

**Boast In Suffering? Seriously?**



In today’s second reading Paul appears to celebrate suffering: “we boast in our sufferings, knowing that suffering produces endurance, and endurance produces character …” Working in the hospital, I come face to face with suffering on a daily basis; but I cannot recall ever meeting someone who was glad for the suffering,. Occasionally people talk about offering up the suffering; and sometimes I hear people quote today’s scripture passage and comment on the fact that they already have more than enough character. But that is as far as it goes.

Suffering is not something that our society values; we normally try to eliminate it as quickly as possible. Almost all of us have at least one form of painkiller in our medicine cabinets because we do not want to endure unnecessary pain and suffering. We have an opioid addiction crisis caused in part by prescription pain medicines. And the majority of Canadians supported the law allowing for medical assistance in dying precisely because they saw no value in suffering if things were not going to get better.

It is precisely because of this visceral aversion to suffering that Paul’s words offer us something that we desperately need, encouragement to turn toward suffering with compassion rather than running away from it in fear and anger. Suffering is part of the human condition. No matter how hard we try, we cannot avoid it and still be alive. All of us experience physical pain. All of us experience emotional pain; and all of us experience spiritual pain – questions of “why me?” “why this?” “why now?” or “what is the point.” If we run from the pain in fear and anger, we will find ourselves in a constant state of fight or flight, our threat response system on overdrive. If we can learn to work with this pain, rather than fighting against it, our experience of life can change completely and even what is unpleasant can be life giving. (This is the concept that underlies the Lamaze breathing that most couples learn when they are preparing for childbirth.)

Kristen Neff, who researches and writes about the power of self-compassion, teaches people to notice when they are suffering, pause for a moment and say gently to oneself: “this is a moment of suffering. Suffering is part of being human. May I be kind to myself in this moment.” The research shows that people who practice this become more resilient. In other words, as Paul promises, they “endure.” They are not worn down or destroyed by their unpleasant experience, but instead they are transformed. Modern research shows they experience a greater sense of overall well being with less anxiety and depression. Or, in the words of Saint Paul, they develop “character. “

“And character produces hope.” This is not the hope that is really just wishful thinking, like hope that we will win the lottery or hope that the Raptors will win the playoffs. This is not the kind of hope that is about everything turning out all right. This is a hope that, in the words of Rona Jevne, “is about life being all right no matter how everything turns out.” This is a hope that cannot fail because, “God’s love has been poured into our hearts through the Holy Spirit.”

Boasting in suffering means embracing our own humanity. It means acknowledging and accepting that we are limited and recognizing that because of those limitations we will experience suffering. From the moment in the garden when Adam and Eve ate the fruit in an attempt to be less human and more like God, human beings have fought against being human; but it is only when in embracing our humanity that we truly open ourselves to receive the gift that God has given to humanity – the indwelling presence of the Holy Spirit.

Pam Driedger



**June 16, 2019**  
**Solemnity of the Most Holy Trinity**



**Saint Augustine's**  
340 Dominion Street  
Moncton, NB



**Saint Lawrence O'Toole**  
2340 Route 115  
Irishtown, NB



**Our Lady of Mercy**  
11 St. Andrews Street  
Pointe-du-Chêne, NB

**PASTORAL MINISTRY TEAM**

<b>Priest-Moderator:</b>	Rev. Allison Carroll
<b>Assistant Priest part time:</b>	Rev. Jean Bernard (JB) Mallais jbm@qasmoncton.com
<b>Pastoral Associate:</b>	Charlie Farrell charlie.farrell@qasmoncton.com
<b>Liturgy:</b>	Claire Hachey
<b>Justice and Solidarity:</b>	Marilyn McCleary

**REGULAR MASS SCHEDULE—HEURES DES MESSES**

<b>St. Augustine's:</b>	Friday—12:00 noon Saturday—4:00 p.m.; Sunday 11:00 a.m.
<b>St. Lawrence O'Toole:</b>	Sunday —9:00 a.m.; dimanche—9h00
<b>Our Lady of Mercy:</b>	Saturday 7:00 p.m.

**PARISH OFFICE HOURS**

Monday to Friday 9:00 a.m. to 12:00, 1:00 p.m. to 4:30 p.m.

