It seems that the predominant breeds are Jack Russell Terrier & Australian Shepard. He would probably make an excellent agility or Rally-O competitor. Exercise is not optional for this guy...its a must!!!

He loves walks, playing with his toys, and will chase and bring back anything you throw for him.

Levi will be 1 year old on August 4th. Levi is so smart & willing to please. He is fully house trained, responds to sit, on your bed, and will drop over for a cookie. Levi likes other dogs and would probably benefit from having another dog to keep him company. A fenced-in yard is highly recommended for this guy!

Levi is neutered, microchipped, and up-to-date on all his vaccines. He is 50 pounds of sweetness! Won't you give him a new home where he can run & play for his birthday?

If you are interested in adopting Levi, please contact me directly.

## Recommended Books Of the Month

*Best Hikes with Dogs New Jersey*  
By Mary Jasch

This is a great book that offers detailed descriptions of hiking trails throughout New Jersey, but there are similar books for other states as well. The descriptions include intensity, duration, length, leash requirements, directions and more.

The book comes fully equipped with maps and pictures too. We have done several of the hikes in the Sussex County section of this book and have not been disappointed.

If you live in the northwest New Jersey or northeast Pennsylvania area, consider joining our dog walking group. We meet once a week on either a Saturday or Sunday. It is a great way to meet up with other dog enthusiasts, get exercise, gain training advice, and socialize your dog. Reactive dogs are welcome & puppies of all ages are encouraged to attend.

You can register at <http://www.meetup.com/Sussex-County-Dog-Walking-Group/>

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