

Craniosacral Therapy with Clinical Applications 2

Ear, Nose & Throat

Learning Objectives

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Hands in Harmony Inc

Through classroom situation with lecture, lab and instructor demonstration, class discussion and hands-on trades students will learn the history of craniosacral therapy, anatomy of the craniosacral system, indications and contraindications. Hands-on classroom experience will guide them thru unwinding the cranial nerves, unwinding the meridians of the ears, face and throat.

Identify the physiological response of Craniosacral Therapy(CST) on the Respiratory, Nervous, Skeletal, Muscular and Fascial systems of the body.

Identify acupressure points on the ear and face and demonstrate treatment protocol within the scope of practice of CST and massage therapy.

Identify specific indications, contraindications and precautions of CST within the scope of practice of massage therapy specifically relating to the cranial nerves and the meridian systems.

Confirm knowledge and understanding of centering, focusing, grounding & breathing on the performance of a CST practitioner.

Describe appropriate assessment & data collection via Client Intake, Practitioner Observation & Tissue Palpation as it relates to CST and detail appropriate SOAP notes for a CST session.

Demonstrate self care routine combining Eastern Theory and Craniosacral Therapy.

Identify Advanced Training Programs to enhance performance, knowledge & skills relating to CST.

Review protocol for techniques & principles appropriate for a CST session including application within endangerment sites.

Review techniques for effective body mechanics for a CST session.

Identify safe & effective strategies to emotional & behavioral responses during a CST session.