**Parish Office:** 340 Dominion Street, Moncton, NB E1C 6H8  
**Telephone:** 857-4223 **Fax:** 857-0020  
**Email:** parish.office@qasmoncton.com **Website:** www.qasmoncton.com  
**Facebook:** Queen of All Saints Parish Grouping  
**St. Augustine's Local Pastoral Council:** staugustine.lpc@gmail.com

**Faith Development-Children:** Eileen Caissie  
eileen.caissie@qasmoncton.com

**St. Lawrence O'Toole Cemetery:** Linda Evans 389-9300

**Ray of Hope Needy Kitchen:** 857-4224  
**Meals served:** Monday to Friday 10:30 a.m. to 12:00 noon

**St. Vincent de Paul Society:** 857-2088  
Regular Depot Hours  
Monday, Wednesday and Friday 10:30 a.m. to 1:15 p.m.

Daily Readings

- Monday 2 Corinthians 6:1-10; Matthew 5:38-42
- Tuesday 2 Corinthians 8:1-9; Matthew 5:43-48
- Wednesday 2 Corinthians 9:6-11; Matthew 6:1-6, 16-18
- Thursday 2 Corinthians 11:1-11; Matthew 6:7-15
- Friday Memorial: St. Aloysius Gonzaga  
2 Corinthians 11:18, 21-30; Matthew 6:19-23
- Saturday 2 Corinthians 12:1-10; Matthew 6:24-34
- Sunday The Solemnity of the Most Holy Body and Blood of Christ  
Genesis 14:18-20; 1 Corinthians 11:23-26; Luke 9:11-17



Sunday June 23rd  
St. Augustine's basement  
Immediately following  
11:00 a.m. mass



Delicious ice cream  
Musical entertainment  
Fun with the your parish family

What a great way to start  
the summer !!

QUEEN OF ALL SAINTS SENIORS GROUP extends an invitation to Seniors and Retirees for an afternoon of socializing, board games or cards **PLEASE NOTE DATE CHANGE: Monday, June 17th** from 1:00 p.m. to 4:00 p.m. The elevator will be available for this gathering which is held in the Fr. Peter McKee room in St. Augustine's Church basement. For information, contact Debbie at 384-8431.



MASS INTENTIONS

Sat	15	4:00p.m.	ST.A	Late Edna Psihas	The Family
		7:00p.m.	OLM	Late Bernard LeBlanc	Majella & Rudy Gautreau
Sun	16	9:00a.m.	SLOT	Robin Despres	Clarence & Julie Gagnon
		11:00a.m.	St. A	Late Francis Charles Gillis	Wife Dr. Maria Gillis
Fri	21	12:00noon	St. A	Late Gregory Sullivan	Carol Ferguson
Sat	22	4:00p.m.	St. A	Late Joan Blakney	Patricia Jardine
		7:00 p.m.	OLM	Late Reg Leger	Wife Jean
Sun	23	9:00a.m.	SLOT	Ann. Dave and Kelly Crossman	Clarence & Julie Gagnon
		11:00a.m.	St. A	Late Bert Collins	Maxine and Family

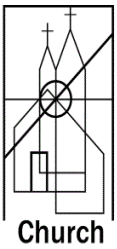
LAST WEEK'S OFFERINGS

**Saint Augustine's:** Envelopes: **\$3,841.00** (176 env); Loose: **\$564.00**; Pope's Pastoral Works: **\$30.00** (3 env); Building Fund: **\$155.00** (15 env); Holy Land: **\$5.00**; Good Friday Chaplains; **\$5.00**; Shared Lent: **\$5.00**; Easter Offering: **\$5.00**; New Year's Day: **\$5.00**; Donation: **\$50.00**; Candles: **\$80.00**; Pre-Authorized: **\$ 730.00** (27env.).

**Saint Lawrence O'Toole:** Envelopes: **\$1,150.00** (41env.); Loose: **\$130.35**; Cemetery Upkeep: **\$235.00** (7 env); Candles: **\$127.35** Pre-Authorized: **\$120.00** (4 env.).

**Our Lady of Mercy:** Envelopes: **\$760.00** (44 env.); Loose: **\$134.00**; Candles: **\$59.00**; St. Joseph Cemetery: **\$120.00**  
**Thank you for your generosity!**

Over the summer months church contributions normally decrease while parishioners are travelling and vacationing. However, the expenses to run our church remain constant and increase as necessary maintenance/repairs are completed. Please give consideration to "making up" your missed contributions. Thank you for your continued generosity!!! God Bless!



To all fathers  
and to those who have a  
fatherly role !

The **ST. VINCENT DE PAUL SOCIETY** wants to thank all Parishioners for their donations and support of our Yard Sale Fundraiser. Once again it was very successful. Your continuing support allows us to help the needy of our community. Special thanks is in order for the many dedicated volunteers who worked tirelessly to make this such a worthwhile event.



**ST. VINCENT DE PAUL SOCIETY** is in need of **GROCERY BAGS**. These may be dropped off during the depot hours or left in the St. Vincent de Paul box in the parking lot. Thank you



### QAS PARISH OFFICE SUMMER HOURS

Starting June 28th  
Monday to Thursday 9:00 a.m. to 12:00noon  
1:00p.m. to 4:30p.m.  
Friday 9:00 a.m. to noon



### ST. VINCENT DE PAUL CLOTHING DEPOT SUMMER HOURS

July and August  
Mondays and Thursdays 10:30 a.m. to 1:15 p.m.

Throughout July and August, **Our Lady of Mercy** will celebrate Mass on Sundays at 9:00 a.m. in addition to Saturday evenings at 7:00p.m.

