

SPOKE


Notes

Newsletter of the Cyclonauts Bicycling Club — Springfield, Massachusetts

Visit us on the web, www.cyclonauts.com for late additions and changes to the schedule. Also, for photos of rides, hikes, tours, etc. that your fellow club members have submitted to the website.



THE PRESIDENT'S CORNER



I hope everyone had a good summer with lots of cycling. With the heat and humidity, I think we are all looking forward to the cooler and drier days of autumn. Thanks to our ride coordinators, Janet Parslow and Ted Jeremicz, for putting together our fall schedule. We do have several open dates in our Wednesday ride schedule. If you are a Wednesday rider, please check to see if you can lead a ride on one of the open dates and contact our webmaster Ray Siwinski at spfldcyclonauts@gmail.com so he can add it to the schedule. Please keep in mind that it is not the Ride Coordinators responsibility to have a complete ride schedule, it is the riders who participate in those rides. Our annual club picnic was Sunday, August 19th (after being postponed from Saturday due to rain). Thanks so much to John and Kathy Hawley for being such wonderful hosts, allowing us to enjoy their lovely newly landscaped backyard. The smoked pork was fabulous as was the rest of the food and the weather was perfect for gathering around their firepit. The evening was a welcome respite from the heat and humidity. September is the start of the century riding season and many other events such as the annual September Cape Trip. Be sure to check the Events and Tours section for details for all of these events. Hope to see you on the road.

WELCOME NEW MEMBERS

We welcome our newest members Luanne and Brian De Jordy, Martyn Brooks, James Durkin, Cyndie White, Bettina and Stephen Paolino, Glenn Barnes, Ellie Gellman, and Peter May.

We hope you will enjoy cycling and hiking with the Cyclonauts and that we will see you often. We encourage you to present your ideas, as we are always looking for ways to improve our organization.

Please help us keep our membership records up to date. If you move, change email address, etc, notify Ken Paquette at kenpaq@charter.net or 413-593-3091.

MARK YOUR CALENDAR

The next Schedules for the Fall Hike Schedule is due to Trips Chair by October 17th for the Fall Spokenotes Edition.



EVENTS and Tours

September 2: Granby2Granby2Granby Traditional Century Ride aka G2G2G2
Meet at 6:30am (ride starts at 7am sharp) from Stop & Shop, 120 Salmon Brook St. (Rte 202) in Granby, CT. Not a fast ride - 10-12 mph average. Break at Tandem Bagel (mile 27) Lunch at Village Store in Wilbraham Ma (mile 61). Leaders: Kerry and Diane Goguen Home: (413) 525-4029 Diane's cell (413) 244-4110

September 9th to 14th - Ray Bourbeau's annual Autumn Cape Cod bicycle trip will be Sunday, September 9th to Friday, September 14. The group will again be staying at the Hunter's Green Motel, 553 Main St., Route 28, West Yarmouth, MA 02673, phone number (800) 775-5400. The rate will be \$55 per night per double room. You do not need a code simply tell them that you are with Ray Bourbeau's biking group.

Sunday, September 9 - The COVAC 2018 is a fun but challenging ride offering four routes: 100, 75, 50 or 25 miles relatively flat miles. This Benefit Bike Ride is hosted by The Rotary Club of Amherst and all net proceeds of this event go to benefit the Rotary Club of Amherst Good Works Fund. For more information go to <https://www.bikereg.com/39247>.

September 22nd - NCC BikeFest and Tour of the Valley, Look Park, Florence, MA. This local event provides cycling and fun for families as well as cyclists looking for a challenge. For more information to to <https://www.bikereg.com/38662>.

September 22nd and 23rd - Seacoast Century and Ride, 25, 50, and 75 miles Hampton Beach, NH. With a flat to rolling scenic route along the coastlines of New Hampshire, Massachusetts, and Maine (and a few in our 100 mile route, the Seacoast Century Ride has received several national awards. For more information see <https://www.bikereg.com/37532>

FOR SALE: Giant 2015 Defy1 - This is a very well-maintained Giant bike with Ultra components, advanced-grade composite frame and fork. Gaint light weight P-R2 Disc Wheels, TRP Spyre, mechanical disc brakes, 160mm rotors. Rear cogs Shimano Ultegra, 11-speed: 11-32, Chainrings 50/34, composite seat post, etc. \$1000.00.

Contact Ken Paquette (413) 593-3091 or kenpaq1@hotmail.com