

Sex and Relationship Programme of Study.

Reception: Our Lives.

Lesson 1: Our Day.

Lesson 2: Keeping Ourselves Clean.

Lesson 3: Families.

Year 1: Growing and Caring for Ourselves.

Lesson 1: Keeping Clean.

Lesson 2: Growing and Changing.

Lesson 3: Families and Care.

Year 2: Differences

Lesson 1: Differences: Boys and Girls.

Lesson 2: Differences: Male and Female

Lesson 3: Naming the Body Parts.

Year 2: Differences

Lesson 1: Differences: Boys and Girls.

Lesson 2: Differences: Male and Female

Lesson 3: Naming the Body Parts.

Year 3: Valuing Difference and Keeping Safe.

Lesson 1: Differences: Male and Female.

Lesson 2: Personal Care

Lesson 3: Family Differences.

Year 4: Growing Up

Lesson 1: Growing and Changing.

Lesson 2: What is Puberty?

Lesson 3: Puberty Changes and Reproduction.

Year 5: Puberty

Lesson 1: Talking about Puberty.

Lesson 2: Male and Female Changes

Lesson 3: Puberty and Hygiene.

Year 6: Puberty, Relationships and Reproduction.

Lesson 1: Puberty and Reproduction

Lesson 2: Understanding Relationships

Lesson 3: Conception and Pregnancy.

Lesson 4: Communication in Relationship.