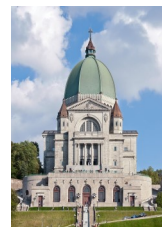
Tuesdays Please note time change:  
1:00 p.m.— St. Augustine's: **Adoration and Rosary**

Wednesdays  
7:00 p.m.—St. Augustine's: **Living Word Community Prayer Group**

Thursdays  
7:00 p.m.—St. Lawrence O'Toole: **Adoration, Silence, Prayers for Vocations**

Monday, June 17th  
1:00 p.m.— St. Augustine's: **Seniors Group in Church basement**

Sunday, June 23rd  
After mass— St. Augustine's Basement: **Sundae Sunday**



**PILGRIMAGE TO MONTREAL,**  
September 18th to 21st, 2019.  
For information contact Marlita Chase at 444-1643 or [marlitachase@hotmail.com](mailto:marlitachase@hotmail.com)  
Departure from Holy Family Church.

### ARCHDIOCESE OF MONCTON 2019 APPOINTMENTS Effective July 1st

**Fr. Angus Johnston** is appointed pastor (priest-moderator) in the Queen of All Saints pastoral unit including the parishes of Saint Augustine's, St. Lawrence O'Toole and Our Lady of Mercy

**Fr. Jean Bernard Mallais** is appointed full time assistant priest in the Saint Jean-Paul II pastoral unit including the parishes of Notre-Dame de L'Assomption, Christ-Roi and Notre-Dame de Grâce and also the parish of Notre-Dame-de-la-Paix

**Fr. Laurence Quin-Morris** is retiring from the active Ministry because of health problems. We sincerely, thank him for his 7 years of service in our archdiocese. We extend to him our best wishes for health in the future as he will continue to offer his services as a substitute priest.

**From the Diocesan Offices of Faith Development, Liturgy and Youth Faith Development 45 York Street**



Trevor 857-4879 [trevord.diocese@gmail.com](mailto:trevord.diocese@gmail.com)  
Ellen 857-9952 [ellen.diocesemoncton@gmail.com](mailto:ellen.diocesemoncton@gmail.com)  
Deb [liturgymoncton@gmail.com](mailto:liturgymoncton@gmail.com)

**The Office of Faith Development will close May 24, 2019, and reopen August 26, 2019.**

**THE RECEPTION OFFICE for the Diocese** will be open Tuesdays and Thursdays from 9:00 to 1:00 starting June 4<sup>th</sup>. Regular hours will begin September 3<sup>rd</sup>.

**SAVE THE DATE:** *Tending the Soil, Tending the Sower 2019*, a day of formation for all catechists, takes place on Saturday, September 14<sup>th</sup>, from 8:45 to 2:30 p.m. at Immaculate Heart of Mary Church, Riverview. This day will be of special interest to all catechists in the diocese, especially those involved in coaching parents, RCIA, baptismal preparation, marriage preparation. Details concerning registration and sessions offered will appear in your bulletins in late August or may be found on-line at that time at <http://www.diomoncton.ca/en/>.

**Show by Your Life: A Call to Holiness** Performer, composer and workshop presenter, Lori True, will be at Immaculate Heart of Mary Church in Riverview, NB on Friday, October 4<sup>th</sup> and Saturday, October 5<sup>th</sup>, 2019! There will be: Workshop for Cantors on Friday afternoon, October 4<sup>th</sup> from 1:00 to 3:00 p.m. Concert for all on Friday evening, October 4<sup>th</sup> from 7:00 to 9:00 p.m. (Admission is \$20.00 cash only, at the door). Retreat/Workshop for Music Ministers and Liturgy Committee Members all day Saturday, October 5<sup>th</sup> from 9:00 a.m. – 3:00 p.m. (lunch provided) (Admission is \$35.00, pre-paid at registration). Please 'Save-the-Date' and plan to come and see Lori as she celebrates her gifts with us. We know that the weekend will be faith-filled and beautifully prayerful. Registration is required, so go to [www.setmoncton.com](http://www.setmoncton.com) for more information.



**PRAYER GARDEN** - Starting June 16<sup>th</sup> the prayers at the Prayer Garden will be held every Sunday evening at 6:30 pm. For information: Normand 850-3841

**Vacation Bible School 2019:** Registration is now open for VBS 2019, which will take place at Immaculate Heart of Mary in Riverview every morning from June 24th-28th. The theme for this year is **ROAR: Life is Wild, God is Good**. All children who are 3 years of age by June 24th up to the end of Grade 6 are encouraged to register. For the first time, we are pleased to offer a preschool tract for those children who have not yet entered kindergarten. You can register on the diocesan website at [www.diomoncton.ca](http://www.diomoncton.ca) → Pastoral Offices → Youth Faith Development → Vacation Bible School. There is no cost to register your child for the program. For more information contact Karen at 387-4198.



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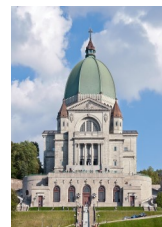
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