



**COURTNEY ANDREW
NVHS BOOSTER CLUB FEATURED ATHLETE OF THE WEEK
CHEERLEADING PROGRAM**

The NVHS Athletic Booster Club is proud to present the featured athlete of this week, cheerleader player Courtney Andrew. According to coach McGhee, Courtney is truly an amazing athlete. She is a 4 year Varsity cheerleader and a great representation of what the cheerleading program at Neuqua stands for. She is a leader on and off the field and always goes beyond her means for the team. She is a wonderful student-athlete and role model!

Booster Club Reporter: *When have you started cheerleading?*

Courtney: I started cheerleading when I was 11, and joined the NV cheer team freshman year. I have a background in both gymnastics and dance, so I could use both of those in cheerleading. I also really liked how competitive it is.

Booster Club Reporter: *Coach said you are a great role model to your team. What being a good leader mean to you?*

Courtney: Leadership means setting a good example for the rest of the team and being someone they can look up to. I think one of my strengths as a leader is being able to relate to the underclassman and make them feel at home on this team.

Booster Club Reporter: *What the cheerleading program has to offer to those starting fresh?*

Courtney: Anything can be done with hard work and dedication. I started cheerleading way later than most of my teammates, so it was really hard to keep up with them at first. But after years of hard work, I'm happy with where I am. Playing on a team means being a part of something bigger than just yourself. You do it for your teammates, and they do it for you.

Booster Club Reporter: *How is it to function optimally in a team environment?*

Courtney: It can be hard being on a team sometimes because it's easy for negative energy to spread at times. If someone is struggling on a skill, the whole team can easily become frustrated. Our coach is really good at keeping our attitude I check. When we are having a rough practice, my coach always says "your competition went to school today too. They woke up early today too. They're stressed and tired too. But they're pushing through it". It's really motivating when he says that because it reminds us we always have to push more than anyone else.

Booster Club Reporter: *You said you love how competitive cheerleading is. How do you deal with winning and losing?*

Courtney: You're not always going to be successful. You can work your tail off all year and still not get what you think you deserve. But that doesn't mean you should stop trying. Your goal shouldn't be to win. Your goal should be to do the very best you can as a team, and the rest will come. You're going to fail more than you're going to succeed at first. Learning a new skill takes time, so don't get frustrated when you don't get it right away.

Booster Club Reporter: *What in your opinion makes an athlete memorable?*

Courtney: I think an athlete is memorable if they are more than just an athlete. If someone can be a great athlete, keep their grades up, and be an admirable person, then they're hard to forget.

Booster Club Reporter: *What is your motto?*

Courtney: If you want it, you'll work for it. Nothing worth having comes easy but it's 100% worth it.

Booster Club Reporter: *Do you plan on keep competing as a cheerleader in college? Where?*

Courtney: Hopefully! I would love to be able to cheer in college. I would love to cheer at either Clemson University or Florida State. I plan on studying secondary education and counseling psychology. I'm not ready to give up the atmosphere of football games and competitions yet!